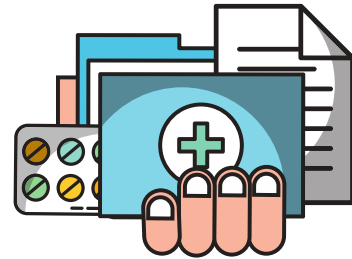




# COMMUNICATING WITH YOUR HEALTH TEAM

**Prepare** for your visit



**Listen** and Share



**Ask** Questions

**Note** down what you need to do next...



## Understand your medications

- What is the medicine for?
- What is its name?
- How and when do I take it?
- How long do I need to take it for?
- What could happen if I stop taking it?
- What are the side effects? What should I do if I get these?

