THE ECONOMIC COST OF ARTHRITIS IN NEW ZEALAND

REPORT BY
ACCESS ECONOMICS PTY LIMITED

FOR

ARTHRITIS NEW ZEALAND

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ACCESS ECONOMICS

TABLE OF CONTENTS

TABLE OF FIGURES

TABLE OF TABLES

LIST OF ACRONYMS

AF	attributable fraction
AIHW	Australian Institute of Health and Welfare
bn	billion
COX-2	Cyclo-oxygenase-2
DALY	disability adjusted life year
DHBs	district health boards
GDP	gross domestic product
GP	general practitioner/practice
HRC	Health Research Council (of New Zealand)
ICD-10	International Classification of Disease Tenth Revision
m	Million
MOH	Ministry of Health
MRI	magnetic resonance imaging
NSAIDs	non-steroidal anti-inflammatory drugs
NZ	New Zealand
NZHIS	New Zealand Health Information Service
NZHS	New Zealand Health Survey
OA	Osteoarthritis
OECD	Organization for Economic Cooperation and Development
OR	odds ratio
PPP	purchasing power parity
QALY	quality adjusted life year
RA	rheumatoid arthritis
RNZCGPRU	Royal New Zealand College of General Practitioners Research Unit
SLE	systemic lupus erythematosus
SNZ	Statistics New Zealand
TNF	tumour necrosis factor
VLY	value of a life year
VSL	value of a statistical life
YLD	years of healthy life lost due to disability
YLL	years of life lost due to premature mortality

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All monetary figures quoted are in New Zealand dollars unless noted otherwise.

EXECUTIVE SUMMARY

In 2005, almost 522,000 New Zealanders aged 15 or over are living with at least one type of arthritis. This equates to 16.2% of the total population aged 15 or over, or around 1 in 6 people.

- Over half are female (57.6%) and over half are of working age (15-64 years).
- 9.2% of people with arthritis are of Mäori descent, much lower than their population share (15.1%), largely because of the younger Mäori age distribution.
  - In younger age groups, arthritis is more common in Mäori people; in older age groups prevalence rates are similar due to the influence of osteoarthritis.
- Prevalence is expected to grow to around 719,300 people by 2020 (19.2% of the population aged 15 or over), approaching 1 in 5 people, largely due to demographic ageing.

Obesity is a modifiable risk factor for arthritis.

- 18.1% of arthritis in females and 17.8% of arthritis in males is due to obesity (the 'attributable fraction').
  - If obesity continues to increase at the rate observed over the past few decades, then around 60,300 more people will havt current levels.
  - If obesity could be completely eliminated by 2020, there would be almost 134,400 fewer New Zealanders with arthritis than in the base case.

The total financial costs of arthritis in New Zealand in 2005 are estimated to be $2.35 billion or 1.6% of GDP. Financial costs comprise health sector costs and indirect costs.

- In addition, the burden of disease – the years of healthy life lost because of arthritis – is estimated as 19,121 Disability Adjusted Life Years (DALYs) in 2005.
  - Converting this to financial terms using the value of a statistical life of $3.9m for New Zealand and a discount rate of 3.8%, this equates to **some $2.56bn in suffering and premature death** for those with arthritis in 2005.

Health sector costs of arthritis are estimated to be $563.5 million in 2005, 24% of total financial costs.

- **Hospital costs** represent around one third of health sector costs ($189.6m).
  - Public inpatient costs are 42% of hospital costs ($79.8m), and are dominated by osteoarthritic knee and hip surgeries.
  - Private inpatient costs are estimated as $65.8m (35% of hospital costs) while outpatient services are estimated as $44.0m (23%).
- **Pathology and imaging** together are estimated to be 12% of health sector costs ($66.9m), quite a high share compared with other countries.
- Out of hospital **specialist services** (mainly for rheumatologists and orthopaedic surgeons) are also relatively high at $24.7m (4.4% of health sector costs).
- In contrast, **general practice (GP) and pharmaceutical health sector cost shares** are relatively low – 3% ($18.2m) and 7% ($40.5m) respectively.

- **Allied health and aged care** are around 12% ($67m) each of heath sector costs.
- **Research** is 2% of health sector costs ($9.9m).
- The remaining health costs comprise capital expenditures, expenditure on community health, public health programs, health administration and health aids and appliances, which together are estimated as $79.9m (14% of health sector costs) in 2005 for arthritis.

The indirect costs of arthritis ($1.79bn) outweigh health costs more than 3 to 1.

- People with arthritis are **5% less likely to be employed** than those without arthritis, based on New Zealand Health Survey data.
  - 25,440 New Zealanders will not work in 2005 due to arthritis, costing over $1bn in lost productivity in 2005.
  - In addition, temporary absences from work due to arthritis also impose costs of some $18m in 2005.
  - **Together lost production is the largest cost of arthritis, representing nearly half (46%) of the total financial costs in 2005**.
- **Informal care** is the second largest cost at 23% of total financial costs ($536.7m), measured on a conservative opportunity cost basis.
  - The replacement value of this informal care is very large at $3.6bn, for activities of daily living only (excluding assistance with household tasks).
  - Formal sector community care for people with arthritis costs a further $40m per annum.
- **Aids, modifications and travel** for people with arthritis are estimated to cost $46.8m in 2005 (2% of total financial costs).
- **Deadweight costs** arising due to the distortionary and administrative impacts of raising additional taxation and making additional welfare payments are estimated as $93m per annum (4%).

Arthritis is a highly prevalent and costly disease, necessarily a national health priority area due to the extent of its prevalence and socioeconomic impacts. Cost-effective interventions, including those targeted at reducing obesity, together with continued investment in research and development to delay the onset of osteoarthritis in particular, offer potential for substantial reductions in the future projected costs of the disease, and pathways to enhanced wellbeing for New Zealanders in the future.

Access Economics

June 2005

1. PREVALENCE

The best method of measuring community prevalence is through **well-designed clinical studies of populations, preferably longitudinal and prospective**. However, there do not appear to be such studies in relation to arthritis in New Zealand**.** This is recommended, as such studies are very useful to inform policy makers in relation to risk factors, impacts and the cost-effectiveness of interventions and preventive activities.

In the absence of detailed New Zealand epidemiological studies, the best estimate of community arthritis prevalence obtainable is from **well-designed self-report surveys**, as these tend to capture some undiagnosed arthritis as well as almost all diagnosed arthritis. Self-reported data has occasionally been criticised due to the allegation that people:

- do not have sufficient information to know whether or not they have a particular condition (differential self-diagnosis);
- may have recall problems; or
- may be 'led' in the survey or due to other incentives to misrepresent or misclassify their condition.

While this may be true in some instances, in general anonymous non-coercive self-reported data for current long term conditions that are not mental illnesses have tended to support prevalence estimates based on clinical studies, with no significant bias towards under or over-reporting (eg, Benitez-Silva et al, 2000). Moreover, more recent survey verification techniques are utilised (such as cross-checks with other household members or aged care facility staff, detailed questioning regarding the condition etc) in order to minimise any such potential bias.

The Ministry of Health's New Zealand Health Survey (NZHS) provides such data. The most recent NZHS was conducted between August 2002 and September 2003 and had over 12,000 respondents including 3,990 Mäori, 790 Pacific peoples and 940 Asian people. Appendix A contains detailed prevalence rates by age, gender and ethnicity for arthritic conditions, as reported to the 2003 NZHS and provided by the Ministry of Health under a special data request.

Appendix B provides the Survey questions from the NZHS. A key point to note in relation to the questions is that prevalence is based on a 'Yes' answer to the question (Q22) "Have you ever been told by a doctor that you have arthritis?" so the estimate is of diagnosed arthritis. The follow-up question differentiates type of arthritis (that affects the person the most) – rheumatoid, osteoarthritis, other known type (specified) and 'don't know'. The questions thus under-report different types of arthritis – since if a person has two kinds, only one is reported. Also, because some people do not know the type they have, rheumatoid, osteoarthritis and 'other' will sum to less than the 'total'. This is the reverse of the Australian National Health Survey, where significant comorbidity of different types of arthritis means that the sum of the components is greater than the total.

1.1 PREVALENCE RATES

Prevalence rates of various arthritic and related conditions, from various sources across the New Zealand population as a whole, are summarised in Table 1-1. Appendix A provides details of the raw prevalence rates in Table A-1 to Table A-4. As would be expected, self-reported prevalence from the NZHS is considerably higher than surveys of prevalence within the primary care system, such as Taylor et al (2004)[1]. Such surveys only identify those people with arthritis who also seek medical attention for their condition within a certain period, and the methods typically search on keywords that may omit certain types of arthritis. However, results from the NZHS are very similar to Access Economics' estimates of prevalence in Australia in 2004, based on the Australian Bureau of Statistics' (2002) *National Health Survey*.

TABLE 1-1: ARTHRITIS PREVALENCE RATES – META ANALYSIS

	NZHS	Taylor et al (2004)	Colmar Brunton	Access Economics
Type of study	NZ community based	NZ primary care based	NZ community based	Australia community based
Data reference year	2003	2003	2003	2005
Osteoarthritis	7.7%	1.44%	na	7.8%
Rheumatoid arthritis	3.2%	0.79%	na	2.5%
All forms of arthritis	15.7%	3.75%	na	16.7%
All forms of musculoskeletal disorder	32.7%	20.4%	24.6%	32.8%

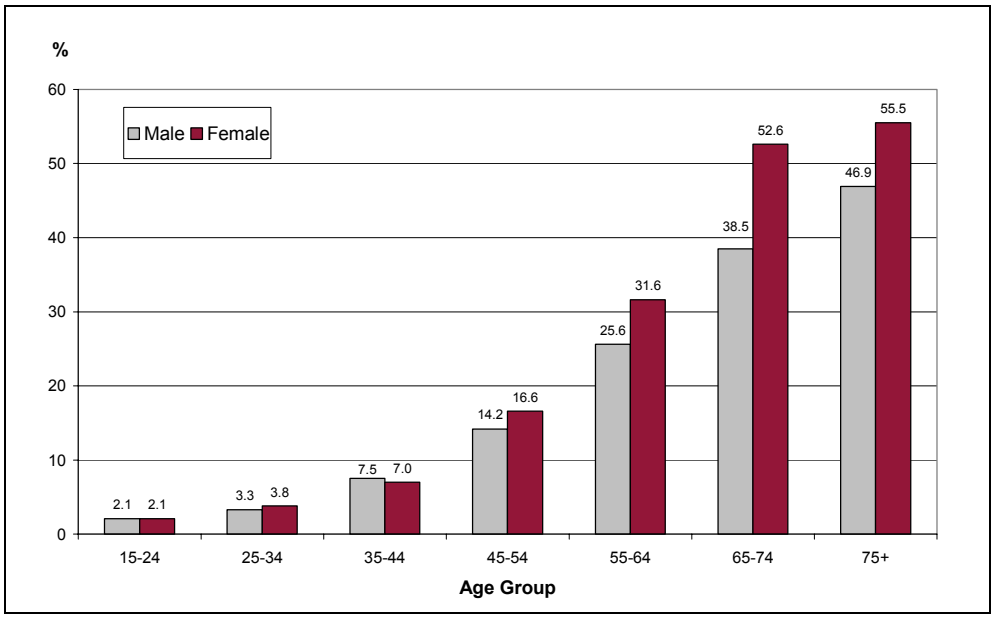
Age-specific prevalence rates for both men and women derived from the NZHS are shown in Figure 1-1.[2] The graph shows that the age-gender distribution of self-reported prevalence rates in New Zealand are broadly similar to those reported in other

[1] Taylor et al (2004) estimated the burden of rheumatic (musculoskeletal) disorders in the New Zealand population by calculating GP consultation rates—as well as the influence of age, gender, ethnicity, and small-area deprivation on these consultation rates. Cases were identified from the Royal New Zealand College of General Practitioners database using search-strings of typical words used in consultation notes (for each of 10 rheumatic disorders). Rates were calculated from a denominator of the number of people attending at least once over a 12-month period to any of 22 contributing GPs. The independent effect of age, sex, ethnicity, and small-area deprivation was modelled using multiple logistic regression. Of 29,152 people attending their GP, 20.4% consulted with a rheumatic disorder. Older people, males, people who lived in more deprived areas, and Europeans were more likely to consult with a rheumatic disorder. With all rheumatic disorders, age was a significant influence upon consultation—especially osteoarthritis, gout, osteoporosis, and joint surgery. Mäori were more likely than Europeans to consult with gout, but they were slightly less likely to consult with back pain or regional pain disorders. Small-area deprivation had small influences upon people consulting with gout, regional pain, and back pain. Taylor et al (2004) noted that rheumatic (musculoskeletal) disorders form a significant part of the workload of GPs and this is significantly influenced by local demographic factors. Most of these conditions seen by GPs are non-inflammatory and non-surgical. Taylor et al (2004) concluded, as we do, that if a community-needs approach were taken, it is likely that the workload and associated costs estimated would be even greater.

[2] Access Economics adjusted some of the raw prevalence data to account for missing data cells and cells where the data were deemed too unreliable for use. In particular, reported prevalence rates for the 75-84 age cohort were taken to represent prevalence in the cohort of people aged 75 years and over due to data inadequacy in the 85+ groups. This may be a conservative estimate, as arthritis prevalence may well increase in the 85+ group.

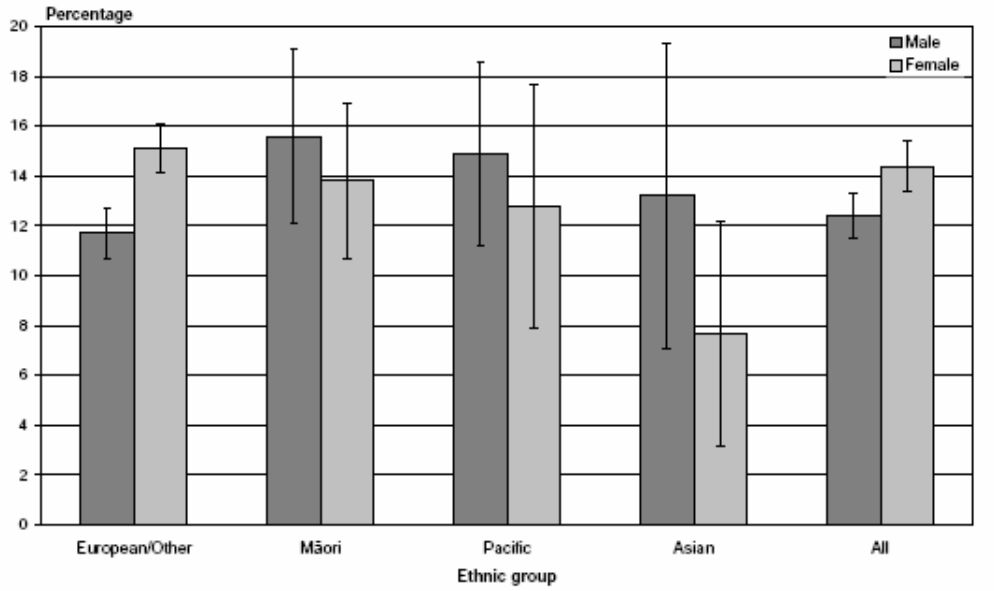
community-based surveys (Access Economics, 2005). Arthritis is more prevalent in older age groups, and is generally more prevalent in women than men.

FIGURE 1-1: AGE-SPECIFIC PREVALENCE RATES, ARTHRITIS, NEW ZEALAND, 2003



There was no significant difference in the *age-standardised* prevalence of arthritis between ethnic groups (Ministry of Health, 2004a, see Figure 1-2).

FIGURE 1-2: ARTHRITIS IN ADULTS, BY ETHNIC GROUP & GENDER (AGE-STANDARDISED)

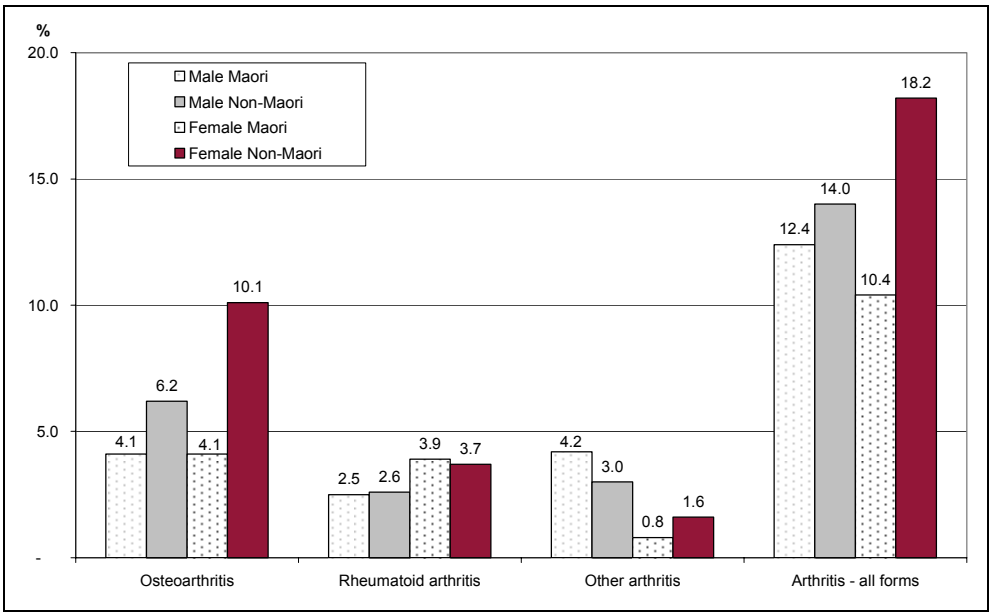


Source: Ministry of Health (2004a) p.53

Raw prevalence rates for osteoarthritis (across all age groups) are lower in Māori than non-Māori men and women, which drives the same result for all arthritis (Figure 1-3) – this is due to the younger age distribution of Māori people. Rates for rheumatoid arthritis are broadly similar across ethnic groups, while "other" arthritis is higher in Māori men but lower in Māori women relative to non-Māori people. This may be due in

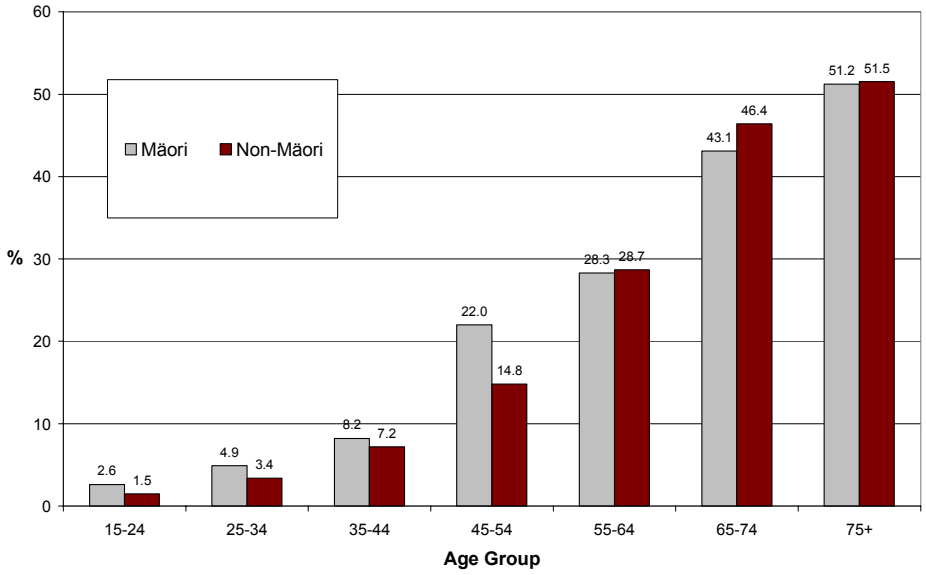
part to gout, where known risk factors are ethnicity (Mäori or Pacific Islander) and male gender (Smelser, 2002, cited in Duthrie et al, 2004).

FIGURE 1-3: RAW PREVALENCE RATES BY TYPE OF ARTHRITIS, NEW ZEALAND 2003



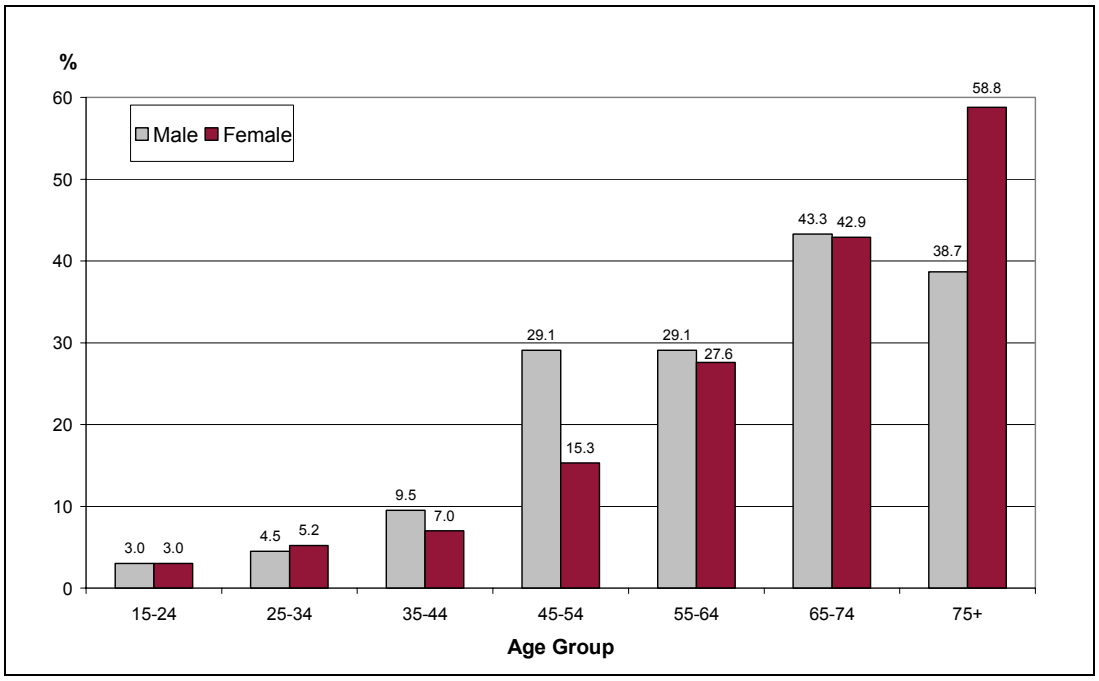
The age distribution of arthritis in the Mäori population is quite different from that of the total population (see Figure 1-5). In the older age groups, arthritis prevalence rates in Mäori people are similar, due to the influence of osteoarthritis, while in the younger age groups, prevalence rates in Mäori people are higher, due to the influence of other types of arthritis such as gout, as noted above, where being Mäori increases risk.

FIGURE 1-4: AGE-SPECIFIC PREVALENCE RATES, ALL ARTHRITIS, BY ETHNICITY, NEW ZEALAND, 2003



Arthritis is more common in middle aged Mäori men (35 to 64 years) than Mäori women of the same age or relative to the general population of the same age. These data should be interpreted with care, however, due to the smaller number of observations.

FIGURE 1-5: AGE-SPECIFIC PREVALENCE RATES, MÄORI, BY GENDER, NEW ZEALAND, 2003



1.2 BASELINE PREVALENCE 2005 TO 2020

Prevalence rates from the 2002-03 NZHS were combined with demographic projections of New Zealand's population by age, gender and ethnicity from 2005 to 2020 (Statistics New Zealand 2003, 2004a, 2004b, 2004c) to estimate the likely prevalence of arthritis in New Zealand in 2005, 2010 and 2020. These estimates account for the ageing of the New Zealand population over the next 15 years, but do not include any interventions that may delay or reduce the onset of arthritis (eg, research breakthroughs, improvement in risk factors) nor any other factors that may increase the prevalence rates of arthritis (eg, worsening of risk factors). Obesity is an important risk factor for arthritis, and the potential impact on these baseline projections of possible changes in obesity rates is considered in more detail in Section 1.3.

Baseline projections are summarised in Table 1-2 below. More detailed prevalence projections are contained in Table 1-4 (2005), Table 1-5 (2010) and Table 1-6 (2020).

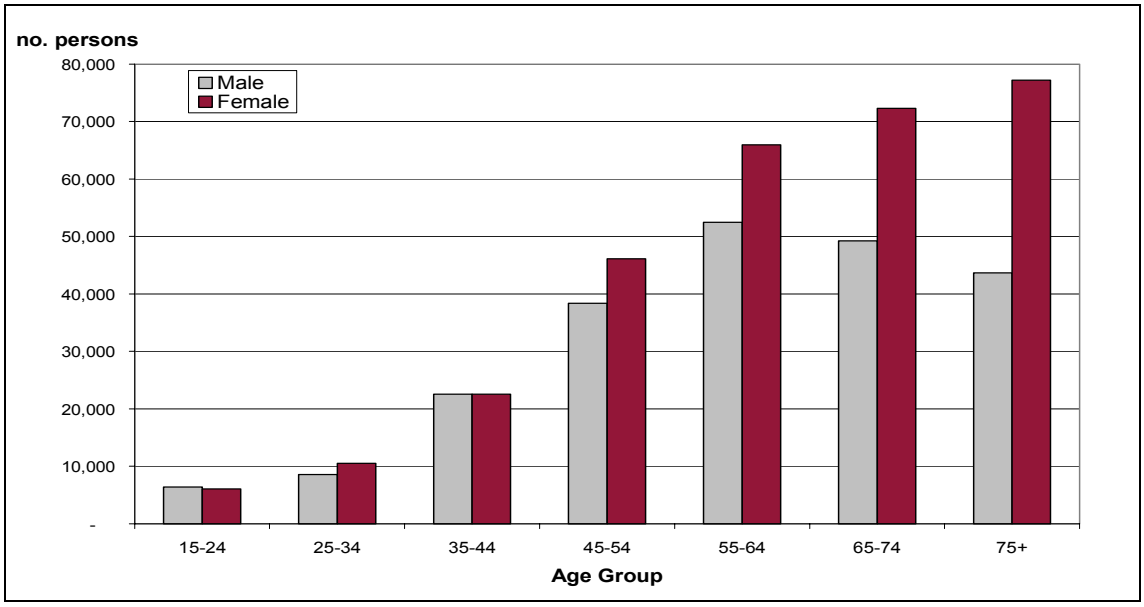
TABLE 1-2: BASELINE PREVALENCE PROJECTIONS 2005 TO 2020

	2005	2010	2020
Total male	221,283	246,917	305,277
Total female	300,686	333,831	414,019
Total Mäori	47,951	56,798	76,182
Total non-Mäori	474,018	523,949	643,113
Total no. of persons	**521,969**	**580,747**	**719,296**
% of 15+ population	**16.2%**	**17.1%**	**19.2%**

Source: Access Economics. Note: Totals may not sum due to rounding.

In 2005, almost 522,000 New Zealanders (16.2%) over the age of 15 were living with at least one type of arthritis. Of these people around 300,700 (57.6%) were female and 221,300 (42.4%) were male. While arthritis is commonly thought of as an older person's disease, over 53.6% (279,600) of New Zealanders with arthritis in 2005 are of working age (15 to 64), as shown in Figure 1-6.

FIGURE 1-6: PREVALENCE BY AGE & GENDER, NEW ZEALAND, 2005



An estimated 9.2% of people with arthritis are of Mäori descent although Mäori people currently form 15.1% of New Zealand's population. This anomaly is largely explained by the relatively high proportion of younger Mäori people. In fact 35% of Mäori people are aged 0-14 years, compared to 19% of non-Mäoris. When the people under 15 are excluded, the differential is much smaller – Mäori people make up 12% of the population aged 15 and over (Table 1-3). The higher prevalence of arthritis in middle-aged Mäori males means the difference between share of population and share of arthritis cases is a lot smaller in Mäori males (1 percentage point) than total male population (7 percentage points).

TABLE 1-3: POPULATION AND ARTHRITIS SHARES, MÄORI AND NON-MÄORI

	% Population 15+	% Arthritis 15+	Difference
Male Mäori	6%	5%	-1 percentage point
Male other	43%	38%	-5 percentage points
Female Mäori	6%	4%	-2 percentage points
Female other	45%	53%	8 percentage points
Total	**100%**	**100%**	
All males	49%	42%	-7 percentage points
All females	51%	58%	7 percentage points
Mäori	12%	9%	-3 percentage points
Other	88%	91%	3 percentage points

Source: Access Economics

Due to the expected demographic ageing of the New Zealand population over the next 15 years, the number of people with arthritis will increase further, as more people move into the older age cohorts where arthritis is more prevalent. Figure 1-7 shows that by 2020 just under 719,300 New Zealanders will have arthritis. This is equivalent to 19.2% of the population - an increase of around 1.2% per annum since 2005.

