

## Parental Understandings of Sleep Problems in Children with Long-Term Health Conditions



I am Masters thesis student at the University of Canterbury, New Zealand. Alongside a team of researchers and medical professionals, including Associate Professor Laurie McLay, I am interested in gathering information about parents' understandings of their child's sleep problems.

We are surveying parents of children who have a long-term health condition (i.e., an ongoing or recurring [ $> 3$  months] physical health condition such as arthritis and juvenile idiopathic arthritis) and any type of sleep problem (e.g., difficulty falling asleep, night waking's, daytime sleepiness, sleep apnea). If this is you, we would appreciate you completing this 10-15 minute survey. The survey can be accessed by following this link:

[https://canterbury.qualtrics.com/jfe/form/SV\\_3QLdQXB0SIGxVb0](https://canterbury.qualtrics.com/jfe/form/SV_3QLdQXB0SIGxVb0)

All responses to this survey will be completely anonymous, and do not require you to include any identifying information. If you have any questions, or would like further information, please contact:

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This study has received ethical approval from the University of Canterbury Human Ethics Committee (Reference: HEC 2017/71/LR-PS)