

# Arthritis Legacy Circle

Helping people living with arthritis  
now and in the future



**Arthritis NZ**

Mateponapona  
Aotearoa



Kia ora, I'm Rebecca Roberts, the Chair of Arthritis NZ, Mateponaona Aotearoa.

**We are grateful to you for considering the important step of leaving a gift in your Will to Arthritis NZ. For 60 years we have strived to serve and support people living with arthritis, and this has only been possible with the help of the many people who give to us, either through donations or leaving a bequest.**

It is our promise to you that we will use your gift wisely and to the benefit of people living with arthritis.

If you join the Arthritis Legacy Circle, your bequest will enable us to do research into the forms and treatments of arthritis. Bequests also help create new projects to support people to live well with their condition.

Rebecca Roberts  
Chair



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# Leaving a gift in your Will

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Leaving a gift in your Will is one of the ways to show what you care deeply about. For many people who live with arthritis, or love someone with this condition, it's a way to make a lasting difference for people with arthritis long after you are gone.

There are over 850,000 adults and children with arthritis in New Zealand. Arthritis NZ's services are freely available for all of them, and have been for 60 years. We receive very little government funding so we rely on the goodwill of individuals, often people who have lived with the condition themselves.

By leaving a gift in your Will to Arthritis NZ, no matter how big or small, you will make a profound contribution to improving the lives of those who live with this complex health condition.



# Kathie Smith - a lifelong supporter of Arthritis NZ

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Kathie Smith left a gift in her Will to help people with arthritis around 20 years ago and has updated this when renewing her Will over the years.

**“I saw first-hand the impact of the work”**

“I have been involved with Arthritis NZ since 1979 and was the national president from 2007 – 2011. I saw first-hand the positive impact that we had on people with arthritis.

Arthritis NZ, as a national organisation, has been around for 60 years and has achieved so much for people in that time. It has had a lot of success with access to medications and setting up services for people with arthritis, and also managed to survive some difficult times.

“I’m very happy to leave a gift in my Will to help in some way to continue that important work.”

*Kathie’s gift will help ensure support continues for future generations living with arthritis*

# How your support makes a difference

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As a member of the Arthritis Legacy Circle there are four main ways that you will make a difference.

## 1. SUPPORT

For many people when they are first diagnosed with arthritis they can feel alone, afraid for the future and uncertain where to turn. With your support we're on a mission to change that.

### **EXPAND OUR 0800 ARTHRITIS ASSIST HELPLINE SERVICE**

We run the country's only 0800 Arthritis Helpline. People can call or email us with any queries and we'll be there to answer them.

As pressures on our health system increase, we are there to provide support that our health system can't.

Your gift will help connect people to our services so they can join support groups, get mentoring help from a buddy, attend webinars and get more information.

You will bring a warm smile, a helping hand and reassurance to many New Zealanders that you can live a full and healthy life with arthritis.



## **DEVELOP MORE SELF-MANAGEMENT TOOLS**

Often people get medical advice when they go to the doctor, but they don't get support on how to cope with the everyday aspects of managing a chronic condition.

How can I get to sleep when I am in pain? How can I keep working? How do I manage stress? These are real questions people grapple with every day, and we help to answer them.

With your help we can continue to expand these services, take advantage of new technology and offer people practical, easy to use tools to manage their condition into the future.

## **2. EMPOWER**

Knowledge is power and vital when managing arthritis. Many people need support when they are first diagnosed.

### **CHILDREN AND ADOLESCENT SERVICES**

Your legacy will help empower children, teenagers and their families who are looking for information following an arthritis diagnosis. We run events for children when they are newly diagnosed so they and their families can get the information and support they need.

Our health specialists empower children and their families alike to understand what is happening and how to manage all the ups and downs of daily life through the many support opportunities we provide.