FIGURE 1-7: PROJECTED PREVALENCE 2005 TO 2020

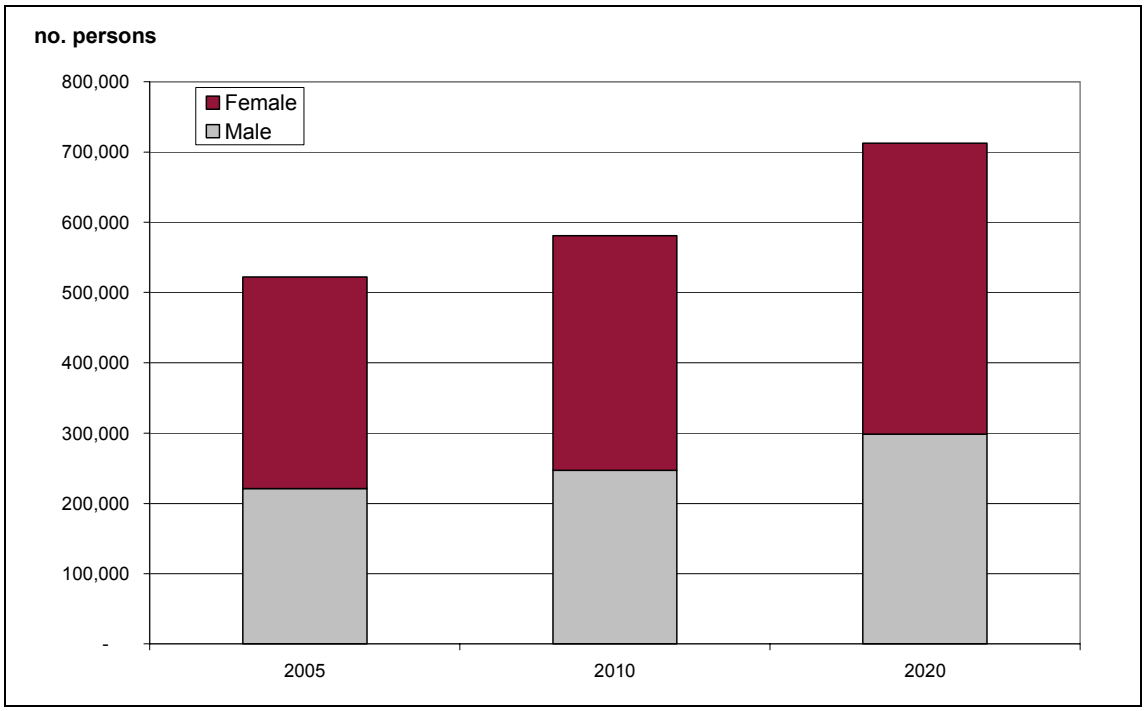


TABLE 1-4: PREVALENCE BY AGE, GENDER, ETHNICITY AND TYPE OF ARTHRITIS, 2005

Age	All	All		Māori			Other		
	All '000	Female '000	Male '000	All '000	Female '000	Male '000	All '000	Female '000	Male '000
Osteoarthritis									
15-24	-	-	-	-	-	-	-	-	-
25-34	2.2	2.2	-	-	-	-	2.2	2.2	-
35-44	14.3	6.4	7.8	1.4	1.4	-	12.9	5.0	7.8
45-54	40.4	25.5	14.9	5.4	2.3	3.0	35.1	23.2	11.9
55-64	64.8	37.6	27.3	4.5	2.1	2.5	60.3	35.5	24.8
65-74	69.2	48.2	21.0	3.0	1.9	1.1	66.2	46.3	19.8
75+	76.4	49.1	27.3	0.8	0.8	-	75.6	48.3	27.3
Total	267.3	169.1	98.2	15.1	8.5	6.6	252.2	160.6	91.6
Prevalence 15+ (%)	***8.3***	***10.2***	***6.3***	***3.8***	***4.1***	***3.4***	***9.0***	***11.1***	***6.7***
Rheumatoid arthritis									
15-24	-	-	-	-	-	-	-	-	-
25-34	5.0	5.0	-	1.2	1.2	-	3.8	3.8	-
35-44	10.6	6.1	4.5	0.8	0.8	-	9.8	5.3	4.5
45-54	16.8	11.9	4.9	3.0	2.0	0.9	13.8	9.9	3.9
55-64	21.7	10.6	11.1	2.7	1.8	0.9	19.0	8.9	10.1
65-74	23.4	13.1	10.4	1.5	1.1	0.4	21.9	12.0	10.0
75+	22.2	17.0	5.2	0.4	0.4	-	21.8	16.6	5.2
Total	99.7	63.7	36.0	9.5	7.2	2.3	90.2	56.5	33.7
Prevalence 15+ (%)	***3.1***	***3.9***	***2.3***	***2.4***	***3.5***	***1.2***	***3.2***	***3.9***	***2.5***
Other arthritis									
15-24	-	-	-	-	-	-	-	-	-
25-34	3.1	-	3.1	-	-	-	3.1	-	3.1
35-44	11.1	3.9	7.2	1.4	-	1.4	9.7	3.9	5.8
45-54	14.1	3.1	11.1	3.8	-	3.8	10.3	3.1	7.3
55-64	14.9	7.1	7.8	0.8	-	0.8	14.1	7.1	7.0
65-74	18.6	4.4	14.2	2.1	0.3	1.8	16.5	4.1	12.4
75+	12.4	5.1	7.3	-	-	-	12.4	5.1	7.3
Total	74.2	23.6	50.7	8.1	0.3	7.8	66.1	23.2	42.9
Prevalence 15+ (%)	***2.3***	***1.4***	***3.2***	***2.0***	***0.2***	***4.0***	***2.4***	***1.6***	***3.1***
Arthritis - All forms*									
15-24	12.5	6.1	6.4	3.4	1.7	1.7	9.1	4.4	4.7
25-34	19.1	10.5	8.6	4.3	2.4	1.9	14.9	8.1	6.7
35-44	45.1	22.6	22.6	6.8	3.1	3.7	38.3	19.5	18.8
45-54	84.5	46.1	38.4	13.1	4.7	8.3	71.4	41.4	30.0
55-64	118.5	66.0	52.5	9.4	4.7	4.7	109.0	61.2	47.8
65-74	121.5	72.3	49.2	7.7	4.1	3.6	113.8	68.2	45.6
75+	120.8	77.2	43.6	3.3	2.3	1.0	117.5	74.9	42.6
Total	522.0	300.7	221.3	48.0	23.0	25.0	474.0	277.7	196.3
Prevalence 15+ (%)	***16.2***	***18.2***	***14.2***	***11.9***	***11.1***	***12.9***	***16.9***	***19.2***	***14.3***

* 'Arthritis all forms' is not the sum of the parts, the difference being people who know they have arthritis but do not know the type.

TABLE 1-5: PREVALENCE BY AGE, GENDER, ETHNICITY AND TYPE OF ARTHRITIS, 2010

	All			Māori			Other		
Age	All '000	Female '000	Male '000	All '000	Female '000	Male '000	All '000	Female '000	Male '000
Osteoarthritis									
15-24	-	-	-	-	-	-	-	-	-
25-34	2.1	2.1	-	-	-	-	2.1	2.1	-
35-44	13.9	6.4	7.6	1.4	1.4	-	12.5	4.9	7.6
45-54	45.5	28.9	16.6	6.5	2.9	3.6	39.0	26.0	13.0
55-64	74.6	43.3	31.3	5.8	2.7	3.1	68.8	40.7	28.1
65-74	79.8	55.6	24.2	3.7	2.3	1.4	76.1	53.2	22.8
75+	84.7	53.4	31.3	1.1	1.1	-	83.6	52.3	31.3
Total	300.6	189.6	111.0	18.5	10.4	8.1	282.1	179.2	102.9
Prevalence 15+ (%)	***8.9***	***10.9***	***6.7***	***4.2***	***4.6***	***3.8***	***9.6***	***11.9***	***7.1***
Rheumatoid arthritis									
15-24	-	-	-	-	-	-	-	-	-
25-34	4.6	4.6	-	1.1	1.1	-	3.5	3.5	-
35-44	10.4	6.0	4.4	0.8	0.8	-	9.6	5.2	4.4
45-54	18.9	13.5	5.4	3.6	2.5	1.1	15.3	11.0	4.3
55-64	25.0	12.3	12.7	3.5	2.3	1.2	21.5	10.0	11.5
65-74	27.0	15.0	12.0	1.8	1.3	0.5	25.2	13.7	11.5
75+	24.4	18.5	6.0	0.5	0.5	-	23.9	18.0	6.0
Total	110.4	70.0	40.5	11.3	8.5	2.8	99.1	61.5	37.6
Prevalence 15+ (%)	***3.3***	***4.0***	***2.4***	***2.6***	***3.7***	***1.3***	***3.4***	***4.1***	***2.6***
Other arthritis									
15-24	-	-	-	-	-	-	-	-	-
25-34	3.0	-	3.0	-	-	-	3.0	-	3.0
35-44	10.8	3.8	7.0	1.4	-	1.4	9.4	3.8	5.6
45-54	15.8	3.5	12.4	4.6	-	4.6	11.3	3.5	7.8
55-64	17.1	8.2	8.9	1.0	-	1.0	16.1	8.2	7.9
65-74	21.5	5.1	16.4	2.6	0.4	2.2	18.8	4.7	14.2
75+	13.9	5.6	8.3	-	-	-	13.9	5.6	8.3
Total	82.2	26.1	56.1	9.6	0.4	9.2	72.6	25.7	46.9
Prevalence 15+ (%)	***2.4***	***1.5***	***3.4***	***2.2***	***0.2***	***4.3***	***2.5***	***1.7***	***3.3***
Arthritis - All forms									
15-24	13.0	6.3	6.7	3.8	1.9	1.9	9.2	4.4	4.7
25-34	18.1	9.8	8.3	4.2	2.3	1.9	14.0	7.5	6.4
35-44	44.1	22.3	21.9	6.8	3.1	3.7	37.3	19.1	18.2
45-54	95.0	52.2	42.8	15.8	5.8	10.0	79.2	46.4	32.8
55-64	136.3	76.1	60.2	12.0	6.1	6.0	124.2	70.0	54.2
65-74	140.2	83.3	56.9	9.4	5.0	4.4	130.7	78.3	52.4
75+	134.1	84.0	50.1	4.7	3.2	1.5	129.4	80.8	48.6
Total	580.7	333.8	246.9	56.8	27.4	29.4	523.9	306.4	217.5
Prevalence 15+ (%)	***17.1***	***19.2***	***14.9***	***12.8***	***12.0***	***13.7***	***17.8***	***20.3***	***15.1***

* 'Arthritis all forms' is not the sum of the parts, the difference being people who know they have arthritis but do not know the type.

TABLE 1-6: PREVALENCE BY AGE, GENDER, ETHNICITY AND TYPE OF ARTHRITIS, 2020

Age	All '000	All Female '000	All Male '000	Māori '000	Māori Female '000	Māori Male '000	Other '000	Other Female '000	Other Male '000
Osteoarthritis									
15-24	-	-	-	-	-	-	-	-	-
25-34	2.2	2.2	-	-	-	-	2.2	2.2	-
35-44	12.7	5.7	7.1	1.3	1.3	-	11.4	4.3	7.1
45-54	46.8	30.1	16.7	7.1	3.2	3.9	39.7	26.9	12.9
55-64	94.0	55.1	38.9	9.1	4.3	4.8	84.9	50.8	34.1
65-74	113.6	78.9	34.7	6.1	3.8	2.3	107.5	75.1	32.5
75+	112.0	68.8	43.3	2.1	2.1	-	109.9	66.7	43.3
Total	381.4	240.7	140.7	25.6	14.7	10.9	355.8	226.0	129.8
Prevalence 15+ (%)	***10.2***	***12.6***	***7.7***	***5.0***	***5.6***	***4.3***	***11.0***	***13.7***	***8.2***
Rheumatoid arthritis									
15-24	-	-	-	-	-	-	-	-	-
25-34	5.0	5.0	-	1.4	1.4	-	3.6	3.6	-
35-44	9.5	5.4	4.1	0.7	0.7	-	8.7	4.6	4.1
45-54	19.5	14.1	5.5	3.9	2.7	1.2	15.6	11.3	4.3
55-64	31.4	15.6	15.8	5.5	3.6	1.8	25.9	12.0	13.9
65-74	38.5	21.4	17.2	3.0	2.2	0.8	35.5	19.2	16.4
75+	32.0	23.8	8.3	1.0	1.0	-	31.1	22.8	8.3
Total	136.0	85.2	50.8	15.5	11.7	3.9	120.5	73.5	46.9
Prevalence 15+ (%)	***3.6***	***4.5***	***2.8***	***3.0***	***4.4***	***1.5***	***3.7***	***4.5***	***3.0***
Other arthritis									
15-24	-	-	-	-	-	-	-	-	-
25-34	3.4	-	3.4	-	-	-	3.4	-	3.4
35-44	9.9	3.4	6.5	1.4	-	1.4	8.5	3.4	5.2
45-54	16.1	3.6	12.5	4.9	-	4.9	11.2	3.6	7.6
55-64	21.5	10.4	11.1	1.6	-	1.6	20.0	10.4	9.5
65-74	30.7	7.2	23.5	4.3	0.7	3.7	26.4	6.5	19.9
75+	18.7	7.2	11.5	-	-	-	18.7	7.2	11.5
Total	100.4	31.8	68.6	12.1	0.7	11.5	88.2	31.1	57.1
Prevalence 15+ (%)	***2.7***	***1.7***	***3.7***	***2.3***	***0.3***	***4.5***	***2.7***	***1.9***	***3.6***
Arthritis - All forms									
15-24	12.8	6.2	6.6	3.9	1.9	2.0	9.0	4.3	4.6
25-34	20.1	10.6	9.4	5.3	2.8	2.5	14.8	7.8	6.9
35-44	40.2	19.8	20.4	6.6	2.9	3.7	33.6	16.9	16.7
45-54	97.4	54.3	43.2	17.1	6.4	10.7	80.3	47.8	32.5
55-64	171.6	96.7	74.9	18.9	9.7	9.1	152.8	87.0	65.8
65-74	199.8	118.2	81.5	15.5	8.2	7.3	184.3	110.0	74.2
75+	177.4	108.1	69.2	8.9	6.1	2.8	168.5	102.1	66.4
Total	719.3	414.0	305.3	76.2	38.1	38.1	643.1	376.0	267.2
Prevalence 15+ (%)	***19.2***	***21.7***	***16.7***	***14.7***	***14.4***	***15.1***	***20.0***	***22.8***	***17.0***

* 'Arthritis all forms' is not the sum of the parts, the difference being people who know they have arthritis but do not know the type.

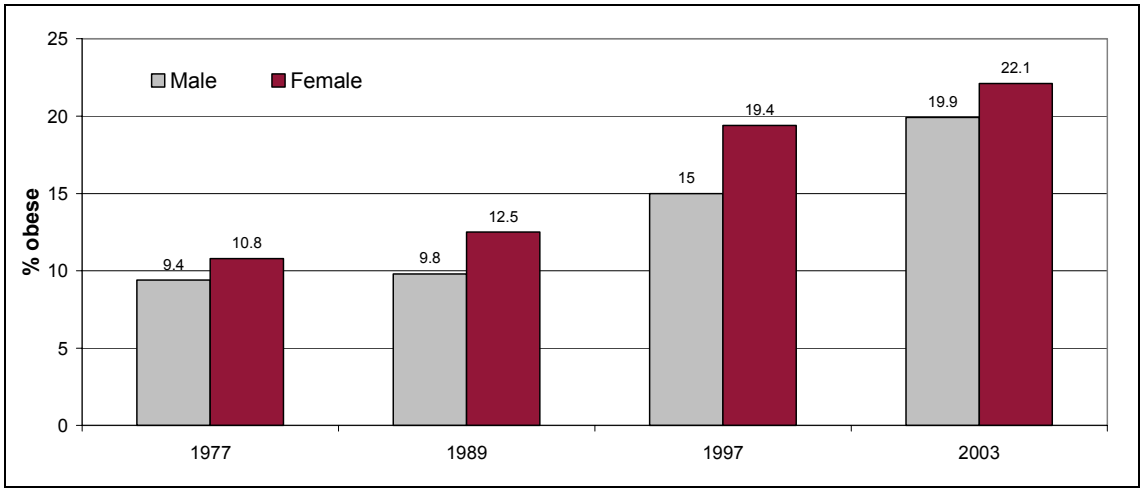
1.3 OBESITY SCENARIOS

The baseline prevalence projections estimate the number of New Zealanders with arthritis in the future, assuming that prevalence rates remain constant for each age-gender cohort. While these projections account for expected demographic ageing of the New Zealand population, they do not take into account the effect of any intervention that may delay or reduce the incidence of arthritis. Possible increases in future prevalence rates due to an increased presence of known risk factors are also not taken into account. One known risk factor is obesity.

Like many developed countries, the average body mass index (BMI) of the New Zealand population has grown in recent decades, together with the proportion of the population classified as overweight or obese. In December 2004, the Ministry of Health (2004b) released a detailed analysis of obesity trends in New Zealand from 1977 to 2003. This analysis was based on results from four nationally representative health or nutrition surveys undertaken in 1977, 1989, 1997 and 2003.

Figure 1-8 shows that the percentage of the population classified as obese has risen from each survey to the next. In 1977 around 9.4% of men and 10.8% of women were obese, but this had doubled to 19.9% of men and 22.1% of women in 2003. This is equivalent to an average annual percentage change (or growth rate) of just under 3%. (Note this is equivalent to the share of the population with obesity increasing by 0.4 percentage points each year.)

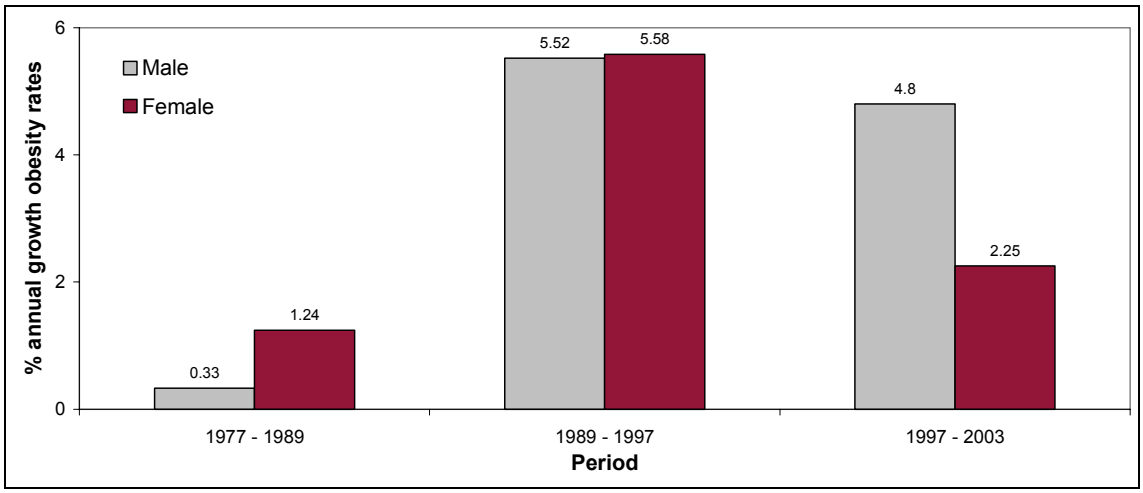
FIGURE 1-8: OBESITY PREVALENCE BY GENDER, 1977 TO 2003



Source: Ministry of Health (2004b)

However, the rate of growth in obesity has not in fact been constant over the last two decades. Analysis of each survey interval shows that average growth rates have varied considerably (see Figure 1-9). The growth in obesity rates was quite small during the 1980s, only around one per cent per annum. However during the 1990s this increased to over five per cent, before falling back somewhat between 1997 and 2003. This decrease has been much more marked for females than males.

FIGURE 1-9: AVERAGE ANNUAL GROWTH IN OBESITY RATES, 1977 TO 2003



Source: Ministry of Health (2004b)

This figure may suggest that recent public health interventions designed to educate New Zealanders about the risks of obesity and the need for a healthy diet are having some success. However, it is also possible that the differences in average growth rates of obesity are influenced substantially by variations in survey design. Moreover, past growth rates may not be a reliable predictor of likely future trends in obesity among New Zealanders.

To account for this uncertainty, Access Economics has modelled a number of possible scenarios which present the range of possible outcomes depending on the success of public health interventions. These are:

1 **Base case**: obesity remains stable at current levels (around 20% of the population) into the future;

2 **Continued increase in obesity**: Obesity continues to grow at an average rate of around 3% per annum (or around ¾ of a percentage point of the population each year – higher than the 0.4% historically since the base is now higher), so that around 31% of men and 33% of women are obese in 2020; and

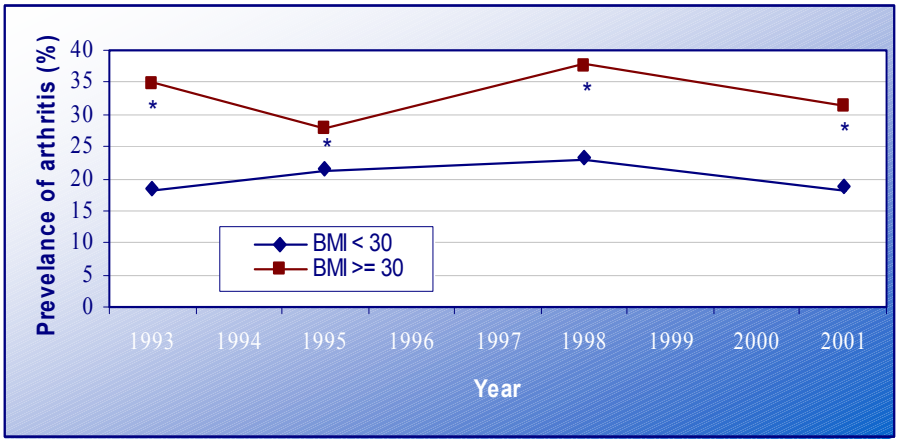
3 **Eradication of obesity by 2020**: Obesity is eradicated by 2020, with obesity falling as a percentage of the population by 1.3% for females and 1.5% for males until then. While this scenario is unlikely, it does provide a useful lower bound.

Assumptions need to be made about the precise quantitative link between increased obesity and increased age-prevalence of arthritis. Examples from the literature include the following.

- The odds ratio of osteoarthritis associated with obesity is in the range of 2 to 4 depending on the site of arthritis. The population-attributable risk suggests that up to 24% of knee arthritis could be attributed to obesity (Vermont Department of Health, 1999), for example.
- An Oregon study found that 27% of adults with arthritis are obese whereas among adults without arthritis, only 18% are obese (Oregon Department of Human Services, 2004).
- A South Australian study (Gill et al, 2003) also found significant differences between arthritis prevalence in obese and non-obese populations, utilising annual data from the Health Omnibus Study, 1991-1998, 2001. The results are

shown in Figure 1-10 below; in 2001 the difference was around 12 percentage points.

FIGURE 1-10: OBESITY AND ARTHRITIS PREVALENCE, SOUTH AUSTRALIA



Source: Gill et al (2003).

These source studies suggest that the odds ratio of total arthritis associated with obesity is around 3. This allows us to solve simultaneously for q1 and q2:

$$(1) \qquad q_1.s_1 + q_2.s_2 = p_1$$

$$(2) \qquad \frac{q_1/(1-q_1)}{q_2/(1-q_2)} = OR$$

Where:

q_1 = *probability of having arthritis given obesity*

q_2 = *probability of having arthritis given no obesity*

s_1 = *share of people with obesity = probability of obesity in 2002-03 NZHS = 19.9% for men and 22.1% for women*

s_2 = *share of people without obesity = probability of no obesity in 2002-03 NZHS = 80.1% for men and 77.9% for women*

p_1 = *probability of having arthritis in 2002-03 NZHS = 13.9% for men and 17.3% for women*[3]

OR = odds ratio = 3.0

At these prevalence rates, solving for q_1 and q_2 reveal there is a 32.8% (women) and 27.0% (men) chance of having arthritis if a person is obese, compared to a 14.0% (women) and 11.0% (men) chance of having arthritis if a person is not obese. Using equation 3 below, this implies that 18.1% of arthritis in males and 17.8% of arthritis in

[3] The raw prevalence rate is lower in 2002-03 than 2005 due to intervening demographic ageing. It is important, however, to match prevalence data with the same year as the obesity data.

females is attributable to obesity. These percentages are known as the "attributable fraction" for males and females – ie, the proportion of arthritis due to obesity.

$$(3) \qquad AF = \frac{q_1 . s_1}{p_1} - s_1$$

Table 1-7 below shows the impact of changing obesity rates on arthritis prevalence, based on the attributable fractions calculated above. If obesity continues to increase at the rate observed over the past few decades (scenario 2) then around 60,300 more people will have arthritis in 2020, compared with the base case where obesity stabilises at current levels.

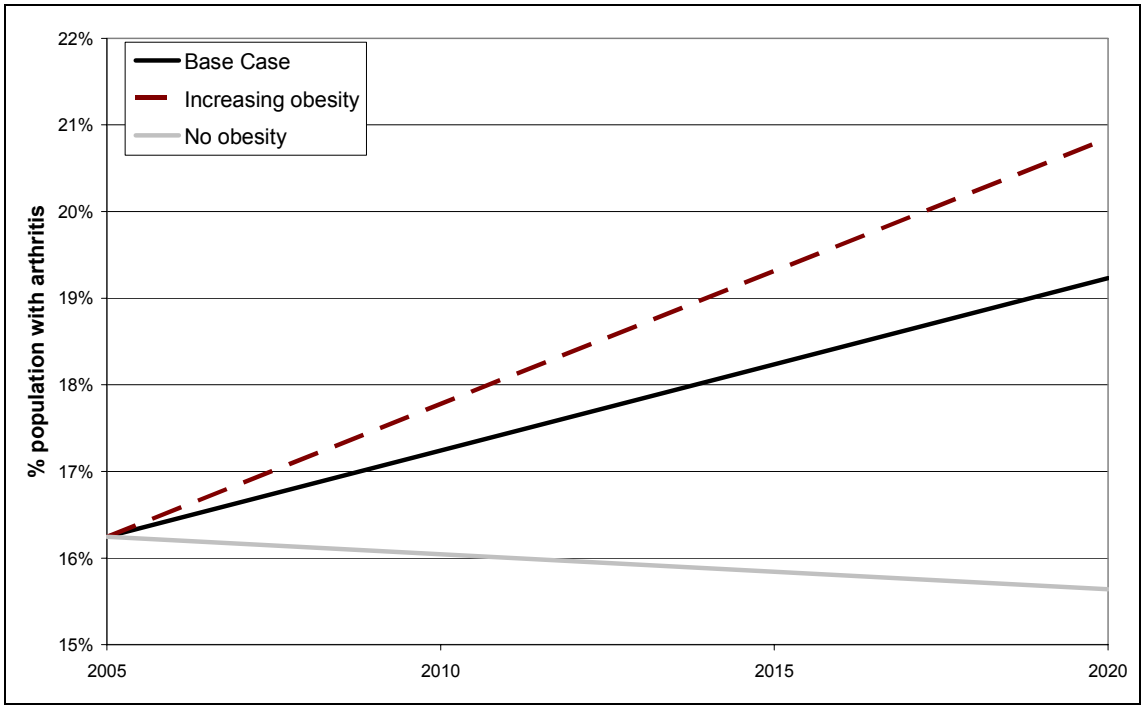
Alternatively, if obesity could be completely eliminated by 2020, there would be almost 134,400 fewer New Zealanders with arthritis than that expected on current estimates.

TABLE 1-7: IMPACT OF CHANGING OBESITY RATES ON ARTHRITIS PREVALENCE

Scenario	% obese 2005		% obese 2020		% change obesity prevalence		% change arthritis prevalence		Persons ('000) with arthritis 2020	
	M	F	M	F	M	F	M	F	M	F
1	19.9	22.1	19.9	22.1	0.0	0.0	0.0	0.0	298.7	414.0
2	19.9	22.1	30.7	33.4	54.2	51.1	9.8	9.1	328.0	451.7
3	19.9	22.1	0.0	0.1	-100.0	-100.0	-18.1	-17.8	244.6	340.3

The impact of the different scenarios on the prevalence of arthritis (expressed as a percentage of the New Zealand population aged 15 and over) is shown in Figure 1-11.

FIGURE 1-11: ARTHRITIS PREVALENCE 2005 TO 2020 UNDER OBESITY SCENARIOS



Allowing for other factors

Known risk factors for arthritis include age, female gender, lower education and income, physical inactivity, overweight and obesity; other possible risk factors, such as smoking and being divorced, are less well established (Fontaine, 2002). There are also other and sometimes contradictory risk factors for different types of arthritis – for example, rheumatoid arthritis may be associated with being underweight, rather than overweight (Access Economics, 2001). Possibly related is the reduction in overall prevalence of RA reported in Duthie et al (2004) citing Silman (2002), Doran et al (2002) and Collings and Highton (2002). The decline in the incidence of RA over the past 40 years may also be suggestive of a change in exposure to an environmental factor contributing to the aetiology of RA.

