

Please Return To:

Merchandise and Resources Order Form

Arthritis New Zealand
Exercise Resources PO
Box 100 20 The Terrace
Wellington 6143



Or Return via Email

Email: Dayleen.troke@arthritis.org.nz

Merchandise

	Type	Non Members	Members	Quantity
Takeaway coffee mug			\$15.00	_____
Wristband			\$2.50	_____
Soft-grip pen			\$2.50	_____
Blank greeting cards	Pack of 5		\$6.00	_____
Arthritis NZ Lapel Badge			\$2.00	_____
Floating plug puller			\$3.50	_____

Resources

Arthritis and how to live with it	Book	\$5.00	N/A	_____
A twist of fate - tackling Arthritis	Book	\$5.00	N/A	_____
Exercises to keep you moving	Book	\$10.00	\$5.00	_____
Exercises Home Based	DVD	\$20.00	\$10.00	_____
Keep Moving	DVD	\$20.00	\$10.00	_____
Keep Moving	VHS	\$20.00	\$10.00	_____
Keep Moving Exercises for Ankylosing Spondylitis	VHS	\$20.00	\$10.00	_____
Lets Mobilise (Audio)	CD	\$15.00	\$7.00	_____
Let's Mobilise Too (Audio)	CD	\$15.00	\$7.00	_____
Membership		\$20.00		_____

Payment method: Cash/Cheque Visa Plus Courier and packing \$7.00

Mastercard Diners **TOTAL PAYMENT ENCLOSED:** _____

Amex

Credit card number: Expiry: _____/_____/_____

Card holder's name: _____ Signature: _____

Address for order Title _____ Name _____

Address _____

Phone: _____ Email: _____

Membership # _____

Type of Arthritis you have: _____