



## Gout Crossword

1		7		1								11		
									6					
							8							13
2														
						3			10					
			12											
7							4							
						5								

### Across

- 1 Joint most affected (3,3)
- 2 Take a (9) medication daily
- 3 (4) Foods increase uric acid levels
- 4 Drink less (7)
- 5 Drink plenty of (5)
- 6 (5) and Pacific Peoples are most affected
- 7 (4) and Inflammation

### Down

- 8 Causes are (7)
- 9 Eat Less meat and (7)
- 10 (8) and maintain a healthy weight
- 11 (8) Crystals in the Joints
- 12 Gout can damage your (7)
- 13 (7) and swelling of the joint