Duthie et al (2004) also note evidence for increasing prevalence of gout in New Zealand, which could, at least in part, be explained by demographic ageing and an increase in being overweight.

> *Gout was significantly more common in Mäori (6.4%) than Europeans (2.9%) and in Mäori men (13.9%) than in European men (5.8%). Comparison with previous studies shows that the prevalence of gout has increased in both Mäori and Europeans, particularly in men. In Mäori men the prevalence of gout has risen from 4.5-10.4% previously to 13.9%, and in European men from 0.7%-2.0% previously to 5.8%. Clinical differences included a stronger family history, earlier age at onset, and a higher frequency of tophi and polyarticular gout in Mäori than Europeans. Treatment of gout was inadequate in most cases. Of concern is that the prevalence of gout appears to be on the increase, not only in Mäori but also in Europeans in New Zealand* (Klemp et al, 1997).

Higher education and income over time may act to reduce age-specific prevalence rates to some extent. However, other factors over the longer term are less amenable to projection. For example, new research discoveries may reduce age-specific incidence rates or delay the onset of arthritis while changes in technology (eg, pharmacological, surgical) may improve treatments and ameliorate symptoms or even 'cure' arthritis. While these possibilities are noted, the high levels of variability surrounding them precludes their impacts from being estimated.

2. HEALTH SECTOR COSTS

There are two main methods for estimating direct health system costs.

- 'Top-down' disease cost data can be derived from central data collection agencies.
- 'Bottom-up' cost estimates use surveys, diaries and other cross-sectional or data-gathering tools to accumulate information from either a single study or multiple sources.

The advantage of the top-down methodology is that cost estimates for various diseases will be consistent, enhancing comparisons and ensuring that the sum of the parts (health system costs of each disease) does not exceed the whole (total expenditures on health care in New Zealand). The advantage of the bottom-up methodology is that it can provide greater detail in relation to specific cost elements and the same study can be extended to capture information about indirect cost elements as well as direct cost elements.

In this study, Access Economics has been limited by the lack of comprehensive data of either type in New Zealand.

- In New Zealand there is not the extensive collection of top-down disease cost data that is compiled, for example, in Australia by the Australian Institute of Health and Welfare (AIHW) from services utilisation and public and private expenditure such as hospital morbidity data, case mix data, Bettering the Evaluation and Care of Health data, the Australian National Health Survey and other sources (AIHW, 2005).
- It was not possible to source an existing comprehensive bottom-up study of cost elements of arthritis in New Zealand, although a variety of different sources exist in relation to certain elements.

Access Economics has therefore utilised a process of data-gathering supplemented by targeted surveying for specific cost items. In the following sections, the sources and methodology in relation to measurement of each cost element are described in detail.

2.1 HOSPITAL COSTS

In New Zealand, only public inpatient data are collected by the New Zealand Health Information Service (NZHIS). Access Economics has thus used a four-step process to estimate total hospital costs.

1 Through a consultation process with specialist experts, conditions deemed to be arthritis were identified by category from the International Classification of Disease Tenth Revision (ICD-10) codes.

2 Public inpatient data were requested from NZHIS for these codes for the most recent year available (2003-04), with costs thus estimated and extrapolated to 2005 based on population growth and health inflation.

3 Private inpatient costs were estimated based on the ratio of private to public joint replacement surgeries measured by the National Joint Registry.

4 Outpatient costs were estimated based on survey data cross-checked against relativities from the Australian ratio of outpatient to inpatient costs.

2.1.1 ICD-10 CODES FOR ARTHRITIS AND NZHIS DATA

Osteoarthritis is the most common of over 100 known forms of arthritis (see prevalence estimates in Chapter 1), while rheumatoid arthritis, systemic lupus erythematosus (SLE) and gout are also very common. Other forms include fibromyalgia, juvenile arthritis, ankylosing spondylitis, spondyloarthritis, psoriatic arthritis, scleroderma, bursitis, tendonitis, carpel tunnel syndrome, polymyalgia rheumatica, and dermatomyositis (Access Economics, 2005).

In consultation with a group of three specialist expert rheumatologists (two from New Zealand and one from Australia) and the New Zealand Health Information Service (NZHIS), a list of conditions deemed to be arthritis were identified by category from the International Classification of Disease Tenth Revision (ICD-10) codes. In some cases, proportions of each category were allocated as arthritic, in accordance with the clinical experience of the experts. These codes were then allocated as either 'osteoarthritis', 'rheumatoid arthritis' or 'other arthritis'. The agreed categorisation is presented in Table 2-1. Access Economics notes that it would be desirable for a widely agreed list of ICD-10 arthritic conditions to be endorsed at international level, for which the list agreed in this study might provide a useful starting point.

Public inpatient data were purchased from the NZHIS, which provided details of 25,591 admissions where the agreed arthritic codes were one of 20 diagnoses for admission. To avoid overstating or double counting of arthritic conditions, only the primary diagnosis was used in the costing (11,827 admissions). Access Economics notes that these data are rich in the ability to identify co-morbid conditions.

Data were used where the discharge date was from 1 July 2003 to 30 June 2004, and Access Economics limited the length of stay to 365 days in order to accurately achieve an *annual* cost estimate. This entailed scaling down the large raw data cost-weights for six admissions by the extent they were over 365 days.

- Average length of stay was 5.2 days after scaling down (5.6 days without).

Other information in the data included patient age, gender, ethnicity, cost-weight and facility type[4], among other variables.

- Data were provided by year of age, which Access Economics grouped as 0-14, 15-24, 25-34, 35-44, 45-54, 55-64, 65-74, 75-84 and 85+.
- Ethnicity was grouped into Mäori (comprising New Zealand Mäori and Cook Islands Mäori, categories 21 and 32) and non-Mäori (all other categories).

The cost-weight for each stay is calculated via a complex algorithm which takes account of length of stay as well as other issues related to cost complexity of admissions (District Health Boards of New Zealand, 2003).

- The cost-weight multiplier converts the cost-weight to a dollar amount; in 2003-04 the multiplier was $2,728.55 for medical/surgical inpatients.

[4] While most public inpatient services are provided in public hospitals, some are provided in private hospitals and a very few in facilities classified as health centres.

TABLE 2-1: CLASSIFICATION OF ARTHRITIS, ICD-10 CODES

Code	ICD-10 Descriptor	% Arthritic	Osteo-arthritis	Rheumatoid arthritis	Other arthritis
M00	Pyogenic arthritis	100%	-	-	100%
M01	Direct infections of joint in infectious and parasitic diseases classified elsewhere	100%	-	-	100%
M02	Reactive arthropathies	100%	-	-	100%
M03	Postinfective and reactive arthropathies in diseases classified elsewhere	100%	-	-	100%
M05	Seropositive rheumatoid arthritis	100%	-	100%	-
M06	Other rheumatoid arthritis	100%	-	100%	-
M07	Psoriatic and enteropathic arthropathies	100%	-	-	100%
M08	Juvenile arthritis	100%	-	30%	70%
M09	Juvenile arthritis in diseases classified elsewhere	100%	-	-	100%
M10	Gout	100%	-	-	100%
M11	Other crystal arthropathies	100%	-	-	100%
M12	Other specific arthropathies	100%	-	-	100%
M13	Other arthritis	100%	50%	-	50%
M14	Arthropathies in other diseases classified elsewhere	100%	-	-	100%
M15	Polyarthrosis	100%	-	50%	50%
M16	Coxarthrosis [arthrosis of hip]	100%	100%	-	-
M17	Gonarthrosis [arthrosis of knee]	100%	100%	-	-
M18	Arthrosis of first carpometacarpal joint	100%	100%	-	-
M19	Other arthrosis	100%	100%	-	-
M30	Polyarteritis nodosa and related conditions	30%	-	-	30%
M31	Other necrotizing vasculopathies	30%	-	-	30%
M32	Systemic lupus erythematosus	100%	-	-	100%
M34	Systemic sclerosis	7.5%	-	-	7.5%
M35.0	Sicca syndrome [Sjögren]	20%	-	-	20%
M35.1	Other overlap syndromes	20%	-	-	20%
M35.3	Polymyalgia rheumatica	100%	-	-	100%
M45	Ankylosing spondylitis	100%	-	-	100%
M46	Other inflammatory spondylopathies	100%	-	-	100%
M47	Spondylosis	100%	80%	-	20%
M48.0	Spinal stenosis	100%	80%	-	20%
M48.1	Ankylosing hyperostosis [Forestier]	100%	100%	-	-
M49	Spondylopathies in diseases classified elsewhere	100%	-	-	100%
M65	Synovitis and tenosynovitis	100%	-	-	100%
M68	Disorders of synovium and tendon in diseases classified elsewhere	100%	-	-	100%
M70.0	Crepitant synovitis (acute) (chronic) of hand and wrist	100%	-	-	100%
M71.2	Synovial cyst of popliteal space [Baker]	100%	-	-	100%
M75.0	Adhesive capsulitis of shoulder	100%	-	-	100%
M76	Enthesopathies, lower limb, excluding foot	100%	-	-	100%
M77.2	Periarthritis of wrist	100%	-	-	100%
M77.3	Calcaneal spur	100%	-	-	100%
M77.5	Other enthesopathy of foot	100%	-	-	100%
M77.8	Other enthesopathies, not elsewhere classified	100%	-	-	100%
M77.9	Enthesopathy, unspecified	100%	-	-	100%

Source: New Zealand Health Information Service and specialist expert consultation.

2.1.2 PUBLIC INPATIENT COSTS

Table 2-2 summarises the results from the NZHIS public inpatient data.

TABLE 2-2: ARTHRITIS PUBLIC INPATIENT COSTS BY ICD-10 CODE, 2003-04

Code	ICD-10 Descriptor	Osteo. $m	Rheum. $m	Other $m	Total $m	% Total
M16	Coxarthrosis [arthrosis of hip]	29.122	-	-	29.122	39.8%
M17	Gonarthrosis [arthrosis of knee]	22.949	-	-	22.949	31.3%
M00	Pyogenic arthritis[5]	-	-	3.453	3.453	4.7%
M48.0	Spinal stenosis[6]	2.360	-	0.590	2.950	4.0%
M06	Other rheumatoid arthritis	-	2.560	-	2.560	3.5%
M10	Gout	-	-	2.488	2.488	3.4%
M19	Other arthrosis	2.063	-	-	2.063	2.8%
M13	Other arthritis	0.568	-	0.568	1.136	1.6%
M47	Spondylosis	0.869	-	0.217	1.086	1.5%
M65	Synovitis and tenosynovitis	-	-	1.047	1.047	1.4%
M46	Other inflammatory spondylopathies	-	-	0.949	0.949	1.3%
M05	Seropositive rheumatoid arthritis	-	0.597	-	0.597	0.8%
M35.3	Polymyalgia rheumatica	-	-	0.411	0.411	0.6%
M31	Other necrotizing vasculopathies	-	-	0.355	0.355	0.5%
M08	Juvenile arthritis	-	0.097	0.226	0.323	0.4%
M45	Ankylosing spondylitis	-	-	0.258	0.258	0.4%
M11	Other crystal arthropathies	-	-	0.223	0.223	0.3%
M32	Systemic lupus erythematosus	-	-	0.216	0.216	0.3%
M15	Polyarthrosis	-	0.085	0.085	0.169	0.2%
M76	Enthesopathies, lower limb, excluding foot	-	-	0.161	0.161	0.2%
M71.2	Synovial cyst of popliteal space [Baker]	-	-	0.115	0.115	0.2%
M18	Arthrosis of first carpometacarpal joint	0.114	-	-	0.114	0.2%
M75.0	Adhesive capsulitis of shoulder	-	-	0.113	0.113	0.2%
M12	Other specific arthropathies	-	-	0.088	0.088	0.1%
M70.0	Crepitant synovitis (acute) (chronic) of hand and wrist	-	-	0.071	0.071	0.1%
M30	Polyarteritis nodosa and related conditions	-	-	0.057	0.057	0.1%
M77.9	Enthesopathy, unspecified	-	-	0.043	0.043	0.1%
M02	Reactive arthropathies	-	-	0.037	0.037	0.0%
M77.5	Other enthesopathy of foot	-	-	0.025	0.025	0.0%
M34	Systemic sclerosis	-	-	0.021	0.021	0.0%
M35.0	Sicca syndrome [Sjögren]	-	-	0.016	0.016	0.0%
M77.3	Calcaneal spur	-	-	0.013	0.013	0.0%
M48.1	Ankylosing hyperostosis [Forestier]	0.004	-	-	0.004	0.0%
M77.8	Other enthesopathies, not elsewhere classified	-	-	0.003	0.003	0.0%
	TOTAL $m	**58.05**	**3.34**	**11.85**	**73.24**	**100%**
	% Total	**79.3%**	**4.6%**	**16.2%**	**100%**	

Source: New Zealand Health Information Service special data purchase.

[5] Pyogenic arthritis, also known as infectious or septic arthritis, is a serious infection of the joints characterized by pain, fever, chills, inflammation and swelling in one or more joints, and loss of function in those joints. It is considered a medical emergency because of the damage it causes to bone as well as cartilage, and its potential for creating septic shock, which is a potentially fatal condition.

[6] Spinal stenosis is mostly a complication of degenerative arthritis, with narrowing of spaces in the spine (backbone) that results in pressure on the spinal cord and/or nerve roots. Pressure on the lower part of the spinal cord or on nerve roots branching out from that area may give rise to pain or numbness in the legs. Pressure on the upper part of the spinal cord (that is, the neck area) may produce similar symptoms in the shoulders, or sometimes the legs.

Total public inpatient costs for arthritis in 2003-04 were $73.24m.

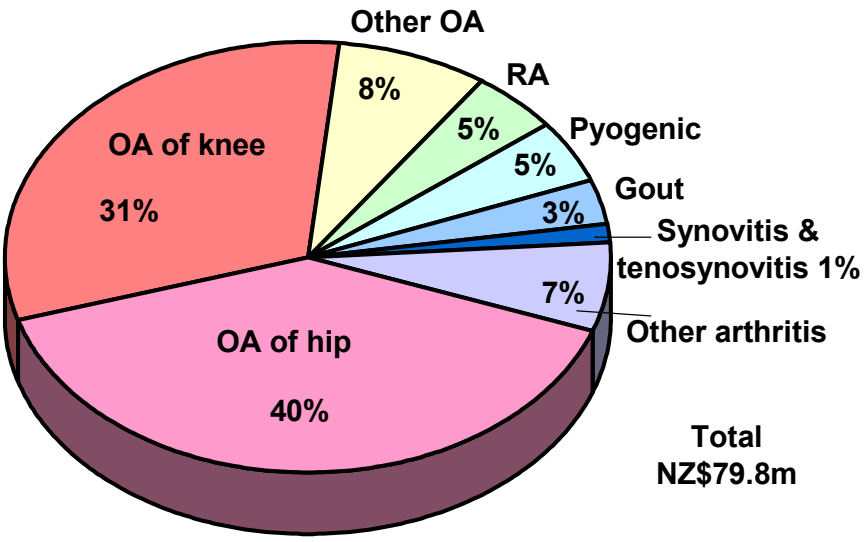
- Osteoarthritis was responsible for 79.3% of public inpatient costs, rheumatoid arthritis for 4.6% and other arthritis for 16.2% of costs.
- Osteoarthritis of the hip and knee alone accounted for over 70% of costs.

To extrapolate the $73.24m estimate to 2005, it is multiplied by two factors, totalling 8.2% over the 1½ years.

- Health cost inflation, estimated at 2.9% per annum between 2003-04 financial year and calendar year 2005[7]; and
- Growth in prevalence of arthritis of **3.7%** between 2003-04 and 2005 (based on prevalence rates by age, gender and ethnicity multiplied by the average of the 2003 and 2004 official population estimates for these sub-populations).
- The implicit assumption over the reasonably short period is that services expanded in line with prevalence rather than waiting lists lengthening.

Public inpatient costs are thus estimated to be **$79.8m in 2005**. Figure 2-1 depicts the shares by major types of arthritis.

FIGURE 2-1: PUBLIC INPATIENT COSTS BY TYPE OF ARTHRITIS, 2005



Source: Access Economics based on NZHIS data.

[7] Health cost inflation data were not provided by NZHIS. Average health cost inflation of 2.9% per annum was thus based on Access Economics (2005) and OECD (2004).

FIGURE 2-2: ARTHRITIS PUBLIC INPATIENT COSTS BY AGE AND GENDER, $M, 2005

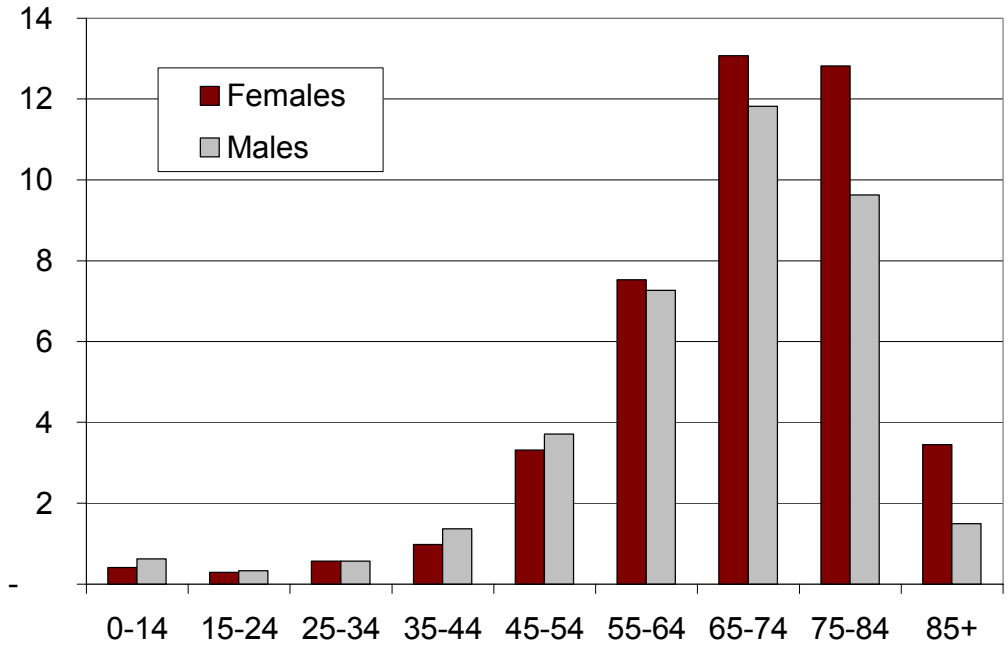


Figure 2-2 and Table 2-3 present public inpatient data by age and gender for 2005.

- 53.5% of inpatient costs are for women and 46.5% for men.
- Over a third of inpatient costs (34.5%) are for people aged over 75 years and nearly another third (31.4%) are for those aged 65-74 years.

TABLE 2-3: ARTHRITIS PUBLIC INPATIENT COSTS BY AGE AND GENDER, $M, 2005

Age group	$m			% of total		
	Females	Males	Persons	Females	Males	Persons
0-14	0.43	0.64	1.07	1.0%	1.7%	1.3%
15-24	0.41	0.35	0.76	1.0%	0.9%	1.0%
25-34	0.64	0.57	1.20	1.5%	1.5%	1.5%
35-44	1.06	1.38	2.45	2.5%	3.7%	3.1%
45-54	3.36	3.72	7.08	7.8%	10.1%	8.9%
55-64	7.55	7.27	14.82	17.6%	19.7%	18.6%
65-74	13.17	11.83	25.00	30.7%	32.1%	31.3%
75-84	12.84	9.64	22.48	29.9%	26.1%	28.2%
85+	3.45	1.49	4.95	8.0%	4.0%	6.2%
Total	**42.91**	**36.90**	**79.81**	**53.8%**	**46.2%**	**100.0%**

Table 2-4 presents the public inpatient data by ethnicity and facility.

- 9.3% of total inpatient costs were for Mäori people and 90.7% for non-Mäori people (recalling overall prevalence or arthritis for Mäori people was 9.2% of total arthritis prevalence).
- 93.3% of public inpatient services were performed in public hospitals and 6.7% in private hospitals.
- The relative shares in public and private hospitals were not significantly different between Mäori and non-Mäori people.

TABLE 2-4: PUBLIC INPATIENT COSTS BY ETHNICITY AND FACILITY, $M, 2005

Facility	Non-Māori	Māori	Total	% Total
Public hospital ($m)	67.5	6.9	74.4	93.3%
% total	90.7%	9.3%	100.0%	
Private hospital ($m)	4.8	0.6	5.4	6.7%
% total	89.8%	10.2%	100.0%	
Total ($m)	72.3	7.5	79.8	100.0%
% total	90.7%	9.3%	100.0%	

Source: NZHIS data. The proportion of inpatients in health centre was negligible.

2.1.3 PRIVATE INPATIENT COSTS

The National Joint Registry (also known as the New Zealand Joint Replacement Register) is operated by the New Zealand Orthopaedic Association and is based at Christchurch Hospital. Professor Alastair Rothwell is the Register Supervisor. The National Joint Register has expanded considerably since its establishment in 1998 by the New Zealand Orthopaedic Association, so that broad coverage of technical information about joint surgeries (hip, knee, shoulder, elbow and ankle) is now recorded.

For the 12 month period November 2003 to October 2004 (the most recent available), there were 11,859 joint replacements performed in New Zealand. This figure includes primary and revision hips, knees (including uni-compartmental knees), ankles, shoulders, elbows and lumbar disc replacements. **6,502 (54.8%) were performed in public hospitals and 5,357 (45.2%) in private hospitals.** The ratio of private to public joint replacements is used in order to derive the ratio of private to public inpatient costs for New Zealand.

- To cross-check the reliability of these proportions, they are compared with the number of public and private hospital beds available in New Zealand. In 2002 (the most recent year for which data are available), NZHIS data show there were 12,484 public hospital beds (52.4%) and 11,341 private beds (47.6%) of the total 23,825 beds that were not in 'old peoples homes'. The proportions from the Joint Registry thus seem reliable in order to estimate private inpatient costs.

The estimate of private inpatient costs for 2005 is thus $65.8m, with the same age, gender ethnicity and type of arthritis splits estimated as for public inpatient costs.

Total inpatient costs (public and private) are $145.6m.

To provide triangulation for reality checking, the inpatient data per person is compared to similar data for Australia from Access Economics (2005) in Table 2-5.

- In 2004, inpatient costs in Australia were estimated as A$932.4m which, across the 3.37m Australians with arthritis, results in an estimated A$277 inpatient cost per person with arthritis. Converting to 2005 NZ dollars using Australian health cost inflation, demographic growth and purchasing power parity of NZ$1.071=A$1 (OECD, 2005) this is equivalent to NZ$313 per person with arthritis in 2005.
- The New Zealand estimate of inpatient costs per person with arthritis of NZ$279 per person in 2005 is about 89% of the Australian estimate. This fits well with data that suggest that average hospital inpatient stays in New Zealand are shorter than in Australia. For example, OECD data for the most recent 2-year

comparative period available (OECD, 2004) show the average length of stay in New Zealand is 85% of that in Australia.

- The estimate of inpatient cost of arthritis in New Zealand of $145.6m in 2005 thus appears robust.

TABLE 2-5: TRIANGULATION OF INPATIENT DATA

NZ	2003-04	2005
Costs $m	134.5	145.6
Prevalence (people)		521,969
Cost/person NZ$		*279*
Australia	**2004**	**2005**
Inpatient costs A$m	932.4	
Prevalence (people)	3,367	
Cost/person A$	277	292
Cost/person NZ$		*313*

Source: Access Economics.

2.1.4 OUTPATIENT COSTS

The fourth and final step in estimating hospital costs is estimating outpatient costs, where a combination of survey and triangulated top-down data has been used.

Survey data for outpatients were sought by contacting all the District Health Boards with a brief questionnaire (see Appendix D). The DHBs were asked what outpatient services they provided and, for specialist and allied health services, they were asked how many hours of services were provided to people with arthritis who were not inpatients, for their arthritis, and the average cost of these services.

A problem encountered and expressed by DHBs was that they do not code by disease within non-admitted patient systems so have no way of separating patients with arthritis from those without, while noting that patients with arthritis access their services, particularly in relation to follow-up from joint replacement surgery. As such only one DHB was able to respond with data estimates, inadequate for statistical use but the return is summarised below for interest.

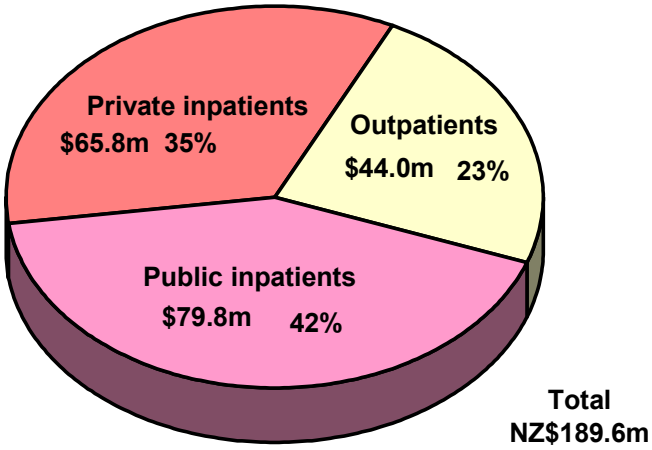
- Specialist medical services, physiotherapy and occupational therapy services are provided as outpatient services for people with arthritis in 2005 through the DHB.
- For specialist services, 750 outpatient hours are estimated to be provided to treat arthritis at an average cost of $245 per hour.
- For allied health services, 1,250 physiotherapy hours and 600 occupational therapy hours are provided at an average cost of $60 per hour.
- The share of beds in this DHB outpatient facility is 0.7% of the total number of beds in New Zealand, with the total estimated as 49,214 beds for 2005 based on modest actual average annual growth rate of 0.5% over the period 1993-2002 projected to 2003-2005.
- A ballpark estimate from these data would imply $25.8m for outpatient specialist services across New Zealand and $15.6m for outpatient allied health services - **$41.4m** in all.

It is recommended that DHBs record outpatient services (patient hours and average costs) are provided by broad disease group, so that the cost-effectiveness of interventions can be compared.

Greater confidence in an outpatient cost estimate was thus deemed to be derived by using the ratio of outpatient to inpatient costs from AIHW data, since clinical practice at the tertiary care level is quite similar in New Zealand and Australia. In Australia outpatient costs are quite robustly estimated as 32.0% of inpatient costs (Access Economics, 2005). Outpatient costs measured through proportionality are estimated as **$46.5m** in 2005. The average of this and the ballpark estimate above is taken as the estimate of outpatient costs in New Zealand **$44.0m**.

Altogether hospital costs for arthritis are thus estimated as $189.6m.

FIGURE 2-3: HOSPITAL COSTS ARTHRITIS, NZ, 2005



2.2 GENERAL PRACTICE COSTS

2.2.1 GP SERVICES ATTRIBUTABLE TO ARTHRITIS

Data were purchased from the Royal New Zealand College of General Practitioners Research Unit, based at the Department of General Practice, University of Otago, to estimate the number of GP consultations for people with arthritis, as well as medications prescribed and referrals, for the most recent year available (2003).

A total of 323,975 consultations (N) with coded diagnoses (read codes) were recorded for all patients in the database in 2003. These consultations represented 131,343 different individuals (58,455 males, 72,842 females and 46 with gender not recorded).

Of the total coded consultations, 8,551 (2.64%) were identified that included at least one Arthritis read code during 2003 (n). This represented 5,047 different individuals (1,851 males and 3,196 females). A matrix of managed conditions in addition to arthritis is presented in Table 2-6. 36% were for arthritis only, while 25.7% were for arthritis and one other condition, 16.6% were for arthritis and two other conditions, and 21.7% were for arthritis and three or more other conditions.

- The 3,076 'arthritis only' consultations represented 2,335 individuals (865 males and 1,470 females).
- 5,113 or 59.8% of the 8,551 consultations are estimated to be attributable to arthritis (3,076+2,199/2+1,422/3+1,854/4) – thus **1.58%** (5,113/323,975) of all GP consultations in New Zealand are attributable to arthritis (the 'attributable fraction').

TABLE 2-6: CONSULTATIONS FOR ARTHRITIS, BY OTHER PROBLEMS MANAGED, 2003

Consultations	Number	% Total
(a) Arthritis only consultation	3,076	36.0%
(b) Arthritis + 1 additional read code	2,199	25.7%
(c) Arthritis + 2 additional read codes	1,422	16.6%
(d) Arthritis + 3 or more additional read codes	1,854	21.7%
(b) + (c) + (d) No. of Arthritis consults with additional read codes	5,475	64.0%
(a) + (b) + (c) + (d) Total No. of Arthritis consults (n)	8,551	100.0%

Source: RNZCGPRU.

Thus RNZCGPRU data provides surprisingly low estimates relative to similar Australian data from Bettering the Evaluation and Care of Health (BEACH), which are nearly four times higher – suggesting 5% of GP visits are due to arthritis. As such, because of coding inconsistencies related to the RNZCGPRU data[8] and the relatively small sample size (less than 2%), Access Economics has adopted an average of the two as the estimate of the attributable fraction – **3.7%**.

The NZHS also found that the mean number of GP visits per annum was 4.0 (95% confidence interval 3.8–4.1) and 8 out of 10 people had visited a GP in the past year.

- This suggests, based on expected 2005 population data, that overall there will be 16,383,920 GP visits in New Zealand in 2005.
- Access Economics notes that this is a much lower rate of visiting GPs overall than in Australia, where average visits per annum per capita exceed 5, although this may relate to relatively tighter funding (Malcolm, 2004).
- On the basis of the NZHS data, **608,260 GP visits in 2005 in New Zealand are estimated as attributable to arthritis**.

2.2.2 GP COSTS

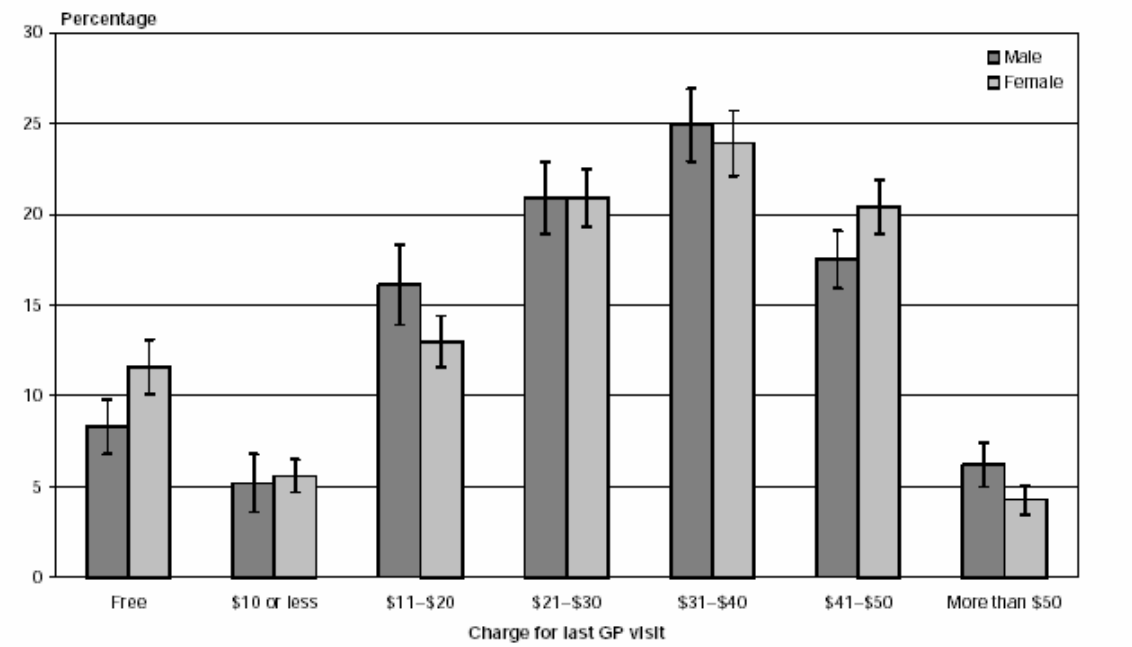
The New Zealand Health Survey (NZHS) contains data on General Practitioner costs, noting:

- Overall, the most common charge for the last GP visit was in the range $31 to $40. One in 10 adults (9.3%; with a 95% confidence interval of 8.3% to 10.3%) was not charged for their last GP visit, while one in 20 adults (5.0%; with a 95% confidence interval of 4.4% to 5.7%) was charged more than $50.

[8] The RNZCGPRU database is comprised of raw data as entered at the time of encounter and thus is subject to error due to incomplete field entries by the provider, as they are not required to code and do it of their own accord. RNZCGPRU note that the discrepancy is likely to relate to doctors not consistently coding all managed problems as well as omitting codes for most (80%) of consultations.

These distributional data were used to identify the mean cost of a GP consultation in 2003 as $27.87 inflated to 2005 using the average health cost inflator to give $29.93 per consultation (Figure 2-4).

FIGURE 2-4: COST OF LAST VISIT TO GENERAL PRACTITIONER, BY GENDER



Source Ministry of Health (2004a). Aged 15 and over. Age-standardised.

Thus the 608,260 visits for arthritis at $29.93 per visits implies **total arthritis-related GP costs in 2005 are $18.2m**.

This is considerably lower than would be expected from Australian data (NZ$40.1m), but is explainable in relation to:

- lower unit costs for GP visits in NZ;
- fewer visits per person overall in NZ;
- a lower apparent attributable proportion of GP visits in NZ to arthritis relative to other conditions.

That said, the **estimate of GP costs it is likely to be conservative, given the small sample size in the RNZCGPRU data**.

2.3 PHARMACEUTICAL COSTS

Pharmaceutical costs are estimated by:

1 utilising price and quantity data purchased from IMS Health to estimate total costs for prescribed and over-the-counter drugs for arthritis; and

2 dosages of different types of pharmaceuticals prescribed using the RNZCGPRU data are also presented for comparison.

2.3.1 IMS DATA

IMS Health is a global company specialising in pharmaceutical market information. In order to analyse data regarding pharmaceutical expenditures, IMS has an international panel of experts (pharmacologists, medical specialists and others) that assess the classification of every drug or compound legally available and assign it an anatomical classification.

In this case the M1 market data were used – M for musculoskeletal, M1A being non-steroidal anti-inflammatory drugs (NSAIDs) and the remainder of M1 being other anti-rheumatic drugs including leflunomide, TNF-inhibitors and methotrexate.

- There are three subsets within the M1A classification – non-steroidal plain, non steroidal combination and Cyclo-oxygenase-2 (COX-2) inhibitors.
- Arthritis patients have also benefited from new PHARMAC spending in recent years. The range of subsidised products has been expanding, with new investments such as leflunomide (Arava), funded since May 2002 and now accounting for some $2.6 million of the pharmaceutical budget (McNee, 2005).
- Etanercept was first funded in New Zealand in 2004 for children with juvenile chronic (rheumatoid) arthritis. The access criteria specify that patients need to be under 18 when they first apply for the drug however access does not halt when patients reach 18 if JCA progresses to rheumatoid arthritis. Humira (adalibumab) and Remicade (infliximab) are other TNF inhibitors.

By selecting the M1 national New Zealand market, the analysis includes all relevant drugs marketed and classified under these categories, although some may be used for purposes other than their arthritis indication. Conversely, some drugs outside the musculoskeletal indication may be used by people with arthritis that are not included in the IMS data (eg, paracetamol). Moreover, the disaggregated data from IMS are limited to retail sales and do not capture direct merchandising (for example, if a manufacturer sold direct to a supermarket chain). Direct hospital sales are also not captured, although these were relatively small (IMS advise around 2.5% of totals in New Zealand).

In an attempt to overcome these data weaknesses, a comparison of a similar data estimate for Australia was provided by IMS and compared with the robust estimate of pharmaceutical expenditure for 2004 provided in Access Economics (2005), with the IMS database found to capture 56.6% of the total.

The estimates from the IMS retail sales search are presented in Table 2-7 and Table 2-8 below, segmented into pharmaceuticals available only by prescription in New Zealand and those available over the counter.

Total retail sales were estimated to be **$22.9m for arthritis pharmaceuticals in the year to March 2005**.

- **$21.5m was spent on prescription drugs**, of which Celebrex and Vioxx together represented 38.9% (capturing the withdrawal of Vioxx during the period).
- **$1.4m was spent on over-the-counter pharmaceuticals**, of which Voltaren represented 89.4%

TABLE 2-7: M1 PRESCRIPTION DRUGS: PRICE, QUANTITY & VALUE, YR TO MAR '05

	Units	Average Price $	Total value $	% share
ANTIRHEUMATIC SYSTEM-M01	902,662	23.81	$21,493,748	100.0%
CELEBREX	163,082	34.80	$5,675,187	26.4%
ARAVA	13,729	223.76	$3,072,065	14.3%
VIOXX	79,448	33.78	$2,683,622	12.5%
APO-DICLOFENAC	68,887	26.59	$1,831,786	8.5%
ARCOXIA	47,431	29.59	$1,403,676	6.5%
BRUFEN	145,116	9.05	$1,313,279	6.1%
TILCOTIL	40,984	19.58	$802,397	3.7%
BEXTRA	25,893	30.44	$788,119	3.7%
VOLTAREN	131,480	4.67	$614,480	2.9%
MOBIC	27,092	21.00	$568,932	2.6%
SYNFLEX	50,510	10.54	$532,576	2.5%
PLAQUENIL	16,284	28.27	$460,349	2.1%
NAXEN	7,531	43.05	$324,210	1.5%
NAPROSYN	17,452	18.53	$323,379	1.5%
RHEUMACIN	21,802	8.38	$182,723	0.9%
ORUVAIL	6,463	27.21	$175,827	0.8%
ENBREL	177	899.96	$159,293	0.7%
SURGAM	9,749	16.24	$158,280	0.7%
D-PENAMINE	1,122	86.23	$96,754	0.5%
MYOCRISIN	442	193.03	$85,319	0.4%
DACLIN	4,079	16.31	$66,548	0.3%
PIRAM-D	9,485	5.09	$48,307	0.2%
DYNASTAT	582	75.00	$43,650	0.2%
ARTHREXIN	2,073	12.00	$24,876	0.1%
RIDAURA	330	70.97	$23,420	0.1%
DICLAX	10,096	2.08	$20,992	0.1%
CLINORIL	611	15.87	$9,697	0.0%
FLAMERIL	657	4.71	$3,095	0.0%
ORUDIS	18	19.61	$353	0.0%
NIVAQUINE	45	7.67	$345	0.0%
FROBEN	11	18.18	$200	0.0%
INDOCID	1	12.00	$12	0.0%

Source: IMS Health.

TABLE 2-8: M1 OVER-THE-COUNTER DRUGS: PRICE, QUANTITY & VALUE, YR TO MAR '05

	Units	Average Price $	Total value $	% share
ANTIRHEUMATIC SYSTEM-M01	228,368	6.30	$1,437,890	100.0%
VOLTAREN RAPID	204,904	6.27	$1,284,789	89.4%
SONAFLAM	13,292	6.26	$83,143	5.8%
ORAFLAM	7,843	5.57	$43,703	3.0%
ZINAXIN	556	31.26	$17,381	1.2%
APO-DICLOFENAC	1,772	5.00	$8,860	0.6%
BIOZONE JOINT EASE	1	14.00	$14	0.0%

Source: IMS Health.

Factoring up these retail-only sales by 100/56.6% provides an estimate for **total pharmaceutical expenditure on arthritis for 2005 of $40.5m**.

Again this is considerably lower than expected, about half the per capita expenditure in Australia, while noting that:

- Australia has experienced rapid pharmaceutical growth in recent years and, in particular, considerable 'leakage' in expenditure on Celebrex and Vioxx in 2000-01, the year on which the Australian data are based and before the withdrawal of Vioxx, which may drive a wedge between Australian and New Zealand expenditure.
- New Zealand differs from many countries in the way it funds and manages spending on prescription medicines, by defining an annual pharmaceutical budget and establishing an agency to manage spending within it. This was in response to the high and rapidly rising costs of medicines through the 1980s and early 1990s, and the result has been that overall pharmaceutical spending is relatively lower than elsewhere (McNee, 2005).
- The effects of etanercept listing do not seem to have worked through fully in New Zealand yet, and this element may grow in the near future.

As with the estimate of GP costs, the pharmaceutical cost estimate should be considered as a conservative lower bound.

2.3.2 RNZCGPRU DATA

Of the 3,076 consultations where arthritis was the only managed condition, 1,843 (59.9%) resulted in prescriptions obtained on the same date for 1,514 different individuals. A total of 265 different drug types were prescribed for these consultations. The total number of individual drug prescriptions was 4,093 (a ratio of 1.33 per arthritis consultation). Extrapolating this to the whole New Zealand population suggests over 800,000 scripts with an average price per script of $23.81 (from the IMS data) - $19.3m in total for prescription drugs – **similar to the IMS estimate** of $21.5m for this element.

Table 2-9 shows the 20 drugs most frequently prescribed in arthritis-related consultations with calculated average daily dose, relative to the same drugs prescribed to the total population (N). Appendix C (Table C-1) gives the number of prescriptions and average daily doses for all 265 drugs. Note that some doses could not be calculated due to lack of data from prescribers, some drugs are prescribed at less than the rates in the general population and, particularly for the latter category, some of the drugs prescribed appear to be for non-arthritic conditions. All the top 20 drugs are associated with arthritis treatment to varying degrees, noting that they are classified by active ingredients rather than brand name.

- Diclofenac sodium – is the generic name of Voltaren, Apo-Diclofenac, Apo-Diclo, Diclax, Flameril, Anfenax and other NSAIDs with that active ingredient.
- Dextropropoxyphene - is an analgesic in the opioid category that is used to treat severe pain in rheumatoid arthritis
- Naproxen – is the generic name of Naprosyn and Synflex (also available over-the-counter as Naprogesic and Sonaflam) and other NSAIDs with that active ingredient.
- Rofecoxib – Vioxx.
- Celecoxib – Celebrex.

- Methotrexate – is an antimetabolite drug used to treat rheumatoid arthritis (Rheumatrex, Trexall).
- Triamcinolone acetonide is a synthetic corticosteroid - corticosteroids decrease inflammation and thus help control a wide number of disease states, including allergic reactions, inflammation of the lungs in asthma and inflammation of the joints in arthritis.
- Ibuprofen (prescription brand names I-Profen and Brufen, also available over-the-counter as Nurofen, Act-3 and Panafen) is another NSAID for arthritic pain and inflammation.

TABLE 2-9: TOP 20 DRUGS PRESCRIBED, ARTHRITIS RELATIVE TO TOTAL, 2003

Drug name	% Difference in share	Number		% Total		Average daily dose	
		Arthritis	Total (N-n)	% Arthritis		Arthritis	Total (N-n)
diclofenac sodium	6.29	392	10198	9.58	3.29	139mg	140.5mg
Dextropropoxyphene with Paracetamol	2.43	141	3130	3.44	1.01	420mg	429mg
Naproxen	2.16	122	2524	2.98	0.82	904mg	992mg
Rofecoxib	2.07	95	776	2.32	0.25	20mg	25mg
Celecoxib	1.88	87	769	2.13	0.25	213mg	222mg
Methotrexate	1.84	77	109	1.88	0.04	10mg	10mg
triamcinolone Acetonide	1.67	80	877	1.95	0.28	topical	17mg
Ibuprofen	1.64	123	4257	3.01	1.37	1268mg	1090mg
Paracetamol	1.47	271	15937	6.62	5.15	3541mg	3592mg
Omeprazole	1.46	156	7282	3.81	2.35	26mg	26mg
Tenoxicam	1.41	67	709	1.64	0.23	20mg	20mg
folic acid	1.10	56	833	1.37	0.27	3mg	3mg
Prednisone	1.02	103	4654	2.52	1.5	18mg	30mg
Calcium Carbonate	1.02	61	1458	1.49	0.47	1.8g	1.8g
Amitriptyline	0.89	66	2234	1.61	0.72	30mg	28mg
Codeine	0.87	53	1312	1.29	0.42	93mg	98.5mg
Paracetamol with Codeine	0.84	75	3078	1.83	0.99	3723mg + 60mg	2963mg + 47mg
Etoricoxib	0.78	36	323	0.88	0.1	82.5mg	92mg
Tramadol	0.77	44	948	1.08	0.31	188mg	194mg
Sulphasalazine	0.63	27	99	0.66	0.03	1962mg	2011mg

Source: RNZCGPRU.

2.4 PATHOLOGY AND DIAGNOSTIC IMAGING COSTS

2.4.1 PATHOLOGY

The RNZCGPRU data provided pathology referrals by type for the arthritis-related consultations and also for these same referrals in the general 2003 patient population.

Of the 3,076 consultations where arthritis was the only managed condition, 414 (13.5%) resulted in a referral for laboratory tests on the same date. This represented a total of 379 different individuals. A total of 8,616 laboratory tests were undertaken for these consultations, representing 132 different types of laboratory test and in a ratio of **2.8 tests per arthritis consultation**.

Table 2-10 shows the top 20 laboratory referrals (40% of all referrals) for the arthritis patients relative to the general population. Appendix C (Table C-2) gives results for all 132 different laboratory tests for which the arthritis patients were referred.

TABLE 2-10: TOP 20 LABORATORY REFERRALS, ARTHRITIS RELATIVE TO TOTAL, 2003

Lab test type	% Difference in share	Number		% Total	
		Arthritis	Total (N-n)	% Arthritis	% Total (N-n)
Glycosylated haemoglobin	4.21	366	196	4.25	0.04
Eosinophil antibodies	3.84	343	679	3.98	0.14
Erythrocyte sedimentation rate	3.07	268	216	3.11	0.04
Rheumatoid Factor	2.15	203	1016	2.36	0.21
Aspartate Aminotransferase	2.14	184	11	2.14	0
Gamma-glutamyl transpeptidase	2.11	182	8	2.11	0
C-Reactive Protein	1.93	227	3402	2.63	0.7
Anti Nuclear Antibodies	0.95	91	526	1.06	0.11
Urea	0.72	216	8678	2.51	1.79
Globulin	0.69	168	6102	1.95	1.26
Ferritin	0.67	82	1377	0.95	0.28
Anti-dsDNA antibodies	0.51	51	388	0.59	0.08
Mean corpuscular hemoglobin	0.46	256	12141	2.97	2.51
Mean corpuscular volume	0.46	256	12141	2.97	2.51
Antinuclear Antibody Test	0.41	39	174	0.45	0.04
Folate	0.37	41	512	0.48	0.11
Leukocytes	0.24	371	19693	4.31	4.07
Antibody	0.21	20	80	0.23	0.02
antibody test – RNP	0.21	20	79	0.23	0.02
antibody test - SCL-70	0.21	20	82	0.23	0.02

Source: RNZCGPRU. (Fasting status was returned in the top 20 but deleted as it is an information code rather than a costed service.)

Using the data from RNZCGPRU for the number of arthritis consultations, it is estimated there would be 1,703,760 tests in 2005.

The average price for these top 20 referrals was based on telephone calls to a sample of major New Zealand pathology providers. The estimated average price of the tests was $10.84.

The estimate of **pathology costs for arthritis for 2005 is thus $18.5m**.

This is some 50% higher than expectations, but reasonably so since pathology is provided through multiple funding methods by both the public and private sectors, so there can be incentives that increase relative volumes and costs for pathology in New Zealand (France et al, 2003).

2.4.2 DIAGNOSTIC IMAGING

In the RNZCGPRU database, referrals for X-rays and diagnostic scans (eg magnetic resonance imaging) are listed with laboratory referrals in a patient record. Appendix C (Table C-2) shows that of the arthritis consultations, only one X-ray referral and six general radiology referrals were given. No referrals for scans were issued. In the general population, 498 radiology referrals were given. This is an unexpectedly low

result and a possible explanation from RNZCGPRU is that some doctors may not be using electronic methods to record X-ray and scan referrals. As such, these data were not utilised in the costing – rather, survey data were sought.

Survey data for diagnostic imaging, as with outpatients, were requested from District Health Boards through a brief questionnaire (see Appendix D). The DHBs were asked how many hours they provided diagnostic imaging services to people with arthritis in relation to their arthritis in the most recent year and the average cost per hour of the services. However, as with outpatients, the sample size was inadequately small to be of use, while noting that, of the data received, indications were that X-ray costs were approximately equivalent to those of bone scans and MRI.

The method thus used to estimate diagnostic imaging costs is based on the relative ratio of imaging to pathology from Australian data (Access Economics, 2005), where imaging costs are derived as 4.2 times the costs of pathology for people with arthritis, deflated to allow for the high pathology estimate (60% greater than expectation).

The estimate for diagnostic imaging in 2005 is thus $48.5m and the cost for pathology and imaging together is $66.9m.

2.5 RESEARCH COSTS

There are no data available on overall expenditure (private and public sector) on health and medical research by disease/condition in New Zealand. The approach adopted was thus to:

1 estimate public sector expenditure from data supplied by the Health Research Council of New Zealand (HRC); and

2 estimate private sector expenditure from OECD estimates of NZ relativities.

HRC undertook a search for research projects that it had sponsored based on the search terms:

- arthritis
- arthritic
- arthrosis
- arthropathy/ies
- ankylosing
- spondylosis
- spondylopathy/ies
- synovitis
- tenosynovitis
- osteoarthritis
- rheumatoid
- systemic lupus
- gout

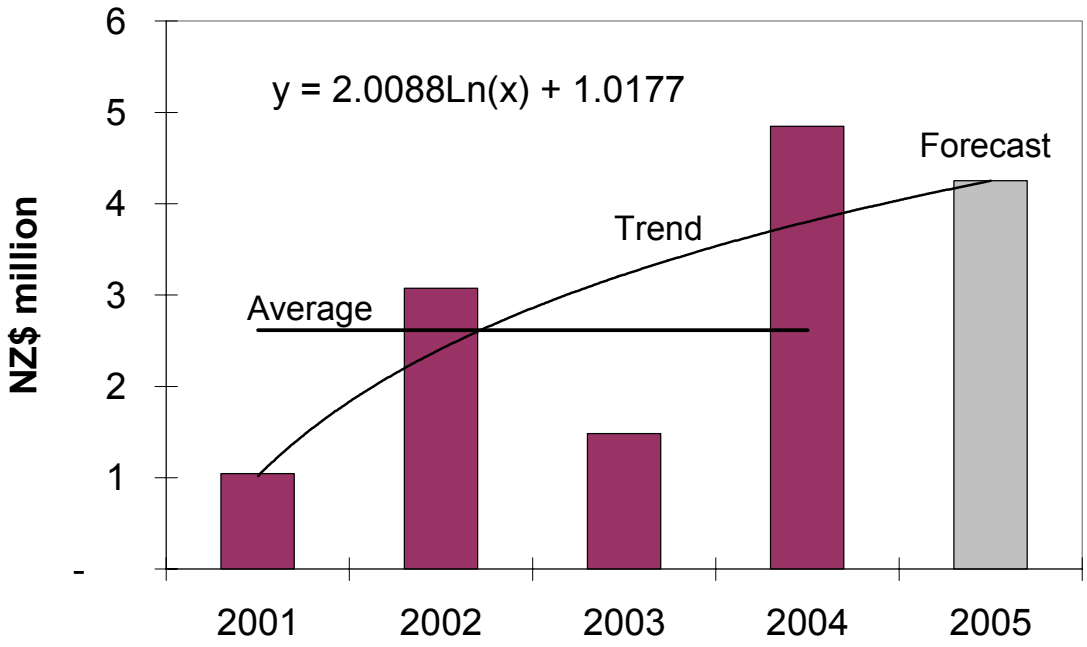
A list of the ICD-10 codes used to define arthritis assisted with the search. Projects were requested to include applied research as well as 'basic' or 'developmental' level research that would also provide primary benefits to people with arthritis – for example, studies of inflammatory processes, or public health/management studies to educate or assist people in the management of their arthritis. Projects identified for the years 2001-2004 are summarised in Table 2-11, with a total cost of $10.5m over the four years and an average cost of $2.6m.

TABLE 2-11: HRC RESEARCH PROJECTS RELATING TO ARTHRITIS, 2001-2004, $

Year	Title	$
2004	Comparative mapping in human and mouse to characterise the IDDM6 autoimmune disease locus	$1,558,149
2004	Viral virulence and pathogenicity: Multi-component manipulation of host physiology	$3,290,558
2003	Genetics of Rheumatoid Arthritis and Gout in New Zealand Mäori	$102,550
2003	Development of mesenchymal stem cell therapies in a cartilage repair model	$1,381,308
2002	Oxidants, antioxidants and inflammatory diseases	$1,922,000
2002	Biomechanical vulnerability of the joint tissues with respect to maturity and degree of degeneration	$396,253
2002	Identification of a novel obesity gene	$758,335
2001	Chromosome 18 and susceptibility to autoimmune disease	$1,045,624
Total		**$10,454,778**
Average		**$2,613,694**

The HRC-sponsored research has been increasing, with trend growth for recent years illustrated in Figure 2-5.

FIGURE 2-5: HRC RESEARCH PROJECTS RELATING TO ARTHRITIS, 2001-2004, $M



Extrapolating trend growth to 2005 provides our estimate of public-funded research for this year. The trend growth curve approximates y = 2Ln(x) + 1; for 2005 **the estimated public research spending on arthritis is thus $4.25m**.

The private sector research spend estimate is based on proportionality from a 12-country comparison by the OECD of health R&D in New Zealand and other member countries (OECD, 2004). This study showed the ratio of private health R&D in NZ as 1.33 times public health R&D for the most recent year provided. **The estimate of private arthritis R&D is thus $5.67m and of total arthritis R&D $9.92m in 2005**.

2.6 OTHER COSTS FROM SURVEY DATA

As noted above, survey methods and questions are provided at Appendix D.

2.6.1 SPECIALIST COSTS

As at October 2003, there were an estimated 251,211 people per rheumatologist in New Zealand, lower than published recommendations, international service provision and lower than the level found in a 1999 New Zealand survey (Harrison, 2004). By 2005, this rate equates to (only) 16.3 full time equivalent rheumatologists in the country.

Seven of the ten rheumatologists surveyed responded to the questionnaire regarding hours worked in the non-hospital sector (to avoid double-counting with outpatient costs) and costs per hour. Due to the small sample size, for confidentiality reasons these data are not presented. Extrapolating these data to the population, **estimated non-hospital rheumatology costs in 2005 are only $2.8m.**

The Medical Council of New Zealand (2005) estimated that there were 230 orthopaedic surgeons in the New Zealand workforce in 2003. However, the New Zealand Orthopaedic Association provided an estimate of 180 orthopaedic surgeons practising in New Zealand in 2005.

Five of the ten orthopaedic surgeons surveyed responded to the questionnaire regarding hours worked in the non-hospital sector (again to avoid double-counting with outpatient costs) and costs per hour. As with rheumatologists, due to the small sample size, for confidentiality reasons these data are not presented. Extrapolating these data to the population, **non-hospital orthopaedic surgery costs in 2005 are estimated to be $21.8m.**

While other specialists may treat people with arthritis outside of the hospital system, these costs are likely to be very small and difficult to ascertain, and thus have not been estimated. **Total medical specialist costs for people with arthritis in New Zealand are thus estimated as $24.7m in 2005**.

While noting that the sample size of 12 specialists is relatively small, the result is 32% higher than the per capita cost of medical specialists in Australia, suggesting a possibly greater reliance on specialists relative to primary care in New Zealand for treating arthritis compared to Australia, and possibly also higher relative unit costs. Alternatively, since arthritis hospital outpatient costs are estimated to be lower in New

Zealand than in Australia per person, there may be a different mix of arthritis specialist services provided through outpatient or private facilities in the two countries.

2.6.2 ALLIED HEALTH COSTS

Allied health is defined in New Zealand as "an area of health, such as pharmacy, physiotherapy and occupational therapy, most often based in the community, that does not include doctors and nurses" (Health Workforce Advisory Committee, 2003).

Allied health professionals who would treat people with arthritis for their arthritis are likely to mainly comprise physiotherapists and occupational therapists. An allowance of 33% of the total was provided for other allied health workers who may work with people with arthritis for their arthritis-related issues (eg, social workers, psychologists). There are an estimated 1,300 registered psychologists (NZ Psychologists Board) and over 8,000 social workers (Aotearoa New Zealand Association of Social Workers).

The Physiotherapy Board of New Zealand (2004) noted that over 2,800 annual certificates to practise were distributed in the year 2003. By 2005 the Physiotherapy Board provided a verbal estimate of 2,900 practising physiotherapists.

The New Zealand Occupational Therapy Board website provides a public register of active occupational therapists, of which there were 3,018 listed in May 2005[9].

Four responses were received from physiotherapists and occupational therapists surveyed regarding hours worked in the non-hospital sector (to avoid double-counting with outpatient costs) and costs per hour. Due to the small sample size, for confidentiality reasons these data are not presented. Extrapolating these data to the population, **estimated allied health costs in 2005 are $65.0m.** This estimate should be treated with caution due to the small sample size.

2.6.3 AGED CARE COSTS

Survey responses in relation to aged care were inadequate to estimate the aged care cost element of arthritis. Proportionality from Access Economics (2005) was therefore used to estimate this element. The ratio of aged care costs to all other health costs so derived was 16.8%. Applying this to the sum of cost elements above provides an **estimate of the aged care costs for people with arthritis in New Zealand in 2005 of $69.7m**.

It is noted that this is only an approximation since either differences in the institutionalisation of people with arthritis or in relative cost structures for residential care may cause variation.

2.7 SUMMARY OF HEALTH SYSTEM COSTS

A summary of the health system costs derived from the discussion so far in Chapter 2 is provided in Table 2-12 and Figure 2-6.

[9] See **http://www.occupationaltherapyboard.org.nz/therapists.php?letter=A**

- Total 'allocated' costs are estimated to be $484.6m in 2005.
- However, this excludes around 14% costs that are not allocated in recurrent spending – namely, capital expenditures, expenditure on community health, public health programs, health administration and health aids and appliances. Allowance is made for the unallocated component by factoring up for these costs in the manner adopted by the AIHW (AIHW, 2005) – the factor, based on Australian data and used in Access Economics (2005) is 100/(100-14)=16.3%
- The 'unallocated' component, comprising the administrative and other items detailed above, is estimated as $78.9m in 2005 for arthritis.

Total health costs of arthritis for 2005 are thus estimated to be $563.5m.

- Hospital costs represent around one third of total costs.
- Pathology and imaging is estimated to be 12%, while aged care and allied health are each also around 12% of the total.

TABLE 2-12: SUMMARY OF HEALTH COSTS OF ARTHRITIS, NEW ZEALAND, 2005

Health cost element	2005 $m	% total
Public inpatients	79.8	14.2%
Private inpatients	65.8	11.7%
Total inpatients	145.6	25.8%
Outpatients	44.0	7.8%
Total hospital	*189.6*	*33.6%*
GPs	18.2	3.2%
Pharmaceuticals	40.5	7.2%
Pathology & imaging	66.9	11.9%
Specialists	24.7	4.4%
Research	9.9	1.8%
Aged Care	69.7	12.4%
Allied Health	65.0	11.5%
Sub-total allocated	**484.6**	**86.0%**
Unallocated (administrative, capital, public health etc)	78.9	14.0%
Total	**563.5**	**100.0%**

FIGURE 2-6: SUMMARY OF HEALTH COSTS OF ARTHRITIS, NEW ZEALAND, 2005

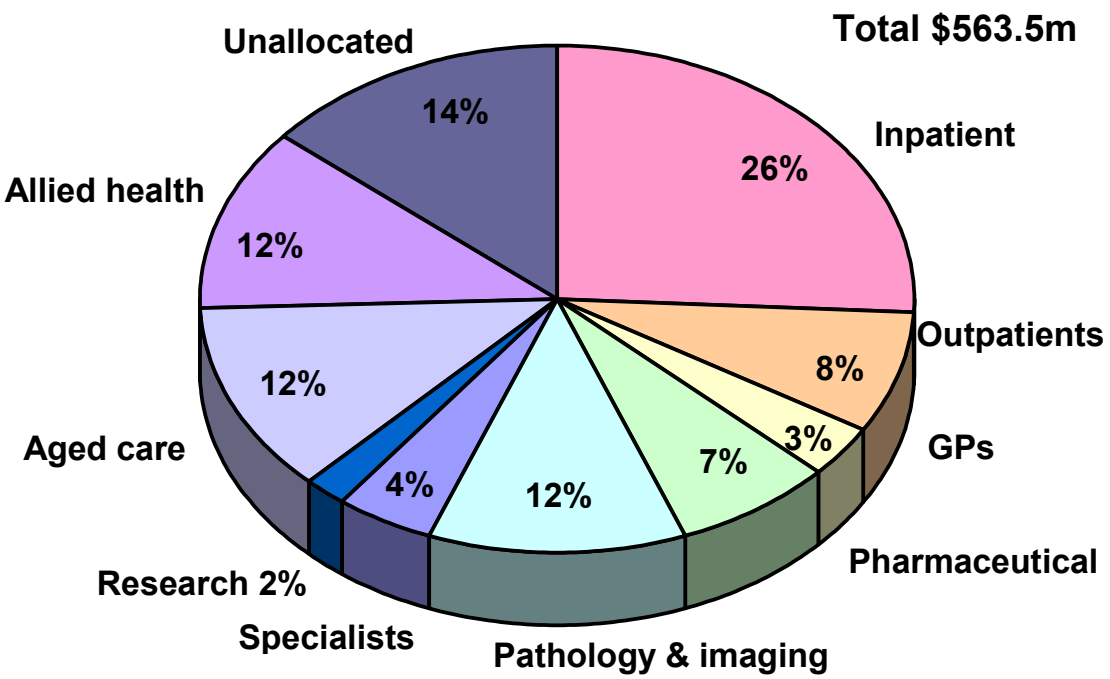


Figure 2-7 compares the relative shares of different cost items between New Zealand and Australia, highlighting less relative expenditure on hospitals, GPs and pharmaceuticals in New Zealand and higher relative expenditure on pathology and imaging, specialists and allied health. Similar trends are apparent in per capita spending for people with arthritis (Figure 2-8).

FIGURE 2-7: SHARE OF HEALTH COSTS BY TYPE OF COST, NZ & AUSTRALIA (% TOTAL)

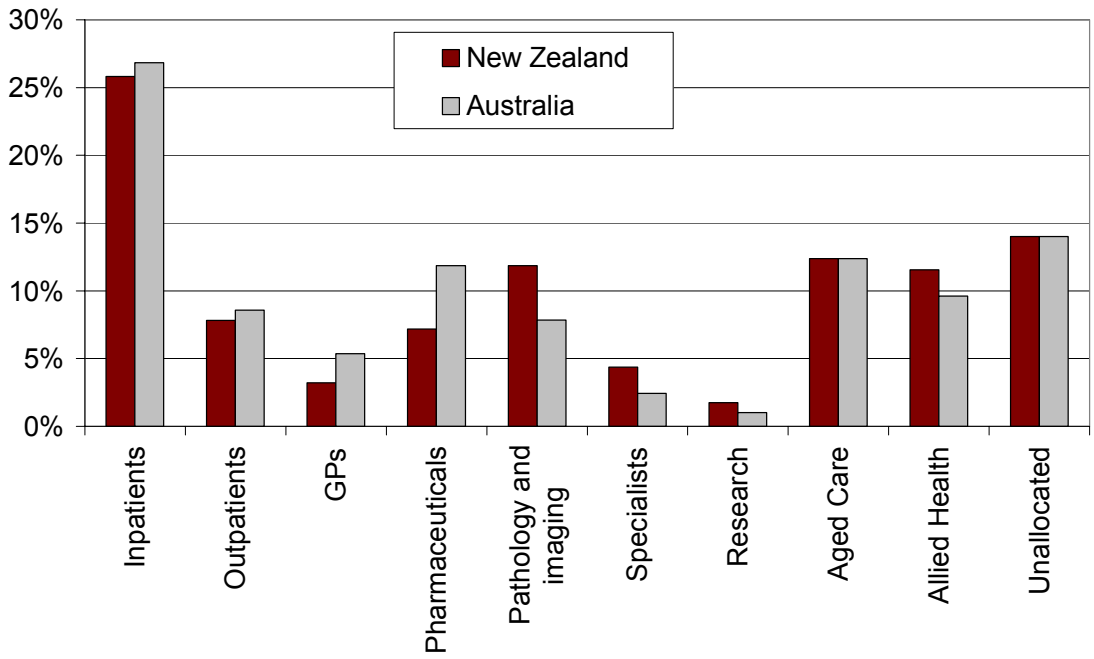
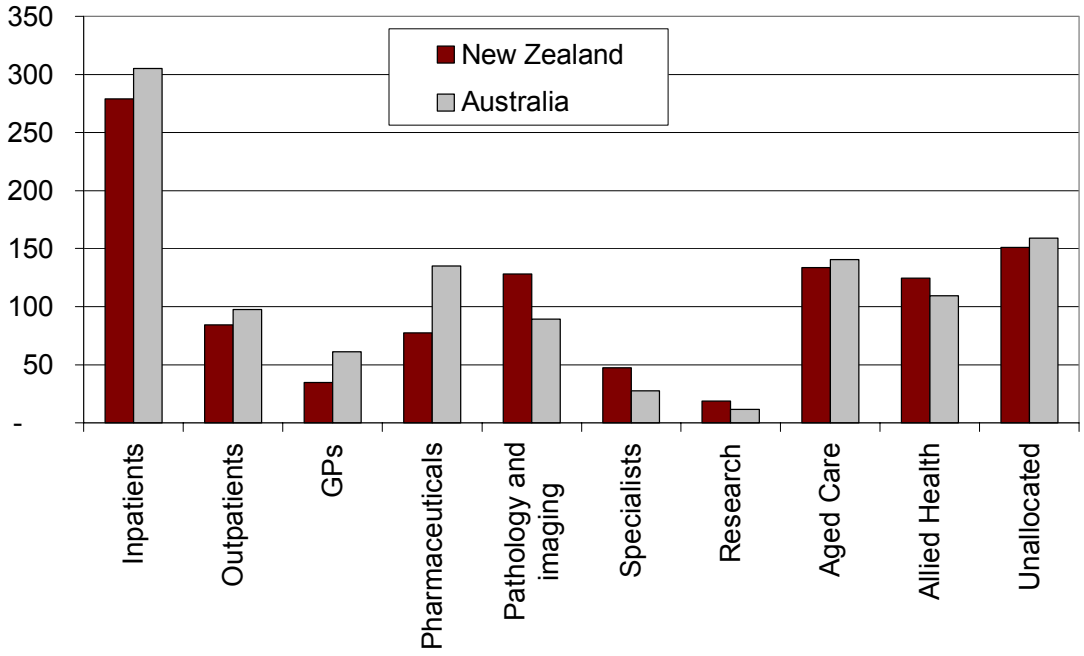


FIGURE 2-8: PER CAPITA HEALTH COSTS BY TYPE OF COST, NZ & AUSTRALIA (NZ$, 2005)



Per person with arthritis, total health spending in New Zealand is estimated to be 95% of that in Australia.

- In 2005 **health spending is $1,080 per person with arthritis** per annum (compared to NZ$1,137 in Australia).
- Health spending on arthritis represents **0.39% of GDP** (compared with 0.42% of GDP in Australia).[10]

[10] GDP estimate for NZ based on **http://www.treasury.govt.nz/nzefo/2005/selected.asp** . For Australia, Access Economics (2005).

3. INDIRECT COSTS

The World Health Organization and cost of illness studies in the past have typically classed indirect costs as all those costs that are not direct health system costs, the approach adopted here. More recently, the importance of making the economic distinction between real and transfer costs has been recognised.

- **Real costs** use up real resources, such as capital or labour, or reduce the economy's overall capacity to produce goods and services.
- **Transfer payments** involve payments from one economic agent to another that do not use up real resources, for example, a disability support pension, or taxation revenue. These payments impact more on the distribution, rather than total level of wellbeing in society.

Transfer costs are important when adopting a whole-of-government approach to policy formulation and budgeting. Measurement of indirect costs remains a matter of some debate and controversy. In this report, we estimate **two types of indirect costs of arthritis**.

- **Financial costs** (this section) include lost production from arthritis-related morbidity and the associated deadweight taxation losses), and other financial costs eg, carers, aids and home modifications for those disabled.
- **Non-financial costs** (Section 4) derive from loss of healthy life—the pain, premature death and loss of life quality that result from arthritis. These are more difficult to measure, but can be analysed in terms of the years of healthy life lost, both quantitatively and qualitatively, known as the 'burden of disease', with an imputed value of a 'statistical' life so as to compare these costs with financial costs of arthritis.

3.1 PRODUCTIVITY LOSSES

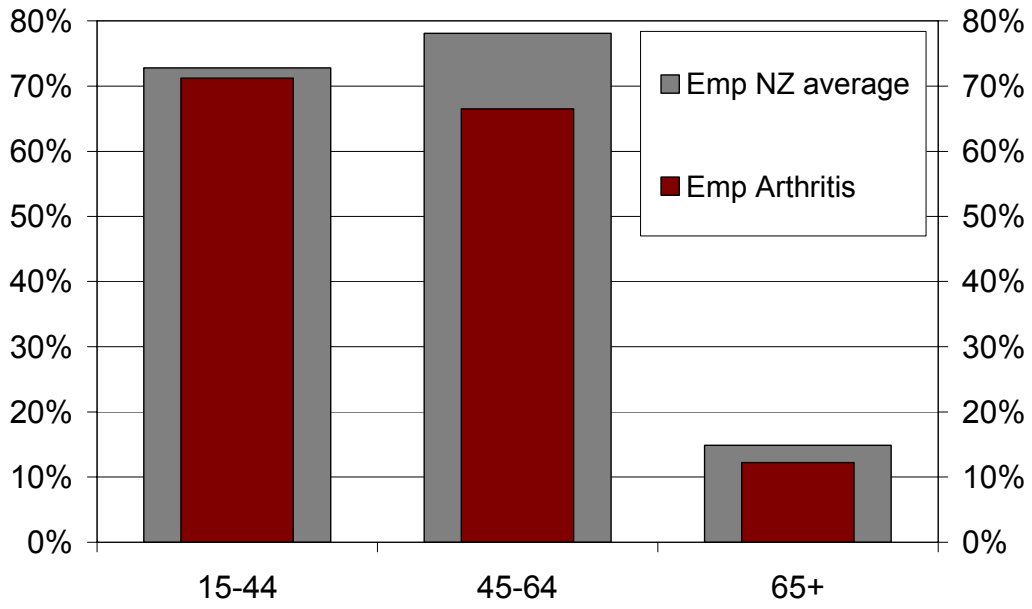
Access Economics measures the lost earnings and production due to both illness and premature death using a 'human capital' approach. The lower end of such estimates includes only the 'friction' period until the worker can be replaced, which would be highly dependent on labour market conditions and un(der)employment levels. In an economy operating at near full capacity, as New Zealand is at present, a better estimate includes costs of temporary work absences plus the discounted stream of lifetime earnings lost due to early retirement from the workforce. In this case, it is likely that, in the absence of illness, people with arthritis would participate in the labour force and obtain employment at the same rate as other New Zealanders, and earn the same average weekly earnings. The implicit and probable economic assumption is that the numbers of such people would not be of sufficient magnitude to substantially influence the overall clearing of the labour market, thus making a net addition to the productive capacity of NZ.

3.1.1 LOWER WORKFORCE PARTICIPATION

Overall, New Zealanders with arthritis are less likely to be employed than those without arthritis. Figure 3-1 shows that rates of employment among people with arthritis are lower than for people of the same age who do not have arthritis. Moreover, for people aged 45-64, who account for around 39% of all New Zealanders with arthritis, the rate

of employment is significantly lower. These years also tend to be when people are at their most productive, receiving higher wages.

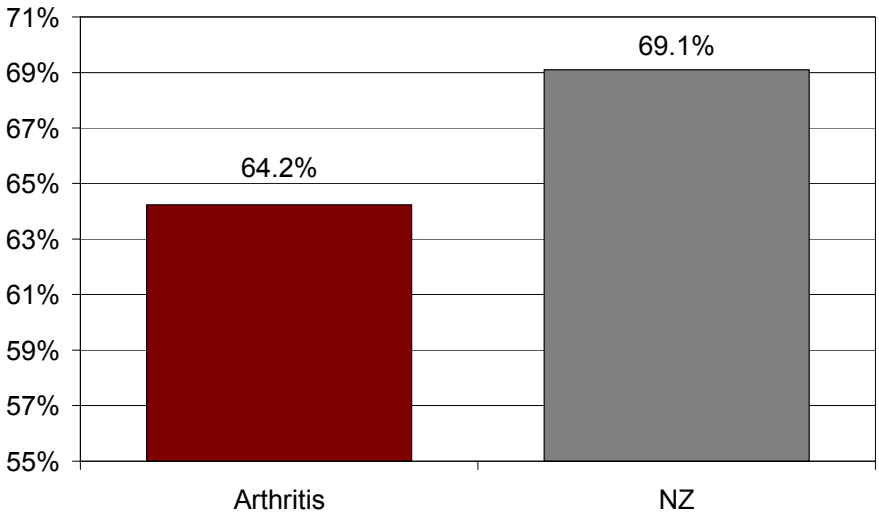
FIGURE 3-1: EMPLOYMENT RATES BY AGE, NEW ZEALAND, 2003



Source: Access Economics based on a special data request from Ministry of Health *NZHS.*

Arthritis is known to be more prevalent in female, older people and people of Mäori descent. All these groups also tend to have lower levels of workforce participation and employment than the average New Zealand population. For this reason it is necessary to standardise for the differences in age, gender and ethnic background between the two groups. As Figure 3-2 shows, when these compositional differences are accounted for, the overall rate of employment for people with arthritis is 64.2%. This is 4.9% lower than the rest of the New Zealand population at the same time. Assuming that, in the absence of arthritis, these people would obtain employment at the same rate as other New Zealanders, we can attribute the entire 4.9% difference in employment rates to the disabling effects of arthritis.

FIGURE 3-2: AGE-STANDARDISED EMPLOYMENT RATE, NZ, 2003



In 2005, if 4.9% of people with arthritis were not working due to their arthritis, this would equate to 25,440 people. It is assumed that if they were employed, these people would, on average, earn the same average weekly earnings as other New Zealanders. In March 2005 the average weekly total earnings for a New Zealander was $794.83 (Statistics New Zealand, 2005a,b), including full-time and part-time earnings. As Table 3-1 shows, **the total value of these lost earnings would be $1,053.6m in 2005**.

TABLE 3-1: COST OF REDUCED EMPLOYMENT, NEW ZEALAND, 2005

	2005
People not employed due to arthritis	25,440
Average weekly earnings	$794.83
Lost earnings due to lack of workforce participation	$1,053.6m
Lost earnings due to increased absenteeism	$17.9 m
Total productivity losses	**$1,071.6 m**

3.1.2 TEMPORARY WORK ABSENCES

As well as premature workplace separation, some people with arthritis will take temporary leave from work (eg, for joint replacement surgery) without exiting the workplace entirely. In New Zealand, no data is collected on the level of excess temporary absenteeism resulting from arthritis. Access Economics has previously estimated, based on Australian data, that the cost of reduced earnings due to arthritis-related absenteeism is around 1.7% of the cost due to reduced workforce participation (Access Economics, 2005). If a similar ratio holds for New Zealand, **the cost of absenteeism would be $17.9 million in 2005, and total productivity losses due to arthritis will be over $1.07 billion.**

3.1.3 TAXATION REVENUE FOREGONE

People with arthritis who work less or retire early not only forego income, but also pay less personal income tax. To the extent that people with lower incomes also consume a smaller set of goods and services, indirect taxes levied on consumption will also fall.

While these effects would best be calculated in the context of a general equilibrium model of the economy, a partial equilibrium estimate can be obtained using average tax rates as follows.

Personal income tax foregone is estimated as a product of the average personal income tax rate (22%, as estimated in the Access Economics macroeconomic model estimate for 2005) and the foregone earnings. With arthritis and lower income, there will be less consumption of goods and services, estimated up to the level of the disability pension ($193.17 per week is used, the average of single and each member of a couple's maximum adult invalid benefit rate per week, with rates from 1 April 2005 obtained from **www.workandincome.govt.nz**). Without arthritis, it is conservatively assumed that consumption would comprise 90% of income (the savings rate may well be lower than this). The indirect tax foregone is estimated as a product of the foregone consumption and the average indirect tax rate, proxied as the current rate of GST in New Zealand, 12.5%. This estimate of taxation foregone is conservative since the average tax rate of people with arthritis may be less than the average tax rate of people across Australia, since more of them may work part time and their average incomes (and hence marginal tax rates) may thus be lower.

Table 3-2 shows that **the potential tax revenue foregone in 2005, due to people with arthritis working less or leaving the workforce, is $306.9 million**. Of this $235.7 million (76.8%) is foregone personal income tax and the remaining $71.2 million (23.2%) is foregone indirect tax.

Lost taxation revenue is not in itself a real economic cost, but a transfer payment. Taxation payments transfer income from individual members of society to the Government who then transfers it again to other members of the community through the welfare system and government services. However, in reality these transfers are not costless to orchestrate. For example, administration of a taxation system has costs. In Australia, a comparison of the total amounts spent and revenue raised in 2000-01, relative to the Commonwealth department running costs, suggests that administration costs account for 1.25% of each taxation dollar raised (Access Economics, 2005).

Even greater costs are incurred due to the distortionary impact that taxation has on workers' work and consumption choices. Work by the Australian Productivity Commission (2003, p6.15-6.16 with rationale) found the efficiency cost (or deadweight loss – DWL) associated with these distortions amounts to 27.5% of each tax dollar. In New Zealand, studies by Diewert and Lawrence (1994, 1995, 1996) found that in 1991 the deadweight loss associated with personal income tax was 18% and for consumption taxes around 14%. They also noted that the DWLs associated with labour taxation increased from 5% to over 18% in the 20 years up to 1991.

In this report, we use the 18% for the estimate of the deadweight losses, noting that that it may be a conservative estimate in view of another study (McKeown and Woodfield, 1995) based on 1988 data that generated estimates ranging from 24.6% to 146.2% of taxes raised. Neither estimate includes possible DWLs from the taxation of income earned on capital (appropriate in this application), or administration and compliance costs (unfortunate in this application). The use of 18% balances the upside risk that the DWLs have continued to increase since 1991 against the downside risk that tax raised from non-labour sources has lower associated DWLs.

Table 3-2 shows that **the DWL associated with the additional taxation required is $55.2m in 2005**.

TABLE 3-2: COST OF FOREGONE TAXATION, NEW ZEALAND, 2005

Average personal income tax rate	22.0%
Potential personal income tax lost	$235.7m
Average indirect tax rate	12.5%
Potential indirect tax lost	$71.2m
Total lost tax revenue	**$306.9m**
Deadweight loss from additional taxation	18.0%
DWL from additional taxation	**$55.2m**

3.2 INFORMAL AND FORMAL COMMUNITY CARE

A significant number of people with arthritis will receive informal care from family and friends as either a substitute for or complement to care provided through the formal health sector. However estimates of the health sector costs set out in the previous chapter include only the resources utilised by the formal sector to provide assistance to New Zealanders for their arthritis. As informal care is unpaid it is sometimes also thought of as free. However, the time devoted by a carer is time they cannot use for other activities such as paid employment or leisure activities.

It is noted that, as with the approach to production losses, this analysis is partial (rather than a general equilibrium approach) and that an implicit principle is that the economy is operating at full capacity (and therefore carer tasks are a net resource cost). In this context, there are several possible methods for valuing the time foregone by caregivers including:

- **Opportunity cost**: the value of wages foregone;
- **Replacement valuation**: the cost of buying a similar amount of services from the formal care sector; and
- **Self-valuation**: what carers themselves feel they should be paid.

Due to the lack of information about the demographic characteristics of carers of New Zealanders with arthritis, Access Economics has first estimated the replacement valuation and from this derived an estimate of the opportunity cost valuation approach, noting that replacement valuation will always give higher results than the other two methods.

3.2.1 HOURS OF COMMUNITY CARE PROVIDED

In New Zealand, as in other countries, there are few robust data on the need and use of carers, by people with arthritis for their arthritis. The NZHS asked people whether they had reduced time spent, or had difficulty with regular daily activities as a result of their physical health. Daily activities could include work, housekeeping and looking after a child or other person. Responses of people with arthritis are set out in Table 3-3.

TABLE 3-3: EFFECT OF PHYSICAL HEALTH ON DAILY ACTIVITIES, NEW ZEALAND, 2003

Type of arthritis	Reduced time spent on activities (%)	Had difficulty performing activities (%)
Rheumatoid arthritis	32.1	46.5
Osteoarthritis	32.2	44.9
Gout	26.1	27.9
Other arthritis	32.7	37.9
All arthritis	29.8	41.3

Source: Special data request from the MoH 2003 NZHS

A Dutch study of rheumatoid arthritis patients (Brouwer et al, 2004) found approximately 50% of patients receive some level of informal care from their partner. These informal care-givers spent, on average, 27.4 hours per week providing care, comprising around 15 hours per week on household tasks such as shopping, cleaning and other household chores and 12.4 hours per week assisting the patient with the activities of daily living (ADL). Informal care was supplemented with formal assistance with household tasks in 24% of cases (around 13% of all patients) for an average of 4.5 hours per week and for ADL in 3.9% of cases (2.0% of all patients) for an average of 2.5 hours per week. In addition, 6.1% of patients receiving informal care were on a waiting list for formal care.

Using the relative need for assistance for different types of arthritis from the NZHS together with the Dutch study results, it is possible to estimate the value of formal and informal care provided to New Zealanders with arthritis in 2005. To be conservative the estimate of average time spent by informal care-givers each week is limited to hours spent providing personal care, *not* household chores. On this basis a total of **1.5m hours of formal care and 113.9m hours of informal care will be provided to New Zealanders with some form of arthritis in 2005.**

3.2.2 VALUE OF CARE

The hours of care (both formal and informal) are valued at the average hourly cost of employing a person to work as a carer, including a loading for employee on-costs, administration and capital overheads. Access Economics estimates the hourly cost for a worker in Australia is A$25.01 per hour in June 2005, or NZ$26.78 converting at purchasing power parity (PPP) of 1.0708. This includes allowances for on-costs such as superannuation, and administrative and capital overheads. A brief internet search appears to suggest that this a similar unit cost applies in New Zealand (see, for example, **www.domestic.co.nz**). At this unit cost, **the total value of care provided is $3.60 billion in 2005. Of this, over 98.9% ($3.56 billion) is the replacement value of informal care and the remaining $40 million formal care provision**, as set out in Table 3-4.

While it is quite legitimate to use the replacement valuation estimate for formal community costs, for informal costs a (preferable) opportunity cost estimate is made by multiplying the value of care by the average employment rate (in this case the 15% employment rate for those aged over 65). **The alternative opportunity cost measure is thus much lower (than $3.56bn) at $536.7m.**

TABLE 3-4: VALUE OF CARE PROVIDED TO PEOPLE WITH ARTHRITIS, NEW ZEALAND, 2005

	Rheumatoid arthritis	Osteoarthritis	Other arthritis	All forms of arthritis
Average hours per week				
Formal	3.5	3.4	2.9	3.1
Informal	12.4	12.0	10.1	11.0
% of people receiving care				
Formal	2.0	1.9	1.6	1.6
Informal	50.0	48.3	40.8	44.4
Total hours of care per year (million)				
Formal	0.4	0.9	0.2	1.5
Informal	32.2	80.5	15.9	133.9
Total	32.6	81.4	16.1	134.5
$ value of care				
Formal	10	24	5	40
Informal	863	2,156	427	3,562
Total (replacement)	872	2,180	431	3,602
Total (opportunity)				**536.7**

Note: Numbers may not sum due to rounding and the existence of people with arthritis of unknown type (see Chapter 1).

3.3 OTHER INDIRECT COSTS

3.3.1 DEADWEIGHT LOSSES FROM WELFARE PAYMENTS

Duthie et al (2004) highlighted the 2001 New Zealand Disability Survey that collected data on arthritis as a cause of disability (Statistics New Zealand, 2002). This study found that arthritis was the main condition causing disability for 14% of the disabled population. In 2004 the NZ Department of Social Policy provided Invalid Benefits worth $976.1 million and Sickness Benefits worth $469.5 million (Ministry of Social Development, 2004). If arthritis accounts for 14% of these payments, the total welfare support to people due to arthritis was $202.4 million in 2003-04.

Without further information on the number of people with arthritis that do receive a benefit, the type, their financial and living arrangements and age, it is not possible to accurately project the amount of welfare payments that will be made to them this year. From 1996 to 2002 the number of recipients of invalid benefits whose most serious condition was a musculoskeletal complaint increased 97% or 13.8% per annum from 4,703 in 1996 to 9,274 in 2003. Over the same time the number of recipients of sickness benefit with a musculoskeletal condition increased 53%, although some of this rise may be attributable to coding changes in the mid 1990s (Ministry of Social Development, 2005). To remain conservative, we merely inflate the 2003-04 estimate by 2.8% for expected inflation to June 2005. On this basis, **the total value of arthritis-related disability pensions in 2005 is estimated to be $208.1 million**.

Recalling that invalid and sickness benefits are transfers, not real costs, they should not be included in the estimation of total costs. As with taxation foregone, welfare

payments do, however, have associated real DWLs due to the distortions they impose on production patterns and the need to fund the administration of the welfare system. As in Section 3.1.3, these are estimated as 18% of the value of the transfers, so the **total deadweight losses from welfare payments in 2005 are estimated to be $37.4m**.

3.3.2 AIDS, MODIFICATIONS AND TRAVEL

There are also the costs of mobility aids, modifications to the homes of people with arthritis, travel to health services and other indirect costs of arthritis. There is a paucity of data on these costs, while noting that there is an allowance for medical aids and equipment in the scale-up factor for non-allocated health costs described in Section 2.7.

Walsh & Chappell (1999) conducted a survey on behalf of the Australian Department of Family and Community Services of 409 recipients of disability support pension who had a musculoskeletal impairment. The study estimated the additional expenditure of these people on personal care, home help, and other aids and appliances. Based on these data, Access Economics (2005) estimates the cost of formal (paid) community carers for Australian arthritis sufferers in 2004, and the costs of aids, modifications and travel associated with their condition. The ratio (1.164) of these latter costs to the formal care ($40m from Table 3-4) is used to derive an estimate here of the **cost of aids, modifications and travel of $46.8m for New Zealanders with arthritis in 2005**.

3.4 SUMMARY OF THE FINANCIAL COSTS OF ARTHRITIS

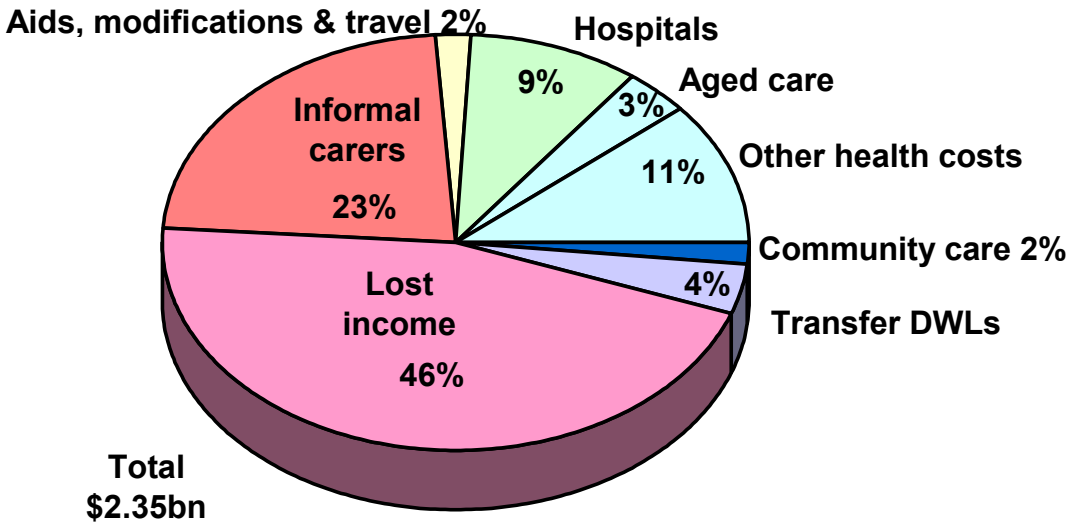
The total real financial costs of arthritis are thus estimated to be $2.35bn in 2005, summarised in Table 3-5 and Figure 3-3.

- Lost earnings are the largest cost item at $1.07bn (46% of the total).
- Informal sector care (measure on an opportunity cost basis) is second largest at 23% ($537m).
- Hospitals represent 9% of total costs, while residential age care is 3% and other health costs 11% of total costs.
- Community care and aids, modifications and travel are each around 2% of total costs at $47m and $40m respectively.
- The deadweight costs of welfare and taxation transfers comprise the remaining 3% ($93m).
- Indirect costs outweigh direct health costs over 3 to 1.
- **Annual costs per person with arthritis are $4,505, $574 for every New Zealander and 1.6% of GDP in total**.

TABLE 3-5: ARTHRITIS, FINANCIAL COST SUMMARY, 2005, $M

Cost element	Real cost	Transfer payment
Allocated health costs	**$484.6**	
Hospitals	$189.6	
Aged Care	$69.7	
Other allocated health	$225.3	
Unallocated health costs	$78.9	
Total health costs	**$563.5**	
Indirect financial costs		
Lost earnings (people with arthritis)	$1,071.6	
Tax foregone (people with arthritis)	$55.2	$306.9
Opportunity cost of informal carers	$536.7	
Welfare payments	$37.4	$208.1
Aids, modifications and travel	$46.8	
Formal community care	$40.2	
Total indirect financial	**$1,788.0**	
Subtotal, financial costs	**$2,351.5**	**$515.0**
Per person with arthritis	$4,505	$987
Per capita (population)	$574	$125.73
% GDP	**1.61%**	**0.35%**

FIGURE 3-3: ARTHRITIS, FINANCIAL COST SUMMARY, 2005, % TOTAL



Note: Numbers may not sum due to rounding.

Access Economics' findings regarding New Zealand cost shares for arthritis concord well with the Australian results (Access Economics, 2005), noting that:

- Only the value of paid carers was included in the Australian study, so overall the estimated cost in New Zealand is higher (1.6% of GDP compared to 1.4% in Australia), as it also includes a valuation of informal care.

4. BURDEN OF DISEASE

The term 'burden of disease' refers to the impact of pain, suffering, disability and premature death resulting from disease and injury.

4.1 SUFFERING AND PREMATURE DEATH METHODOLOGY

4.1.1 VALUING LIFE AND HEALTH

Since Schelling's (1968) discussion of the economics of life saving, the economic literature has properly focused on **willingness to pay** (willingness to accept) measures of mortality and morbidity risk. Using evidence of market trade-offs between risk and money, including numerous labour market and other studies (such as installing smoke detectors, wearing seatbelts or bike helmets etc), economists have developed estimates of the **value of a 'statistical' life (VSL).**

> The willingness to pay approach estimates the value of life in terms of the amounts that individuals are prepared to pay to reduce risks to their lives. It uses stated or revealed preferences to ascertain the value people place on reducing risk to life and reflects the value of intangible elements such as quality of life, health and leisure. While it overcomes the theoretical difficulties of the human capital approach, it involves more empirical difficulties in measurement (BTE, 2000, pp20-21).

Viscusi and Aldy (2002) summarise the extensive literature in this field, most of which has used econometric analysis to value mortality risk and the 'hedonic wage' by estimating compensating differentials for on-the-job risk exposure in labour markets, in other words, determining what dollar amount would be accepted by an individual to induce him/her to increase the possibility of death or morbidity by x%. They find the VSL ranges between US$4 million and US$9 million with a median of US$7 million (in year 2000 US dollars), similar but marginally higher than the VSL derived from US product and housing markets, and also marginally higher than non-US studies, although all in the same order of magnitude. They also review a parallel literature on the implicit value of the risk of non-fatal injuries.

> A particular life may be regarded as priceless, yet relatively low implicit values may be assigned to life because of the distinction between identified and anonymous (or 'statistical') lives. When a 'value of life' estimate is derived, it is not any particular person's life that is valued, but that of an unknown or statistical individual (Bureau of Transport and Regional Economics, 2002, p19).

Weaknesses in this approach, as with human capital, are that there can be substantial variation between individuals. Extraneous influences in labour markets such as imperfect information, income/wealth or power asymmetries can cause difficulty in correctly perceiving the risk or in negotiating an acceptably higher wage.

Viscusi and Aldy (2002) do not include any New Zealand studies in their meta-analysis (if they exist) but do include two Australian studies, notably Kniesner and Leeth (1991) of the Australian Bureau of Statistics (ABS) with VSL of US2000$4.2 million and Miller et al (1997) of the National Occupational Health and Safety Commission (NOHSC) with quite a high VSL of US2000$11.3m-19.1 million (Viscusi and Aldy, 2002, Table 4, pp92-93). There is also the issue of converting foreign (US) data to New Zealand dollars using either exchange rates or preferably purchasing power parity and choosing a period.

Access Economics (2003) presents outcomes of studies from Yale University (Nordhaus, 1999) – where VSL is estimated as $US2.66m; University of Chicago (Murphy and Topel, 1999) – US$5m; Cutler and Richardson (1998) – who model a common range from US$3 million to US$7m, noting a literature range of $US0.6 million to $US13.5 million per fatality prevented (1998 US dollars). These eminent researchers apply discount rates of 0% and 3% (favouring 3%) to the common range to derive an equivalent of $US 75,000 to $US 150,000 for a year of life gained.

4.1.2 DALYs AND QALYs

In an attempt to overcome some of the issues in relation to placing a dollar value on a human life, in the last decade an alternative approach to valuing human life has been derived. The approach is non-financial, where pain, suffering and premature mortality are measured in terms of Disability Adjusted Life Years (DALYs), with 0 representing a year of perfect health and 1 representing death (the converse of a QALY or "quality-adjusted life year" where 1 represents perfect health). This approach was developed by the World Health Organization (WHO), the World Bank and Harvard University and provides a comprehensive assessment of mortality and disability from diseases, injuries and risk factors in 1990, projected to 2020 (Murray and Lopez, 1996). Methods and data sources are detailed further in Murray et al (2001).

The DALY approach has been adopted and applied in Australia by the Australian Institute for Health and Welfare (AIHW) with a separate comprehensive application in Victoria. Mathers et al (1999) from the AIHW estimate the burden of disease and injury in 1996, including separate identification of premature mortality (YLL) and morbidity (YLD) components. In any year, the disability weight of a disease (for example, 0.18 for a broken wrist) reflects a relative health state. In this example, 0.18 would represent losing 18% of a year of healthy life because of the inflicted injury.

> Martin Tobias and the New Zealand Burden of Disease Study (NZBDS) team utilised the global and Australian studies to estimate the burden of disease for New Zealand (Ministry of Health, 2001). Estimates of YLL, YLD and DALYs for over 100 conditions in nine age groups for both genders and two major ethnic groups (Mäori and non-Mäori) are provided for the year 1996.

The DALY approach has been successful in avoiding the subjectivity of individual valuation and is capable of overcoming the problem of comparability between individuals and between nations, although nations have subsequently adopted variations in weighting systems.

The main problem with the DALY approach is that it is not financial and is thus not directly comparable with most other cost measures. In public policy making, therefore, there is always the temptation to re-apply a financial measure conversion to ascertain

the cost of an injury or fatality or the value of a preventive health intervention. Such financial conversions tend to utilise "willingness to pay" or risk-based labour market studies described above.

The Australian Department of Health and Ageing (based on work by Applied Economics) has adopted a very conservative approach to this issue, placing the value of a human life year at around A$60,000 per annum, which is lower than most international lower bounds on the estimate.

> *"In order to convert DALYs into economic benefits, a dollar value per DALY is required. In this study, we follow the standard approach in the economics literature and derive the value of a healthy year from the value of life. For example, if the estimated value of life is A$2 million, the average loss of healthy life is 40 years, and the discount rate is 5 per cent per annum, the value of a healthy year would be $118,000.[11] Tolley, Kenkel and Fabian (1994) review the literature on valuing life and life years and conclude that a range of US$70,000 to US$175,000 per life year is reasonable. In a major study of the value of health of the US population, Cutler and Richardson (1997) adopt an average value of US$100,000 in 1990 dollars for a healthy year.*
>
> *Although there is an extensive international literature on the value of life (Viscusi, 1993), there is little Australian research on this subject. As the Bureau of Transport Economics (BTE) (in BTE, 2000) notes, international research using willingness to pay values usually places the value of life at somewhere between A$1.8 and A$4.3 million. On the other hand, values of life that reflect the present value of output lost (the human capital approach) are usually under $1 million.*
>
> *The BTE (2000) adopts estimates of $1 million to $1.4 million per fatality, reflecting a 7 per cent and 4 per cent discount rate respectively. The higher figure of $1.4 million is made up of loss of workforce productivity of $540,000, loss of household productivity of $500,000 and loss of quality of life of $319,000. This is an unusual approach that combines human capital and willingness to pay concepts and adds household output to workforce output.*
>
> *For this study, a value of $1 million and an equivalent value of $60,000 for a healthy year are assumed.[12] In other words, the cost of a DALY is $60,000. This represents a conservative valuation of the estimated willingness to pay values for human life that are used most often in similar studies.[13]" (DHA, 2003, pp11-12)."*

As the citation concludes, the estimate of A$60,000 per DALY is very low. The Viscusi (1993) meta-analysis referred to reviewed 24 studies with values of a human life ranging between $US 0.5 million and $US 16m, all in pre-1993 US dollars. Even the lowest of these converted to 2003 Australian dollars exceeds the estimate adopted (A$1m) by nearly 25%. The BTE study cited tends to disregard the literature at the higher end and also adopts a range (A$1-$1.4m) below the lower bound of the international range that it identifies (A$1.8-$4.3m).

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[11] *In round numbers, $2,000,000 = $118,000/1.05 + $118,000/(1.05)^2 + … + $118,000/(1.05)^{40}.* [AE comment: The actual value should be $116,556, not $118,000 even in round numbers.]

[12] The equivalent value of $60,000 assumes, in broad terms, 40 years of lost life and a discount rate of 5 per cent. [AE comment: More accurately the figure should be $58,278.]

[13] In addition to the cited references in the text, see for example Murphy and Topel's study (1999) on the economic value of medical research. [AE comment. Identical reference to our Murphy and Topel (1999).]

The rationale for adopting these very low estimates is not provided explicitly. Certainly it is in the interests of fiscal restraint to present as low an estimate as possible. It is understood the BTRE is currently in the process of revising its estimates upwards (to around A$2.5m).

In contrast, the majority of the literature as detailed above appears to support a higher estimate for VSL, as presented in Table 4-1, which Access Economics believes is important to consider in disease costing applications and decisions. The US dollar values of the lower bound, midrange and upper bound are shown at left. The 'average' estimate is the average of the range excluding the high NOHSC outlier. Equal weightings are used for each study as the:

- Viscusi and Aldy meta-analysis summarises 60 recent studies;
- ABS study is Australian (possibly more like New Zealand than elsewhere); and
- Yale and Harvard studies are based on the conclusions of eminent researchers in the field after conducting literature analysis.

Where there is no low or high US dollar estimate for a study, the midrange estimate is used to calculate the average. The midrange estimates are converted to Australian dollars at purchasing power parity (as this is less volatile than exchange rates) of USD=0.7281AUD for 2003 as estimated by the OECD. Access Economics concludes the VSL range in Australia lies between A$3.7 million and A$9.6m, with a mid-range estimate of A$6.5m. These estimates have conservatively not been inflated to 2005 prices, given the uncertainty levels. In turn, we convert these to New Zealand dollars in the far right column, again using purchasing power parity.

The VSL range in New Zealand lies between NZ$3.9 million and NZ$10.1m, with a mid-range estimate of NZ$6.9m. We conservatively use the lowest estimate, NZ$3.9m, in this study.

TABLE 4-1: ESTIMATES OF VSL, VARIOUS YEARS, US$, A$ AND NZ$

	US$m			A$m	NZ$m
	Lower	**Midrange**	**Upper**	**0.7281**	**.6892**
Viscusi & Aldy meta-analysis 2002	4	7	9	**9.6**	**10.1**
Australian: ABS 1991		4.2		5.8	6.1
NOHSC 1997	11.3		19.1		
Yale (Nordhaus) 1999		2.66		**3.7**	**3.9**
Harvard (Cutler & Richardson) 1998	0.6	5	13.7	6.9	7.3
Average*	2.9	**4.7**	7.4	**6.5**	**6.9**

* Average of range excluding high NOHSC outlier, using midrange if no data; conservatively not inflated.
A$ and NZ$ conversions are at the OECD 2003 PPP rate.

4.1.3 DISCOUNT RATE

Choosing an appropriate discount rate for present valuations in cost analysis is a subject of some debate, and can vary depending on which future income or cost stream is being considered. There is a substantial body of literature, which often provides conflicting advice, on the appropriate mechanism by which costs should be

discounted over time, properly taking into account risks, inflation, positive time preference and expected productivity gains.

The absolute minimum option that one can adopt in discounting future income and costs is to set future values in current day dollar terms on the basis of a risk free assessment about the future (that is, assume the future flows are similar to the near-certain flows attaching to a long term Government bond).

Wages should be assumed to grow in dollar terms according to best estimates for inflation and productivity growth. In selecting discount rates for New Zealand projects, we have settled upon the following as the preferred approach.

- **Positive time preference**: We use the long term nominal bond rate of 6.0% pa (from recent history in trading of NZ Government 10 year bonds) as the parameter for this aspect of the discount rate. (If there were no positive time preference, people would be indifferent between having something now or a long way off in the future, so this applies to all flows of goods and services.)
- **Inflation:** The Reserve Bank of New Zealand has an agreement with the New Zealand government to pursue monetary policy that delivers 1% to 3% inflation on average over the medium term. Over the past few years inflation has consistently remained in the top half of this band, and is expected to remain above 2.5% until 2008 (New Zealand Treasury, 2005) and so we use an assumption of 2.2% pa for this variable. (It is important to allow for inflation in order to derive a real, rather than nominal, rate.)
- **Productivity growth**: The New Zealand Treasury expects labour productivity growth of around 2% per annum in the year to March 2007, before returning to its long-term trend of around 1.5% per annum (New Zealand Treasury, 2005). For New Zealand based disease costing, this estimate of 1.5% will be used. By way of comparison, in Australia the Commonwealth Government's Intergenerational report assumed productivity growth of 1.7% in the decade to 2010 and 1.75% thereafter. Access Economics uses 1.75% for disease costing in Australia.

There are then two different discount rates that should be applied:

- To discount income streams of future earnings, the discount rate is:
  - 6.0 - 2.2 - 1.5 = 2.3%.
- To discount other future streams (healthy life, health services, legal costs, accommodation services and so on) the discount rate is:
  - 6.0 – 2.2 = 3.8%

While there may be sensible debate about whether health services (or other costs with a high labour component in their costs) should also deduct productivity growth from their discount rate, we argue that these costs grow in real terms over time significantly as a result of other factors such as new technologies and improved quality, and we could reasonably expect this to continue in the future.

Annualising the VSL of NZ$3.9 million in Table 4-1 using the discount rate of 3.8% over an average 40 years expected life span (the average from the meta-analysis of wage-risk studies) provides an estimate of the **value of a life year (VLY) of $184,216.**

4.2 ESTIMATING THE BURDEN OF DISEASE FOR ARTHRITIS IN 2005

The burden of disease for 2005 is based on the burden estimated by the Ministry of Health (2001) for 1996, inflated on the basis of the growth in arthritis prevalence over the period 1996 to 2005. The Ministry of Health reported selective statistics from the 1996 study, including that:

- Osteoarthritis has the 6th largest disability burden (YLD) in New Zealand;
- Musculoskeletal disease has five times the average disability:mortality (YLD:YLL) ratio and represents 3% of total DALYs, of which osteoarthritis accounts for two thirds; and
- Severe rheumatoid arthritis has the second highest disability weight in the NZBDS – 0.94, equal with severe dementia and just behind terminal phase AIDS (0.95).

YLLs and YLDs were only reported for osteoarthritis (by gender) and for all musculoskeletal disease (by gender and by age). Total DALYs for osteoarthritis, rheumatoid arthritis and all musculoskeletal conditions were reported by gender and by ethnicity (Māori/non-Māori). Unfortunately, it was not possible to obtain from the Ministry for Health a detailed breakdown of YLLs and YLDs by age, gender, ethnicity and type of arthritis.

Access Economics (2005), based on input from rheumatologists and the relative prevalence of conditions, estimated that around 51% of the burden of disease from musculoskeletal disease, other than osteoarthritis or rheumatoid arthritis, could be attributed to other forms of arthritis. We apply the same percentage here to estimate the pain and suffering associated with other forms of arthritis.

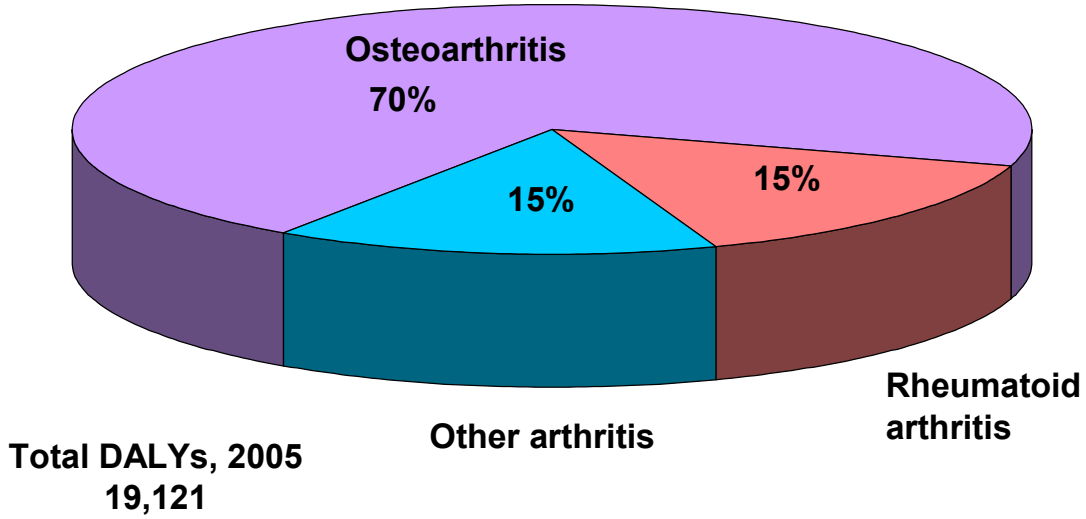
The total burden of disease for all forms of arthritis in 2005 is estimated as 19,121 DALYs.

TABLE 4-2: BURDEN OF DISEASE, DALYS BY TYPE OF ARTHRITIS, NEW ZEALAND, 2005

DALYs	Male	Female	Māori	Non-Māori	Persons
Rheumatoid arthritis	852	1,991	318	2,525	2,843
Osteoarthritis	5,342	8,128	1,068	12,402	13,470
Other arthritis	1,017	1,791	280	2,528	2,808
Total arthritis	**7,211**	**11,910**	**1,666**	**17,455**	**19,121**

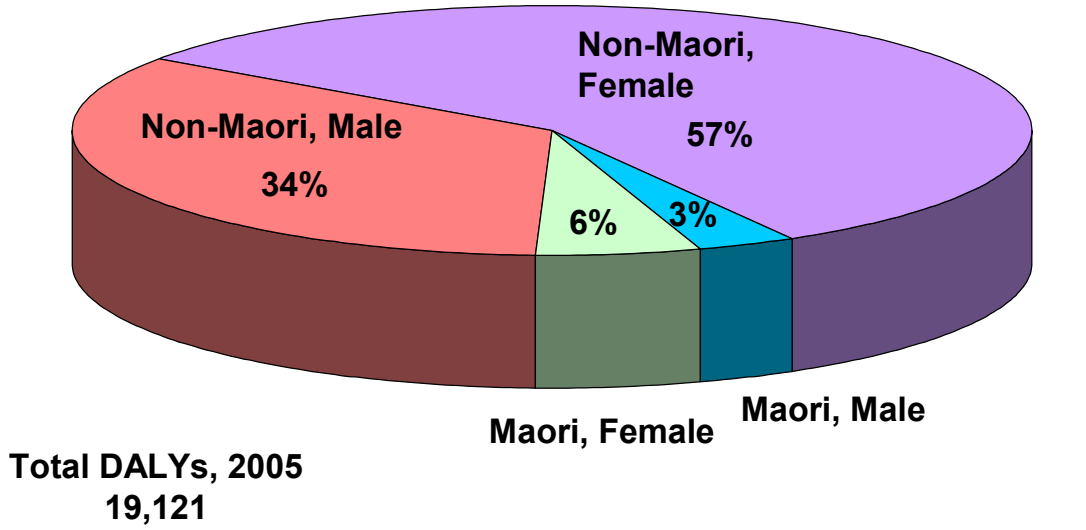
As Table 4-2 and Figure 4-1 show, the majority of the burden of disease (70% or 13,470 DALYs in 2005) is accounted for by osteoarthritis, the most common form of arthritis. Rheumatoid arthritis accounts for another 2,843 DALYs or 15% of total DALYs from arthritis.

FIGURE 4-1: BURDEN OF DISEASE BY TYPE OF ARTHRITIS, 2005



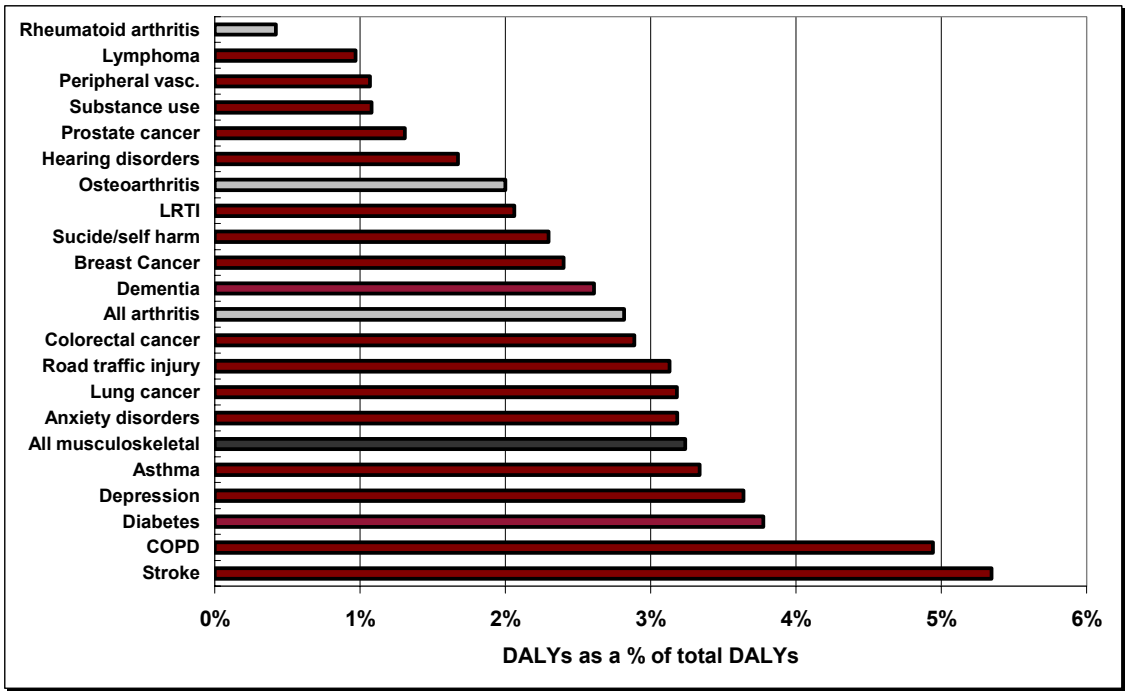
The majority of the burden of disease (63%, Figure 4-2) is borne by women, as would be expected from the increased prevalence of arthritis amongst females.

FIGURE 4-2: BURDEN OF DISEASE BY GENDER & ETHNICITY, NEW ZEALAND, 2005



It is also possible from the NZBDS data to make comparisons with other disease categories, such as cardiovascular disease, cancer, injury, diabetes, asthma. In 1996 over 13% of the burden of disease in New Zealand was due to ischaemic heart disease. The next largest cause was stroke, responsible for 5.3% of all DALYs lost. Arthritis represents about 2.8% of the total burden of disease, more than breast cancer or dementia (Figure 4-3).

FIGURE 4-3: COMPARISON OF BURDEN OF DISEASE, NEW ZEALAND, 1996



Note: COPD = chronic obstructive pulmonary disease; LRTI = lower respiratory tract infection.

4.3 VALUING THE BURDEN OF DISEASE

Multiplying the burden of disease in DALYs as derived in the preceding section by the value of a life year (VLY) from Section 4.1.3 of $184,216 derived above provides a monetary measure of the gross disability and premature mortality burden of arthritis. **The gross cost of disability and premature death from arthritis is estimated as $3.5 billion in 2005.**

TABLE 4-3: COST OF SUFFERING FROM ARTHRITIS, $M, NEW ZEALAND, 2005

	Male	Female	Mäori	Non-Mäori	All
Gross cost of suffering	**1,328**	**2,194**	**307**	**3,215**	**3,522**
Less health costs borne personally	42	69	10	101	111
Less after tax production losses	288	476	67	698	765
Less paid carers, aids, modifications and travel	33	54	8	79	87
Net cost of suffering	**965**	**1,594**	**223**	**2,337**	**2,560**

NB: The total value of health costs, production losses, aids and welfare receipts are allocated in proportion to the gross cost of pain and suffering born by males/females and Mäoris/non-Mäoris with arthritis. The actual incidence of these costs may be slightly different, depending on the socioeconomic status, and severity of a person's arthritis.

Bearing in mind that the wage-risk studies underlying the calculation of the VSL take into account all known personal impacts – suffering and premature death, lost wages/income, out-of-pocket personal health costs and so on – this base case

estimate of $3.5 billion should be treated as a 'gross' figure. However, costs specific to arthritis that are not borne by the individual and are thus unlikely to have entered into the calculations of people in the source wage/risk studies (for example, publicly financed health spending, taxation on earnings) should *not* be netted out.

In Table 4-3 these known impacts are deducted from the gross cost of suffering. New Zealand does not have a central registry of health costs, such as that maintained by the Australian Institute of Health and Welfare, which would allow us to estimate the proportion of total health expenditure met through private contributions rather than government funding. Instead we use the most recent Australian data (2002-03) where personal contributions were estimated to be just under 20% of total health funding (AIHW, 2004). The value of production losses and paid carers are as calculated in Chapter 3 on indirect costs. With these adjustments **the net cost of disability and premature death due to arthritis in 2005 is $2.56 billion dollars**.

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APPENDIX A – NZHS PREVALENCE DATA

TABLE A-1: NZ PREVALENCE, ALL ARTHRITIS, BY AGE, GENDER & RACE, 2002-03

		ALL			Mäori			Other		
Age	Data	All	Female	Male	All	Female	Male	All	Female	Male
ALL	**Estimate**	**15.7**	**17.3**	**13.9**	**11.3**	**10.4**	**12.4**	**16.2**	**18.2**	**14**
	Lower 95% CI	15	16.3	12.9	9.4	7.9	9.3	15.4	17	12.9
	Upper 95% CI	16.4	18.4	14.8	13.3	12.9	15.5	17	19.3	15.1
	Sampling error	0.7	1	1	2	2.5	3.1	0.8	1.1	1.1
	Sample size (numerator)	2285	1415	870	688	403	285	1597	1012	585
	Sample size (denom'r)	12905	7845	5060	4358	2814	1544	8547	5031	3516
15-24	**Estimate**	**1.7**	**2.1**		**2.6**	**3**		**1.5**		
	Lower 95% CI	0.9	0.8		0.3	0		0.6		
	Upper 95% CI	2.6	3.4		4.8	6.5		2.5		
	Sampling error	0.9	1.3		2.3	3.5		1		
	Sample size (numerator)	28	20	8	16	12	4	12	8	4
	Sample size (denom'r)	1625	960	665	697	446	251	928	514	414
25-34	**Estimate**	**3.6**	**3.8**	**3.3**	**4.9**	**5.2**	**4.5**	**3.4**	**3.6**	**3.2**
	Lower 95% CI	2.5	2.4	1.7	1.8	0.7	0.1	2.2	2.1	1.4
	Upper 95% CI	4.6	5.2	5	7.9	9.6	8.9	4.5	5	5
	Sampling error	1	1.4	1.6	3.1	4.4	4.4	1.2	1.5	1.8
	Sample size (numerator)	87	57	30	42	28	14	45	29	16
	Sample size (denom'r)	2431	1609	822	1002	719	283	1429	890	539
35-44	**Estimate**	**7.3**	**7**	**7.5**	**8.2**	**7**	**9.5**	**7.2**	**7**	**7.3**
	Lower 95% CI	5.8	5.3	5.1	4.4	3.2	2.6	5.5	5.1	4.6
	Upper 95% CI	8.8	8.7	10	12	10.8	16.4	8.8	8.9	10
	Sampling error	1.5	1.7	2.4	3.8	3.8	6.9	1.7	1.9	2.7
	Sample size (numerator)	190	116	74	73	44	29	117	72	45
	Sample size (denom'r)	2774	1738	1036	975	620	355	1799	1118	681
45-54	**Estimate**	**15.4**	**16.6**	**14.2**	**22**	**15.3**	**29.1**	**14.8**	**16.7**	**12.8**
	Lower 95% CI	13.2	13.4	11.1	13.8	8.7	14.5	12.5	13.4	9.7
	Upper 95% CI	17.6	19.7	17.3	30.3	21.8	43.8	17.1	20	16
	Sampling error	2.2	3.1	3.1	8.3	6.6	14.7	2.3	3.3	3.1
	Sample size (numerator)	368	215	153	137	71	66	231	144	87
	Sample size (denom'r)	2111	1232	879	698	432	266	1413	800	613
55-64	**Estimate**	**28.7**	**31.6**	**25.6**	**28.3**	**27.6**	**29.1**	**28.7**	**32**	**25.4**
	Lower 95% CI	25.6	27.3	21.7	17.8	13.1	13.8	25.4	27.4	21.1
	Upper 95% CI	31.7	35.9	29.5	38.8	42.1	44.3	31.9	36.5	29.7
	Sampling error	3	4.3	3.9	10.5	14.5	15.3	3.3	4.6	4.3
	Sample size (numerator)	523	307	216	175	92	83	348	215	133
	Sample size (denom'r)	1725	983	742	492	294	198	1233	689	544
65-74	**Estimate**	**46.2**	**52.6**	**38.5**	**43.1**	**42.9**	**43.3**	**46.4**	**53.1**	**38.2**
	Lower 95% CI	42.2	47.2	32.5	27.4	26.5	21.6	42	47.4	31.6
	Upper 95% CI	50.3	57.9	44.4	58.9	59.3	65	50.8	58.7	44.7
	Sampling error	4.1	5.3	5.9	15.8	16.4	21.7	4.4	5.7	6.5
	Sample size (numerator)	577	378	199	160	100	60	417	278	139
	Sample size (denom'r)	1257	739	518	350	213	137	907	526	381
75-84	**Estimate**	**51.5**	**55.5**	**46.9**	**51.2**	**58.8**	**38.7**	**51.5**	**55.4**	**47.1**
	Lower 95% CI	47.1	49.7	40.4	29.5	27.5	1.9	47	49.4	40.5
	Upper 95% CI	56	61.3	53.5	72.8	90.1	75.5	56	61.4	53.7
	Sampling error	4.5	5.8	6.5	21.6	31.3	36.8	4.5	6	6.6
	Sample size (numerator)	419	257	162	79	52	27	340	205	135
	Sample size (denom'r)	797	454	343	135	84	51	662	370	292
85+	**Estimate**	**52.9**	**52**	**54.5**				**52.9**	**52.1**	**54.5**
	Lower 95% CI	44	41.1	36.2				44	41.2	36.2
	Upper 95% CI	61.7	62.9	72.8				61.8	63	72.8
	Sampling error	8.9	10.9	18.3				8.9	10.9	18.3
	Sample size (numerator)	93	65	28	6	4	2	87	61	26
	Sample size (denom'r)	185	130	55	9	6	3	176	124	52

TABLE A-2: NZ PREVALENCE, OSTEOARTHRITIS, BY AGE, GENDER & RACE, 2002-03

		ALL			Māori			Other		
Age	Data	All	Female	Male	All	Female	Male	All	Female	Male
ALL	**Estimate**	**7.7**	**9.4**	**6**	**4.1**	**4.1**	**4.1**	**8.2**	**10.1**	**6.2**
	Lower 95% CI	7.2	8.5	5.2	2.8	2.5	1.9	7.6	9.1	5.4
	Upper 95% CI	8.3	10.3	6.7	5.5	5.7	6.3	8.8	11.1	7
	Sampling error	0.5	0.9	0.7	1.4	1.6	2.2	0.6	1	0.8
	Sample size (numerator)	1013	701	312	220	151	69	793	550	243
	Sample size (denom'r)	12485	7575	4910	4232	2730	1502	8253	4845	3408
15-24	**Estimate**									
	Lower 95% CI									
	Upper 95% CI									
	Sampling error									
	Sample size (numerator)	4	4	0	1	1	0	3	3	0
	Sample size (denom'r)	1618	956	662	691	442	249	927	514	413
25-34	**Estimate**	**0.6**	**0.8**		**1.4**					
	Lower 95% CI	0.2	0.3		0					
	Upper 95% CI	1	1.4		2.8					
	Sampling error	0.4	0.6		1.4					
	Sample size (numerator)	17	14	3	11	9	2	6	5	1
	Sample size (denom'r)	2412	1596	816	995	713	282	1417	883	534
35-44	**Estimate**	**2.3**	**2**	**2.6**	**3**	**3.2**		**2.2**	**1.9**	**2.6**
	Lower 95% CI	1.5	1	1.2	0.4	0.3		1.3	0.8	1.1
	Upper 95% CI	3.1	3.1	4	5.7	6.2		3.1	3	4
	Sampling error	0.8	1	1.4	2.7	3		0.9	1.1	1.4
	Sample size (numerator)	57	36	21	21	15	6	36	21	15
	Sample size (denom'r)	2733	1709	1024	961	610	351	1772	1099	673
45-54	**Estimate**	**7.4**	**9.2**	**5.5**	**9**	**7.6**	**10.5**	**7.3**	**9.4**	**5.1**
	Lower 95% CI	5.7	6.4	3.4	3.2	2.9	0	5.5	6.4	2.9
	Upper 95% CI	9.1	12	7.6	14.8	12.4	21.1	9.1	12.3	7.2
	Sampling error	1.7	2.8	2.1	5.8	4.8	10.6	1.8	2.9	2.2
	Sample size (numerator)	149	102	47	48	29	19	101	73	28
	Sample size (denom'r)	2044	1193	851	680	420	260	1364	773	591
55-64	**Estimate**	**15.7**	**18**	**13.3**	**13.6**	**12.1**	**15.3**	**15.8**	**18.5**	**13.2**
	Lower 95% CI	13.3	14.2	10	5	3	0.1	13.2	14.4	9.6
	Upper 95% CI	18	21.8	16.6	22.1	21.1	30.4	18.4	22.6	16.7
	Sampling error	2.3	3.8	3.3	8.5	9.1	15.1	2.6	4.1	3.5
	Sample size (numerator)	238	150	88	58	34	24	180	116	64
	Sample size (denom'r)	1631	920	711	461	275	186	1170	645	525
65-74	**Estimate**	**26.5**	**35.1**	**16.4**	**16.8**	**20**	**13.5**	**27**	**35.9**	**16.5**
	Lower 95% CI	22.5	29.7	11.5	4.8	7	0	22.9	30.2	11.4
	Upper 95% CI	30.4	40.6	21.2	28.7	33	33.2	31.1	41.7	21.7
	Sampling error	3.9	5.4	4.9	12	13	19.6	4.1	5.7	5.2
	Sample size (numerator)	278	211	67	52	41	11	226	170	56
	Sample size (denom'r)	1160	672	488	321	194	127	839	478	361
75-84	**Estimate**	**32.5**	**35.3**	**29.3**	**18.1**	**20.2**		**32.8**	**35.7**	**29.6**
	Lower 95% CI	28.1	29.2	22.9	5.2	1.6		28.4	29.5	23.1
	Upper 95% CI	36.8	41.3	35.7	30.9	38.7		37.2	41.8	36.1
	Sampling error	4.3	6	6.4	12.8	18.5		4.4	6.1	6.5
	Sample size (numerator)	219	143	76	27	20	7	192	123	69
	Sample size (denom'r)	723	412	311	116	71	45	607	341	266
85+	**Estimate**	**29.6**	**35.6**	**17.2**				**29.7**	**35.7**	**17.2**
	Lower 95% CI	21.1	24.8	5.2				21.2	24.9	5.2
	Upper 95% CI	38.1	46.4	29.2				38.2	46.6	29.2
	Sampling error	8.5	10.8	12				8.5	10.9	12
	Sample size (numerator)	51	41	10	2	2	0	49	39	10
	Sample size (denom'r)	164	117	47	7	5	2	157	112	45

TABLE A-3: NZ PREVALENCE, RHEUMATOID ARTHRITIS, BY AGE, GENDER & RACE, 2002-03

		ALL			Mäori			Other		
Age	Data	All	Female	Male	All	Female	Male	All	Female	Male
ALL	**Estimate**	**3.2**	**3.7**	**2.6**	**3.3**	**3.9**	**2.5**	**3.2**	**3.7**	**2.6**
	Lower 95% CI	2.8	3.2	2	2.1	2.1	1.1	2.8	3.2	2
	Upper 95% CI	3.6	4.2	3.2	4.4	5.7	4	3.6	4.2	3.2
	Sampling error	0.4	0.5	0.6	1.2	1.8	1.5	0.4	0.5	0.6
	Sample size (numerator)	492	326	166	195	130	65	297	196	101
	Sample size (denom'r)	12485	7575	4910	4232	2730	1502	8253	4845	3408
15-24	**Estimate**	**0.8**								
	Lower 95% CI	0.2								
	Upper 95% CI	1.4								
	Sampling error	0.6								
	Sample size (numerator)	12	8	4	8	6	2	4	2	2
	Sample size (denom'r)	1618	956	662	691	442	249	927	514	413
25-34	**Estimate**	**1.4**	**1.8**		**2.7**	**2.6**		**1.2**	**1.7**	
	Lower 95% CI	0.7	0.8		0	0		0.5	0.6	
	Upper 95% CI	2.1	2.8		5.4	6.4		1.9	2.7	
	Sampling error	0.7	1		2.7	3.8		0.7	1	
	Sample size (numerator)	32	24	8	15	10	5	17	14	3
	Sample size (denom'r)	2412	1596	816	995	713	282	1417	883	534
35-44	**Estimate**	**1.7**	**1.9**	**1.5**	**2.1**	**1.8**		**1.6**	**1.9**	
	Lower 95% CI	1	0.9	0.5	0.2	0		0.9	0.7	
	Upper 95% CI	2.4	3	2.5	4	3.7		2.4	3.1	
	Sampling error	0.7	1.1	1	1.9	1.9		0.8	1.2	
	Sample size (numerator)	49	34	15	21	14	7	28	20	8
	Sample size (denom'r)	2733	1709	1024	961	610	351	1772	1099	673
45-54	**Estimate**	**3.1**	**4.3**	**1.8**	**5**	**6.5**	**3.3**	**2.9**	**4.1**	**1.7**
	Lower 95% CI	2.1	2.7	0.8	2	2	0.3	1.9	2.4	0.5
	Upper 95% CI	4	5.9	2.8	7.9	11.1	6.4	3.9	5.7	2.8
	Sampling error	1	1.6	1	3	4.6	3	1	1.6	1.1
	Sample size (numerator)	80	56	24	36	25	11	44	31	13
	Sample size (denom'r)	2044	1193	851	680	420	260	1364	773	591
55-64	**Estimate**	**5.2**	**5.1**	**5.4**	**8.2**	**10.3**	**5.9**	**5**	**4.6**	**5.4**
	Lower 95% CI	3.4	3.4	2.7	2.2	0	0.4	3.3	3	2.5
	Upper 95% CI	7	6.8	8.1	14.2	20.6	11.4	6.7	6.2	8.2
	Sampling error	1.8	1.7	2.7	6	10.4	5.5	1.7	1.6	2.9
	Sample size (numerator)	106	66	40	48	30	18	58	36	22
	Sample size (denom'r)	1631	920	711	461	275	186	1170	645	525
65-74	**Estimate**	**8.9**	**9.5**	**8.1**	**8.1**	**11.4**	**4.7**	**8.9**	**9.4**	**8.3**
	Lower 95% CI	6.4	5.9	4.7	2.5	2.3	0	6.4	5.6	4.7
	Upper 95% CI	11.3	13.1	11.6	13.6	20.5	10.4	11.5	13.2	12
	Sampling error	2.4	3.6	3.5	5.5	9.1	5.7	2.5	3.8	3.7
	Sample size (numerator)	106	68	38	43	29	14	63	39	24
	Sample size (denom'r)	1160	672	488	321	194	127	839	478	361
75-84	**Estimate**	**9.1**	**12.2**	**5.6**	**8**	**9.2**		**9.1**	**12.3**	**5.6**
	Lower 95% CI	6.6	8.1	2.8	1.4	0		6.6	8.1	2.8
	Upper 95% CI	11.6	16.3	8.4	14.6	18.9		11.7	16.5	8.4
	Sampling error	2.5	4.1	2.8	6.6	9.7		2.6	4.2	2.8
	Sample size (numerator)	89	59	30	22	15	7	67	44	23
	Sample size (denom'r)	723	412	311	116	71	45	607	341	266
85+	**Estimate**	**12.8**	**10.1**					**12.8**	**10.1**	
	Lower 95% CI	5.2	3.4					5.2	3.3	
	Upper 95% CI	20.4	16.8					20.4	16.9	
	Sampling error	7.6	6.7					7.6	6.8	
	Sample size (numerator)	18	11	7	2	1	1	16	10	6
	Sample size (denom'r)	164	117	47	7	5	2	157	112	45

TABLE A-4: NZ PREVALENCE, 'OTHER' ARTHRITIS, BY AGE, GENDER & RACE, 2002-03

		ALL			Mäori			Other		
Age	Data	All	Female	Male	All	Female	Male	All	Female	Male
ALL	**Estimate**	**2.3**	**1.5**	**3.2**	**2.4**	**0.8**	**4.2**	**2.3**	**1.6**	**3**
	Lower 95% CI	1.9	1.1	2.5	1.6	0.1	2.6	1.9	1.1	2.4
	Upper 95% CI	2.7	1.9	3.8	3.2	1.4	5.7	2.7	2.1	3.7
	Sampling error	0.4	0.4	0.6	0.8	0.7	1.6	0.4	0.5	0.7
	Sample size (numerator)	360	118	242	147	38	109	213	80	133
	Sample size (denom'r)	12485	7575	4910	4232	2730	1502	8253	4845	3408
15-24	**Estimate**									
	Lower 95% CI									
	Upper 95% CI									
	Sampling error									
	Sample size (numerator)	5	4	1	1	1	0	4	3	1
	Sample size (denom'r)	1618	956	662	691	442	249	927	514	413
25-34	**Estimate**	**0.8**		**1.2**				**0.9**		
	Lower 95% CI	0.3		0.2				0.2		
	Upper 95% CI	1.4		2.2				1.5		
	Sampling error	0.5		1				0.6		
	Sample size (numerator)	19	6	13	9	3	6	10	3	7
	Sample size (denom'r)	2412	1596	816	995	713	282	1417	883	534
35-44	**Estimate**	**1.8**	**1.2**	**2.4**	**2.3**		**3.5**	**1.7**	**1.1**	**2.3**
	Lower 95% CI	1.1	0.4	1.2	0.1		0	0.9	0.3	0.9
	Upper 95% CI	2.5	1.9	3.7	4.5		7.6	2.5	2	3.7
	Sampling error	0.7	0.8	1.3	2.2		4.2	0.8	0.8	1.4
	Sample size (numerator)	43	17	26	17	5	12	26	12	14
	Sample size (denom'r)	2733	1709	1024	961	610	351	1772	1099	673
45-54	**Estimate**	**2.6**	**1.1**	**4.1**	**6.5**		**13.3**	**2.2**	**1.2**	**3.2**
	Lower 95% CI	1.6	0.3	2.5	2.2		4.2	1.3	0.3	1.7
	Upper 95% CI	3.5	1.9	5.7	10.9		22.4	3.1	2.1	4.7
	Sampling error	1	0.8	1.6	4.3		9.1	0.9	0.9	1.5
	Sample size (numerator)	72	18	54	35	5	30	37	13	24
	Sample size (denom'r)	2044	1193	851	680	420	260	1364	773	591
55-64	**Estimate**	**3.6**	**3.4**	**3.8**	**2.6**		**5**	**3.7**	**3.7**	**3.7**
	Lower 95% CI	2.4	1.7	2.1	1.1		1.7	2.4	1.8	1.9
	Upper 95% CI	4.9	5.1	5.5	4.2		8.3	5	5.5	5.6
	Sampling error	1.2	1.7	1.7	1.6		3.3	1.3	1.9	1.8
	Sample size (numerator)	85	28	57	38	9	29	47	19	28
	Sample size (denom'r)	1631	920	711	461	275	186	1170	645	525
65-74	**Estimate**	**6.8**	**3.2**	**11.1**	**12.6**	**3.5**	**21.6**	**6.5**	**3.1**	**10.5**
	Lower 95% CI	4.7	1.6	6.8	4.2	0	5.5	4.2	1.6	5.8
	Upper 95% CI	8.9	4.7	15.4	21	7.6	37.6	8.8	4.7	15.1
	Sampling error	2.1	1.5	4.3	8.4	4.1	16	2.3	1.6	4.7
	Sample size (numerator)	96	32	64	36	11	25	60	21	39
	Sample size (denom'r)	1160	672	488	321	194	127	839	478	361
75-84	**Estimate**	**5.6**	**3.7**	**7.8**	**11.7**			**5.4**		**7.8**
	Lower 95% CI	3.2	0.9	3.5	0			3		3.5
	Upper 95% CI	8	6.4	12	26			7.9		12.1
	Sampling error	2.4	2.8	4.2	14.4			2.4		4.3
	Sample size (numerator)	37	13	24	11	4	7	26	9	17
	Sample size (denom'r)	723	412	311	116	71	45	607	341	266
85+	**Estimate**									
	Lower 95% CI									
	Upper 95% CI									
	Sampling error									
	Sample size (numerator)	3	0	3	0	0	0	3	0	3
	Sample size (denom'r)	164	117	47	7	5	2	157	112	45

APPENDIX B– NZHS QUESTIONS

FIGURE B-1: SURVEY QUESTIONS FROM THE NZHS

ARTHRITIS

Q.22 Have you ever been told by a doctor you have arthritis? Please include gout, lupus and psoriatic arthritis.

☐ 1 Yes →*Go to Q.23*
☐ 2 No →*Go to Q.28*
☐ 3 Don't know →*Go to Q.28*

Q.23 What kind of arthritis was that? *(Card 23)*
(If respondent answers more than one kind, probe "Which affects you most?")

☐ 1 Rheumatoid
☐ 2 Osteoarthritis
☐ 8 Other *(Specify)* _____
☐ 9 Don't know

Q.24 Which joint was affected first? *(Card 24)*

☐ 1 Small joints like fingers or hands
☐ 2 Large joints like knees or hips
☐ 3 Don't know

Q.25 How old were you when this was first diagnosed?

Record Age ☐☐☐ ☐ 999 Don't know

Q.26 What treatments do you now have for this? *(Card 26)*

☐ 1 No treatment
☐ 2 Medicines, tablets, or pills
☐ 3 Exercise or physiotherapy
☐ 4 Steroid injections
☐ 8 Other *(Specify)* _____
_____
☐ 9 Don't know

Q.27 Have you ever had an operation or surgery because of your arthritis?

☐ 1 Yes ☐ 2 No ☐ 3 Don't know

APPENDIX C – RNZCGPRU PHARMACEUTICAL AND PATHOLOGY DATA

Table C-1 presents the number of prescriptions and average daily dose for arthritis consultations and the corresponding number of prescriptions and average daily dose of these drugs in the general population, from the RNZCGPRU data purchase. Table C-2 presents the number of laboratory referrals for arthritis consultations and the corresponding number of referrals for these tests in the general population.

TABLE C-1: PRESCRIPTIONS, ARTHRITIS CONSULTATIONS VS TOTAL POPULATION

	Number		% Total		Average daily dose	
Drug name	Arthritis	Total (N-n)	% Arthritis	% Total (N-n)	Arthritis	Total (N-n)
Acitretin	1	0	0.02	0.00	25mg	
alendronate	11	535	0.27	0.17	10mg	39mg
Alfacalcidol	1	7	0.02	0.00		0.25mg
Alginic Acid	3	200	0.07	0.06	3000mg	2250mg
Allopurinol	21	1791	0.51	0.58	240mg	208mg
Amiloride with Hydrochlorothiazide	13	582	0.32	0.19	5mg	6.6mg
amiodarone	4	340	0.10	0.11	200mg	190mg
Amitriptyline	66	2234	1.61	0.72	30mg	28mg
Amlodipine	1	93	0.02	0.03		8mg
Amoxycillin	25	24861	0.61	8.03	1966mg	1652mg
Apomorphine	1	21	0.02	0.01		2.25mg
aqueous cream	15	1662	0.37	0.54	topical	topical
Ascorbic Acid	3	85	0.07	0.03	400mg	207mg
Aspirin	83	7994	2.03	2.58	336mg	174mg
Atenolol	21	2917	0.51	0.94	67mg	65mg
Atorvastatin	15	2263	0.37	0.73	27mg	26mg
Azatadine Maleate	1	45	0.02	0.01	1mg	1.5mg
Azathioprine	5	74	0.12	0.02	95mg	113mg
Baclofen	2	50	0.05	0.02	120mg	39mg
Beclomethasone Dipropionate	18	3229	0.44	1.04	260mcg	322mcg
Bendrofluazide	40	4692	0.98	1.52	3mg	2.7mg
Benztropine Mesylate	2	40	0.05	0.01		2.7mg
Betahistine	1	54	0.02	0.02	16mg	19mg
Betamethasone	14	1474	0.34	0.48		
Bezafibrate	13	1535	0.32	0.50	400mg	402mg
Bisacodyl	1	196	0.02	0.06	10mg	9.3mg
Budesonide	18	3506	0.44	1.13	420mcg	460mcg
Bumetanide	1	106	0.02	0.03	1mg	1.2mg
Calcipotriol	1	218	0.02	0.07		
Calcitriol	28	447	0.68	0.14	0.4mcg	0.5mcg
Calcium Carbonate	61	1458	1.49	0.47	1.8g	1.8g
Calcium Lactate-Gluconate	5	229	0.12	0.07	1g	1mg
Candesartan	6	770	0.15	0.25	11mg	24mg
Capsaicin	1	14	0.02	0.00		
Captopril	1	45	0.02	0.01		70.5mg
Carbamazepine	4	387	0.10	0.12	400mg	500mg
Cefaclor Monohydrate	3	2012	0.07	0.65	1000mg	952mg
celecoxib	87	769	2.13	0.25	213mg	222mg
Celiprolol	15	887	0.37	0.29	250mg	305mg
Cetirizine Hydrochloride	5	1313	0.12	0.42	10mg	10mg
Chloramphenicol	5	2839	0.12	0.92		3000mg
chlordiazepoxide	2		0.05	0.00		
chloroquine	1	7	0.02	0.00	400mg	400mg

Drug name	Number		% Total		Average daily dose	
	Arthritis	Total (N-n)	% Arthritis	% Total (N-n)	Arthritis	Total (N-n)
Chlorpheniramine Maleate	1	1849	0.02	0.60		11mg
Ciclopiroxolamine	2	251	0.05	0.08		
Cilazapril	54	6994	1.32	2.26	4mg	3.3mg
Cimetidine	1	3	0.02	0.00		800mg
ciprofloxacin	1	117	0.02	0.04	1000mg	1020mg
Citalopram	11	1469	0.27	0.47	23mg	25mg
Clindamycin Phosphate	1	218	0.02	0.07		
Clobetasol	7	871	0.17	0.28		
Clonazepam	13	691	0.32	0.22	1.5mg	1.6mg
clonidine	5	182	0.12	0.06	133mcg	69mcg
clotrimazole	6	1192	0.15	0.38	40mg	231mg
codeine	53	1312	1.29	0.42	93mg	98.5mg
Colchicine	10	446	0.24	0.14	1.35mg	1145mcg
Colecalciferol	4	149	0.10	0.05	1.25mg	1.25mg
Co-Trimoxazole	6	2720	0.15	0.88	2400mg	2500mg
Cyclizine Hydrochloride	1	15	0.02	0.00	150mg	144mg
Cyclopenthiazide	11	453	0.27	0.15	0.5mg	0.5mg
cyclosporin	5	35	0.12	0.01		112mg
Cyproheptadine Hydrochloride	1	39	0.02	0.01	8mg	8mg
Dexamethasone	7	1995	0.17	0.64		27.5mg
Dextropropoxyphene wp*	141	3130	3.44	1.01	420mg	429mg
Diazepam	13	1192	0.32	0.38	8mg	8.6mg
diclofenac sodium	392	10198	9.58	3.29	139mg	140.5mg
Dicloxacillin	1	49	0.02	0.02	2000mg	1548mg
diethylpropion	1	91	0.02	0.03		77mg
Diflucortolone Valerate	3	165	0.07	0.05		150mg
Digoxin	4	1043	0.10	0.34	125mcg	158mcg
Dihydrocodeine Tartrate	25	381	0.61	0.12	152mg	150mg
Diltiazem	19	1896	0.46	0.61	237mg	195mg
Diphenoxylate Hydrochloride wp*	2	119	0.05	0.04		4mg
Dipyridamole	4	381	0.10	0.12	300mg	286mg
disodium etidronate	1	47	0.02	0.02	400mg	400mg
Docusate Sodium	7	840	0.17	0.27	50mg	164mg
Domperidone	3	162	0.07	0.05	47mg	32mg
donepezil	1	15	0.02	0.00	5mg	9mg
Dothiepin Hydrochloride	13	429	0.32	0.14	71mg	63mg
Doxazosin Mesylate	11	1472	0.27	0.48	2.25mg	4mg
doxepin Hydrochloride	9	749	0.22	0.24	15mg	42mg
doxycycline Hydrochloride	10	4751	0.24	1.53	117mg	130mg
ear drops	1	120	0.02	0.04		
Eformoterol fumarate	6	932	0.15	0.30	24mcg	15.7mcg
Emulsifying Ointment BP	1	426	0.02	0.14		
enalapril	3	615	0.07	0.20	20mg	12.9mg
Erythromycin Ethyl Succinate	2	3568	0.05	1.15	1600mg	1455mg
Ethinyloestradiol	11	1692	0.27	0.55	258mcg	37mcg
Ethynodiol Diacetate	3	798	0.07	0.26	500mcg	512mcg
Etidronate Disodium	37	1049	0.90	0.34	400mg	400mg
etofenamate	3	39	0.07	0.01		
etoricoxib	36	323	0.88	0.10	82.5mg	92mg
eye drops	4	49	0.10	0.02		
Famotidine	5	199	0.12	0.06	80mg	41mg
Felodipine	28	3265	0.68	1.05	5.3mg	6mg
FERROUS sulphate	9	929	0.22	0.30		313mg
Fexofenadine	1	84	0.02	0.03	120mg	117mg
flucloxacillin	8	4592	0.20	1.48	1429mg	3536mg

*wp = with paracetamol

Drug name	Number		% Total		Average daily dose	
	Arthritis	Total (N-n)	% Arthritis	% Total (N-n)	Arthritis	Total (N-n)
Fluconazole	1	34	0.02	0.01	50mg	135mg
Fluocortolone Caproate with Fluocortolone Pivalate	1	88	0.02	0.03		
Fluoxetine Hydrochloride	11	2945	0.27	0.95	28mg	23mg
Fluticasone	24	5978	0.59	1.93	475mcg	395mcg
folic acid	56	833	1.37	0.27	3mg	3mg
Frusemide	29	3228	0.71	1.04	55mg	54mg
Fusidic Acid	9	3838	0.22	1.24		42.5mg
Gliclazide	5	1084	0.12	0.35	120mg	166mg
Glipizide	1	482	0.02	0.16		13mg
glucosamine	1	1	0.02	0.00	1500mg	1500mg
Glucose Oxidase	9	1693	0.22	0.55		
Glyceryl Trinitrate	4	770	0.10	0.25		483mg
Haloperidol	1	80	0.02	0.03	1.5mg	3.6mg
Hydrocortisone	52	9337	1.27	3.02	topical	65mg
hydrogen peroxide	1		0.02	0.00		
Hydroxocobalamin	9	669	0.22	0.22		430mg
hydroxychloroquine	20	56	0.49	0.02	277mg	295mg
Hyoscine N-Butylbromide	2	642	0.05	0.21	80mg	47mg
Hypromellose	4	82	0.10	0.03		
Ibuprofen	123	4257	3.01	1.37	1268mg	1090mg
Imipramine	1	132	0.02	0.04		54mg
Indapamide	1	124	0.02	0.04	2.5mg	2.5mg
Indomethacin	20	307	0.49	0.10	106mg	129mg
insulin	11	390	0.27	0.13		
Ipratropium Bromide	8	954	0.20	0.31	100mcg	202mcg
Isosorbide Mononitrate	13	1723	0.32	0.56	61mg	60mg
Itraconazole	2	256	0.05	0.08	400mg	308mg
Ketoconazole	5	524	0.12	0.17		280mg
Ketoprofen	7	65	0.17	0.02	200mg	185mg
Ketotifen	2	291	0.05	0.09		
Lactulose	14	1153	0.34	0.37		
Latanoprost	2	99	0.05	0.03		
Laxatives	16	1002	0.39	0.32	2125mg	4125mg
Leflunomide	5	8	0.12	0.00	16mg	19mg
Levobunolol	1	1	0.02	0.00		
levodopa	3	59	0.07	0.02		462mg
Lisinopril	2	120	0.05	0.04	7.5mg	12mg
Loperamide Hydrochloride	6	869	0.15	0.28	2mg	4.7mg
Loratadine	8	3221	0.20	1.04	10mg	10mg
Lorazepam	8	758	0.20	0.24	3mg	2mg
Losartan	1	58	0.02	0.02	12.5mg	70mg
Medroxyprogesterone Acetate	3	289	0.07	0.09	30mg	13mg
Megestrol Acetate	1	5	0.02	0.00	160mg	160mg
Meloxicam	23	246	0.56	0.08	7.5mg	8.3mg
Mesalazine	1	169	0.02	0.05	3000mg	2445mg
Metformin Hydrochloride	12	2308	0.29	0.75	1461mg	1511mg
Methotrexate	77	109	1.88	0.04	10mg	10mg
Methotrimeprazine	1	52	0.02	0.02	12.5mg	22mg
Metoclopramide Hydrochloride	7	1884	0.17	0.61	30mg	28mg
Metoprolol	24	4350	0.59	1.40	74mg	81mg
Metronidazole	3	155	0.07	0.05		13mg
Mexiletine Hydrochloride	2	24	0.05	0.01	300mg	455mg
miconazole	6	1233	0.15	0.40	40mg	153mg
Midazolam	1	142	0.02	0.05		9mg
Minocycline Hydrochloride	4	501	0.10	0.16	50mg	97mg

Drug name	Number		% Total		Average daily dose	
	Arthritis	Total (N-n)	% Arthritis	% Total (N-n)	Arthritis	Total (N-n)
Misoprostol	1	4	0.02	0.00		400mg
Moclobemide	1	66	0.02	0.02	300mg	434mg
Mometasone Furoate	5	1111	0.12	0.36		
Morphine	19	445	0.46	0.14	73mg	55mg
Mucopolysaccharide Polysulphuric Acid Ester	2	130	0.05	0.04		
Mupirocin	7	1394	0.17	0.45		
Nadolol	1	12	0.02	0.00		60mg
Naphazoline	2	66	0.05	0.02		
Naproxen	122	2524	2.98	0.82	904mg	992mg
nasal spray	10	583	0.24	0.19		
Nefopam Hydrochloride	5	114	0.12	0.04	135mg	146mg
neocytamen	1	16	0.02	0.01		
Nifedipine	2	120	0.05	0.04		34mg
Nitrazepam	4	125	0.10	0.04	10mg	8mg
Nitroglycerin	1	160	0.02	0.05		
Norethisterone	2	217	0.05	0.07	1.25mg	14mg
Norfloxacin	5	2106	0.12	0.68	800mg	798mg
nortriptyline hydrochloride	3	587	0.07	0.19		34mg
Nystatin	3	294	0.07	0.09		30mg
Oestradiol	3	339	0.07	0.11		328mcg
Oestriol	10	810	0.24	0.26	334mcg	1340mcg
Oestrogens	19	826	0.46	0.27	560mcg	656mcg
Olsalazine	1	8	0.02	0.00		833mg
Omeprazole	156	7282	3.81	2.35	26mg	26mg
Orphenadrine	13	775	0.32	0.25	200mg	196mg
Oxazepam	8	407	0.20	0.13	10mg	23mg
Oxprenolol	2		0.05	0.00	100mg	
Oxybutynin	10	560	0.24	0.18	7mg	8mg
Pantoprazole	37	1753	0.90	0.57	35mg	37mg
Paracetamol	271	15937	6.62	5.15	3541mg	3592mg
Paracetamol with Codeine	75	3078	1.83	0.99	3723mg + 60mg	2963mg +
Paraffin Liquid	1	10	0.02	0.00		
Paroxetine Hydrochloride	10	2851	0.24	0.92	20	23mg
penicillin	1	343	0.02	0.11		
Pethidine	2	92	0.05	0.03	100mg	125mg
Phenoxymethylpenicillin	4	1445	0.10	0.47	1000mg	1558mg
Phentermine	2	214	0.05	0.07	30mg	27mg
Phenylephrine Hydrochloride	1	28	0.02	0.01		
Phenytoin Sodium	3	216	0.07	0.07	230mg	225mg
Pholcodine	3	1758	0.07	0.57		
Pilocarpine	2	18	0.05	0.01		
Pindolol	1	128	0.02	0.04	20mg	12mg
Piroxicam	16	286	0.39	0.09	20mg	24mg
Pizotifen	2	228	0.05	0.07		0.9mg
Polyvinyl Alcohol	3	210	0.07	0.07		
Potassium Chloride	12	803	0.29	0.26	1200mg	1541mg
Povidone Iodine	4	393	0.10	0.13		
Prazosin	1	62	0.02	0.02		5mg
Prednisone	103	4654	2.52	1.50	18mg	30mg
Primidone	1	13	0.02	0.00		542mg
Prochlorperazine	14	1811	0.34	0.58	14mg	14mg
Progesterone	1	105	0.02	0.03		60mg
Promethazine Hydrochloride	3	1060	0.07	0.34	50mg	28mg
Propranolol	4	131	0.10	0.04		63mg
Pseudoephedrine	1	937	0.02	0.30		175mg

Drug name	Number		% Total		Average daily dose	
	Arthritis	Total (N-n)	% Arthritis	% Total (N-n)	Arthritis	Total (N-n)
pyridoxine	2	230	0.05	0.07	100mg	98mg
Quinapril	46	3890	1.12	1.26	16mg	17mg
Quinine	13	816	0.32	0.26	319mg	280mg
Ranitidine	19	1536	0.46	0.50	257mg	304mg
Rifampicin	1	9	0.02	0.00		563mg
rofecoxib	95	776	2.32	0.25	20mg	25mg
Roxithromycin	3	463	0.07	0.15	300mg	302mg
Salbutamol	42	9558	1.03	3.09	540mcg	486mcg
Salmeterol	8	426	0.20	0.14	100mcg	91mcg
Selegiline	1	8	0.02	0.00		5mg
Senna	1	32	0.02	0.01		
sibutramine	2	199	0.05	0.06	10mg	11mg
sildenafil	2	424	0.05	0.14	75mg	80mg
Simethicone	2	155	0.05	0.05		
Simvastatin	65	7360	1.59	2.38	29mg	28mg
Sodium Aurothiomalate	5	3	0.12	0.00		
Sodium Citro-Tartrate	1	162	0.02	0.05		
Sodium Cromoglycate	3	526	0.07	0.17		
Sodium Valproate	3	538	0.07	0.17	933mg	860mg
Sotalol	5	466	0.12	0.15	133mg	163mg
Spironolactone	10	882	0.24	0.28	25mg	56mg
sulfamethoxazole	1	55	0.02	0.02	1920mg	1868mg
Sulindac	5	40	0.12	0.01	300mg	295mg
Sulphasalazine	27	99	0.66	0.03	1962mg	2011mg
Sumatriptan	2	675	0.05	0.22	50mg	77mg
Syringe	4	170	0.10	0.05		
tadalafil	1	168	0.02	0.05	20mg	20mg
Tamoxifen Citrate	3	176	0.07	0.06	15mg	20mg
Tar with Triethanolamine Lauryl Sulphate and Fluor	5	267	0.12	0.09		
Temazepam	15	1230	0.37	0.40	14mg	16mg
Tenoxicam	67	709	1.64	0.23	20mg	20mg
Terazosin Hydrochloride	8	876	0.20	0.28	3mg	4mg
Terbinafine	1	409	0.02	0.13	250mg	248mg
Terbutaline Sulphate	4	1413	0.10	0.46	250mcg	1035mcg
Thyroxine	40	3500	0.98	1.13	94mcg	83mcg
Tiaprofenic Acid	6	87	0.15	0.03	1000mg	524mg
Timolol	2	101	0.05	0.03	10mg	19mg
Tioconazole	1	55	0.02	0.02		
Tolterodine	1	96	0.02	0.03	2mg	3mg
topical skin	10	473	0.24	0.15		
Tramadol	44	948	1.08	0.31	188mg	194mg
Tranexamic Acid	1	129	0.02	0.04		3407mg
triamcinolone Acetonide	80	877	1.95	0.28	topical	17mg
Triamterene	2	45	0.05	0.01		60mg
Triazolam	15	706	0.37	0.23	250mcg	214mcg
Trifluoperazine Hydrochloride	2	81	0.05	0.03		4mg
Trimethoprim	4	2137	0.10	0.69		351mg
Urea	10	515	0.24	0.17		
Valdecoxib	1	11	0.02	0.00	20mg	31mg
Verapamil	5	409	0.12	0.13	80mg	220mg
Vitamin B Complex	2	68	0.05	0.02		
Vitamins	27	1193	0.66	0.39		
warfarin sodium	14	1668	0.34	0.54	4.5mg	3.4mg
Xylometazoline Hydrochloride	1	561	0.02	0.18		
Zopiclone	43	2822	1.05	0.91	9.5mg	8mg

TABLE C-2: LABORATORY REFERRALS, ARTHRITIS CONSULTATIONS VS TOTAL POPULATION

	Number		% Total	
Lab test type	Arthritis	Total (N-n)	% Arthritis	% Total (N-n)
absolute retic count	2	127	0.02	0.03
Alanine Aminotransferase	185	11257	2.15	2.32
Albumin	193	11857	2.24	2.45
Albumin-to-Creatinine ratio	16	1330	0.19	0.27
alkaline phosphatase	184	10960	2.14	2.26
Alpha Fetoprotein	1	10	0.01	0.00
Amylase	4	545	0.05	0.11
Anisocytosis	3	112	0.03	0.02
Anti Nuclear Antibodies	91	526	1.06	0.11
antibodies - adrenal gland	1	8	0.01	0.00
Antibody	20	80	0.23	0.02
antibody - parietal cell	13	78	0.15	0.02
antibody - smooth muscle	13	78	0.15	0.02
antibody test – RNP	20	79	0.23	0.02
antibody test - salivary gland	1	8	0.01	0.00
antibody test - SCL-70	20	82	0.23	0.02
antibody test - SM (anti smith)	20	79	0.23	0.02
antibody test - SS-A/Ro	20	78	0.23	0.02
antibody test - SS-B/La	20	78	0.23	0.02
Antibody test - strep A	5	69	0.06	0.01
antideoxyribonuclease B	4	46	0.05	0.01
Anti-dsDNA antibodies	51	388	0.59	0.08
Anti-Neutrophilic Cytoplasmic Antibody	4	5	0.05	0.00
anti-neutrophillic cytoplasmic antibody	2	21	0.02	0.00
Antinuclear Antibody Test	39	174	0.45	0.04
Anti-Streptokinase	6	61	0.07	0.01
antithyroid peroxidase antibody	1	13	0.01	0.00
arsenic – urine	1	11464	0.01	2.37
Aspartate Aminotransferase	184	11	2.14	0.00
Basophils	331	17783	3.84	3.67
Bilirubin	184	11081	2.14	2.29
Biochemistry	1	34	0.01	0.01
blood group	1	127	0.01	0.03
brucella screen	1	8	0.01	0.00
Calcium	87	4035	1.01	0.83
Chlamydia	2	2197	0.02	0.45
Cholesterol	245	28653	2.84	5.92
Complement Activity	2	8	0.02	0.00
complete blood count	4	65	0.05	0.01
C-Reactive Protein	227	3402	2.63	0.70
Creatinine	210	13008	2.44	2.69
Cryoglobulin	1	91	0.01	0.02
Cytomegalovirus	2	38	0.02	0.01
D-dimer	2	16	0.02	0.00
Digoxin	1	15	0.01	0.00
Endomysial Antibodies	2	18231	0.02	3.76
Eosinophil antibodies	343	679	3.98	0.14
epstein-barr antibody	8	8396	0.09	1.73
Erythrocyte sedimentation rate	268	216	3.11	0.04
extractable nuclear antigens	12	4194	0.14	0.87
fasting status	45	49	0.52	0.01
Fecal Occult Blood Test	1	8319	0.01	1.72
Ferritin	82	1377	0.95	0.28
fluoride glucose	14	4162	0.16	0.86

Lab test type	Number		% Total	
	Arthritis	Total (N-n)	% Arthritis	% Total (N-n)
Folate	41	512	0.48	0.11
Follicle-stimulating hormone	3	11109	0.03	2.29
Gamma-glutamyl transpeptidase	182	8	2.11	0.00
Gastric Parietal Antibodies	1	10	0.01	0.00
gliadin antibody	4	9579	0.05	1.98
Globulin	168	6102	1.95	1.26
Glucose	78	21553	0.91	4.45
glycosylated haemoglobin	366	196	4.25	0.04
Haematology	6	47	0.07	0.01
hepatitis B surface antigen	10	1084	0.12	0.22
Hepatitis C antibody	2	193	0.02	0.04
Human leukocyte antigen	2	6	0.02	0.00
Hypochromic cells	1	29	0.01	0.01
IgA antibody	3	233	0.03	0.05
IgG antibody	3	190	0.03	0.04
Immunoglobulin	15	409	0.17	0.08
INR/Prothrombin	18	2964	0.21	0.61
iron saturation	113	12057	1.31	2.49
iron serum	23	2264	0.27	0.47
Ketones	1	36	0.01	0.01
Lactate dehydrogenase	2	222	0.02	0.05
Large Unstained Cells	1	18	0.01	0.00
Last Menstrual Period	1	30	0.01	0.01
Leukocytes	371	19693	4.31	4.07
liver function test	4	48	0.05	0.01
Luteinizing hormone	3	446	0.03	0.09
Lymphocytes	344	18586	3.99	3.84
Macrocytes	3	65	0.03	0.01
Magnesium	2	162	0.02	0.03
mean cell haemoglobin	81	6067	0.94	1.25
mean cell volume	83	6297	0.96	1.30
Mean corpuscular hemoglobin	256	12141	2.97	2.51
Mean corpuscular hemoglobin concentration	38	2277	0.44	0.47
Mean corpuscular volume	256	12141	2.97	2.51
mean platelet volume	407	22756	4.72	4.70
mitochondrial antibody	17	97	0.20	0.02
Monocytes	344	18575	3.99	3.84
Neutrophils	344	18581	3.99	3.84
Nitrates	1	16	0.01	0.00
Oestradiol	2	136	0.02	0.03
Packed cell volume	339	18406	3.93	3.80
Parathyroid Hormone	1	11	0.01	0.00
paul Bunnell	2	219	0.02	0.05
PCR	1	2	0.01	0.00
pH	1	46	0.01	0.01
Phosphate	15	1388	0.17	0.29
Phosphorus	11	464	0.13	0.10
Potassium	164	10858	1.90	2.24
pregnancy test	1	186	0.01	0.04
Progesterone	2	185	0.02	0.04
Prolactin	2	280	0.02	0.06
Prostate Specific Antigen	35	2098	0.41	0.43
Radiologist	6	498	0.07	0.10
red blood cells - normochromic	1	55	0.01	0.01
Red blood count	118	6330	1.37	1.31
Red cell distribution width	74	3940	0.86	0.81

Lab test type	Number		% Total	
	Arthritis	Total (N-n)	% Arthritis	% Total (N-n)
red cell folate	9	1360	0.10	0.28
renal function	1	23	0.01	0.00
Reticulocyte Count	3	294	0.03	0.06
Rhesus factor	4	143	0.05	0.03
Rheumatoid Factor	203	1016	2.36	0.21
Saturated I.C.P.	8	642	0.09	0.13
Sodium	165	10828	1.92	2.24
specific gravity	1	16	0.01	0.00
target cells	1	24	0.01	0.00
Thyroglobulin antibody	1	13	0.01	0.00
thyroid-stimulating hormone	92	8570	1.07	1.77
Thyroxine	44	4381	0.51	0.90
Total iron-binding capacity	34	2607	0.39	0.54
total protein	187	11404	2.17	2.35
Toxoplasma	4	83	0.05	0.02
Transferrin	2	229	0.02	0.05
Triiodothyronine	19	1380	0.22	0.28
Urea	216	8678	2.51	1.79
Urine	2	31	0.02	0.01
VCA antigen	5	735	0.06	0.15
vitamin B12	41	4178	0.48	0.86
Xray	1	0	0.01	0.00

Source: RNZCGPRU.

APPENDIX D – HEALTH DATA SURVEYS

Arthritis New Zealand supplied contact details for the supplementary health survey data, with the task of ensuring adequate representation in terms of demographic and regional characteristics, as outlined below.

- **Outpatient and imaging services**, from the 21 District Health Boards
  - Bay of Plenty
  - Canterbury
  - Central Auckland
  - Gisborne/Tairawhiti
  - Hawke's Bay
  - Hutt Valley
  - Manawatu
  - Nelson Marlborough
  - Northland
  - North Shore, Rodney and Waitakere
  - Otago
  - Rotorua
  - South Auckland
  - South Canterbury
  - Southland
  - Taranaki
  - Waikato
  - Wairarapa
  - Wanganui
  - Wellington
  - West Coast
- **Aged care facilities** – these were selected randomly from an internet search using google.nz, yellowpages.co.nz and the NZS business search (names of facilities are not reported for privacy reasons).
- **Specialists** – the New Zealand Rheumatology Association Executive comprised the necessary 10 rheumatologists surveyed, being gender mixed, public and private and geographically diverse. The New Zealand Orthopaedic Association provided contact details for 14 other specialist members.
- **Allied health** – 22 physiotherapists were randomly selected from the NZ Society of Physiotherapists website, together with 6 occupational therapists from the NZ Association of Occupational Therapists.

Surveys were designed with professional assistance from Dangar Research. The final survey forms follow (reverse pages are very similar so are not repeated). Surveys were emailed with a fortnight turnaround requested. Responses are summarised in the main body of the text relating to each costing.

Arthritis New Zealand Survey of Outpatient Services 2005

Definitions: Arthritis includes the conditions listed on the next page.
THIS SURVEY EXCLUDES HOSPITAL INPATIENT SERVICES.
If you have any concerns or questions about this survey or how to fill out responses to certain questions, please contact Lynne Pezzullo or Annette Lancy: 61-2-6273 1222

Question 1
What outpatient services do you provide for people with arthritis?
Please tick as many as apply.

1 specialist medical services
2 physiotherapy
3 occupational therapy
4 counselling
5 other, please specify_____

FOR THE SPECIALIST MEDICAL SERVICES
Question 2
In the most recent year, how many hours would you estimate that your specialists have provided services to *people with arthritis* who were NOT inpatients, to treat their arthritis?

_____non-inpatient hours per year

Question 3
What do you estimate is the average *cost per hour* of your specialist services?
Please provide for the most recent period available:

Specialist medical consultations: $_____per hour

share paid by the patient or private health insurance fund _____%

share paid by other funding sources?_____%

FOR THE OTHER (ALLIED HEALTH) SERVICES
Question 4
In the most recent year, how many hours would you estimate that your allied health workers have provided services to *people with arthritis* who were NOT inpatients, to treat their arthritis?

_____non-inpatient hours per year

Question 5
What do you estimate is the average *cost per hour* of your allied health services?
Please provide for the most recent period available:

Allied health services: $_____per hour

share paid by the patient or private health insurance fund _____%

share paid by other funding sources?_____%

Questions 6
How many beds are there in your facility?
Please exclude closed beds.

_____beds

Arthritic conditions included in this survey, by International Classification of Disease (Tenth Revision) category

M00 Pyogenic arthritis
M01 Direct infections of joint in infectious and parasitic diseases classified elsewhere
M02 Reactive arthropathies
M03 Postinfective and reactive arthropathies in diseases classified elsewhere
M05 Seropositive rheumatoid arthritis
M06 Other rheumatoid arthritis
M07 Psoriatic and enteropathic arthropathies
M08 Juvenile arthritis
M09 Juvenile arthritis in diseases classified elsewhere
M10 Gout
M11 Other crystal arthropathies
M12 Other specific arthropathies
M13 Other arthritis
M14 Arthropathies in other diseases classified elsewhere
M15 Polyarthrosis
M16 Coxarthrosis [arthrosis of hip]
M17 Gonarthrosis [arthrosis of knee]
M18 Arthrosis of first carpometacarpal joint
M19 Other arthrosis
M30 Polyarteritis nodosa and related conditions
M31 Other necrotizing vasculopathies
M32 Systemic lupus erythemastosus
M34 Systemic sclerosis
M35.0 Sicca syndrome [Sjögren]
M35.1 Other overlap syndromes
M35.3 Polymyalgia rheumatica
M45 Ankylosing spondylitis
M46 Other inflammatory spondylopathies
M47 Spondylosis
M48.0 Spinal stenosis
M48.1 Ankylosing hyperostosis [Forestier]
M49 Spondylopathies in diseases classified elsewhere
M65 Synovitis and tenosynovitis
M68 Disorders of synovium and tendon in diseases classified elsewhere
M70.0 Crepitant synovitis (acute) (chronic) of hand and wrist
M71.2 Synovial cyst of popliteal space [Baker]
M75.0 Adhesive capsulitis of shoulder
M76 Enthesopathies, lower limb, excluding foot
M77.2 Periarthritis of wrist
M77.3 Calcaneal spur
M77.5 Other enthesopathy of foot
M77.8 Other enthesopathies, not elsewhere classified
M77.9 Enthesopathy, unspecified

Many thanks for taking the time to complete this confidential survey.

Survey conducted by Access Economics Pty Ltd on behalf of Arthritis New Zealand.

Please return this survey either:
By email to: Lynne.Pezzullo@AccessEconomics.com.au

OR by fax to:
61-2-6273 1223

OR by post to:
Lynne Pezzullo, Senior Economist, Access Economics
PO Box 6248 Kingston ACT 2604 AUSTRALIA

Arthritis New Zealand Survey of Diagnostic Imaging Services 2005

Definitions: Arthritis includes the conditions listed on the next page.
If you have any concerns or questions about this survey or how to fill out responses to certain questions, please contact Lynne Pezzullo or Annette Lancy: 61-2-6273 1222

Question 1
In the most recent year, how many hours would you estimate that you have provided diagnostic imaging services to *people with arthritis*, in relation to their arthritis?

_____ hours per year

Question 2
What do you estimate is the average *cost per hour* of your diagnostic imaging services?
Please provide for the most recent period available:

Diagnostic imaging: $_____per hour

share paid by the patient or private health insurance fund _____%

share paid by other funding sources?_____%

Many thanks for taking the time to complete this confidential survey.

Survey conducted by Access Economics Pty Ltd on behalf of Arthritis New Zealand.

Please return this survey either:
By email to: Lynne.Pezzullo@AccessEconomics.com.au

OR by fax to:
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OR by post to:
Lynne Pezzullo, Senior Economist, Access Economics
PO Box 6248 Kingston ACT 2604 AUSTRALIA

Arthritis New Zealand Survey of Aged Care Facilities 2005

Definitions: Arthritis includes the conditions listed on the next page.
THIS SURVEY EXCLUDES HOSPITAL INPATIENT OR OUTPATIENT SERVICES.
If you have any concerns or questions about this survey or how to fill out responses to certain questions, please contact Lynne Pezzullo or Annette Lancy: 61-2-6273 1222

Question 1
In the most recent year, what proportion of your facility's residents do you estimate are in care PRIMARILY because of their arthritis?

_____%

Question 2
In the most recent year, what proportion of your facility's residents do you estimate who HAVE arthritis, although they may be in care primarily for other reasons?

_____%

Question 3
What are the total annual costs of your facility? Note: Costs would equate to the total expenditure or total income side of the balance sheet, whichever is larger.
Please provide for the most recent period available:

Aged care services: $_____per annum

share paid by the patient or private health insurance fund _____%

share paid by other funding sources?_____%

Question 4
How many beds are there in your facility?
Please exclude closed beds.

_____beds

Many thanks for taking the time to complete this confidential survey.

Please return this survey either:
By email to: Lynne.Pezzullo@AccessEconomics.com.au

OR by fax to:
61-2-6273 1223

OR by post to:
Lynne Pezzullo, Senior Economist, Access Economics
PO Box 6248 Kingston ACT 2604 AUSTRALIA

Arthritis New Zealand Survey of Arthritis Specialist Services 2005

Definitions: Arthritis includes the conditions listed on the next page.
THIS SURVEY EXCLUDES HOSPITAL INPATIENT OR OUTPATIENT SERVICES.
If you have any concerns or questions about this survey or how to fill out responses to certain questions, please contact Lynne Pezzullo or Annette Lancy: 61-2-6273 1222

Question 1
What is your specialty?
Please tick as many as apply.
1 rheumatology
2 orthopaedic surgery
3 other, please specify_____

Question 2
In the most recent year, how many hours would you estimate that you have provided specialist services to *people with arthritis*, to treat their arthritis, NOT through a hospital inpatient or outpatient service?

_____non-hospital hours per year

Question 3
What do you estimate is the average *cost per hour* of your specialist services? Note: Cost would equate to the price charged in private practice or to hourly salary (including on-costs such as superannuation) in other care settings.
Please provide for the most recent period available:

specialist medical consultations: $_____per hour

share paid by the patient or private health insurance fund _____%

share paid by other funding sources?_____%

Many thanks for taking the time to complete this confidential survey.

Please return this survey either:
By email to: Lynne.Pezzullo@AccessEconomics.com.au

OR by fax to:
61-2-6273 1223

OR by post to:
Lynne Pezzullo, Senior Economist, Access Economics
PO Box 6248 Kingston ACT 2604 AUSTRALIA

Arthritis New Zealand Survey of Allied Health Services 2005

Definitions: Arthritis includes the conditions listed on the next page.
THIS SURVEY EXCLUDES HOSPITAL INPATIENT OR OUTPATIENT SERVICES.
If you have any concerns or questions about this survey or how to fill out responses to certain questions, please contact Lynne Pezzullo or Annette Lancy: 61-2-6273 1222

Question 1
What is your specialty?
Please tick as many as apply.
1 physiotherapy
2 occupational therapy
3 other, please specify_____

Question 2
In the most recent year, how many hours would you estimate that you have provided services to *people with arthritis*, to treat their arthritis, NOT through a hospital inpatient or outpatient service?

_____non-hospital hours per year

Question 3
What do you estimate is the average *cost per hour* of your services? Note: Cost would equate to the price charged in private practice or to hourly salary (including on-costs such as superannuation) in other care settings.
Please provide for the most recent period available:

Allied health services: $_____per hour

share paid by the patient or private health insurance fund _____%

share paid by other funding sources?_____%

Many thanks for taking the time to complete this confidential survey.

Please return this survey either:
By email to: Lynne.Pezzullo@AccessEconomics.com.au

OR by fax to:
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OR by post to:
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