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“[My daughter] shared how meaningful it was to connect with others who truly understand what she is going through. She hasn’t had many opportunities to be around people who face similar challenges, and being in an environment where there was no pressure and everyone was so accepting meant the world to her.”

**3. ADVOCACY**

Your legacy will help to strengthen our voice and advocate for access to medications and the support that people living with arthritis need to live happy, healthy lives. We work with Government agencies, the private sector and Members of Parliament to make change for the better. It’s already an important part of our work, and your legacy will help even more.

**4. RESEARCH**

Your gift will add to this legacy by helping to fund exciting new breakthroughs in the treatment of all forms of arthritis. Arthritis NZ has already invested millions of dollars into research, and your gift will help expand our knowledge into this common but painful and debilitating condition.



# Leaving a legacy: your questions answered

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## WHAT ARE THE TYPES OF GIFTS THAT I CAN LEAVE?

If you decide to take the amazing step to include Arthritis NZ in your Will, there are three types of gifts you can consider:

- A 'residuary gift' is a share of what remains of your estate once your other wishes have been carried out.
- A 'pecuniary gift' is a financial donation of a fixed amount.
- A 'specific gift' is a possession or item such as jewellery, property, or shares.

Many of our supporters choose to include a residual gift as this ensures your family and friends take priority. Even a small percentage of what remains can make a massive difference to our work. Also, unlike a pecuniary or specific gift, the value of a residual gift is less likely to diminish due to inflation.

You should speak with a lawyer about the best option for you to ensure your wishes are carried out.

## WHY SHOULD I MAKE A WILL?

Making a Will is the best way to let your wishes be known. Dying without a Will – 'intestate' – can cause huge distress to family and friends.

## HOW CAN I INCLUDE ARTHRITIS NZ IN MY WILL?

Before meeting your solicitor, decide what type of gift you would like to leave to Arthritis NZ, a 'residuary gift,' 'pecuniary gift' or a 'special gift.' You might want to draw up a top-line summary of your estate. You should also consider who you would like to act as your executor. They could be a close friend, a family member, or your solicitor.

## **CAN I WRITE MY OWN WILL?**

We have partnered with SafeWill who provide a cost-effective online Will making service Wesbite link: <https://safewill.com/nz/arthritisnz>. However if your estate is complicated we do recommend that you use a qualified solicitor because any mistakes in your Will can cause issues when it comes time to honouring your wishes.

## **WHAT IF I ALREADY HAVE A WILL?**

You can amend an existing Will to include Arthritis NZ very simply, by asking a solicitor to draw up a 'codicil.' This document is an addition, which modifies a part of your Will and expresses your latest wishes.

## **WHAT ESSENTIAL INFORMATION DO I NEED TO GIVE MY SOLICITOR?**

You'll need to give your solicitor our registered charity number, CC55546, and our address, Level 2, Fullbright House, 120 Featherston Street, Wellington, PO Box 10020, Wellington 6140

You should also advise what type of gift you would like to leave.

Suggested wording: *I give and bequeath (insert here % of your residuary estate, or a sum of money or a description of property or assets) to Arthritis NZ, PO Box 10020, Wellington 6140, registered charity number CC55546, to be used for where the need is greatest. A receipt given on behalf of Arthritis NZ will be a complete discharge to my trustees for the gift.*

## **WHAT IF I HAVE ALREADY MADE A GIFT IN MY WILL TO ARTHRITIS NZ?**

Thank you. We greatly appreciate your support. You're part of our Arthritis Legacy Circle. Please consider contacting us to let us know you have made the gift. That way we can acknowledge your gift in your lifetime and discuss how you want your gift to shape your legacy.

**If you have any other questions, please get in touch. We'd be happy to help answer any further questions you have.**

**Please consider contacting us to let us know you have made the gift, by filling out the attached form.**



**Thank you for considering leaving a gift in your Will to support our work with the 850,000 New Zealanders living with arthritis.**

**Your support will enable us to continue to make a difference.**

Street address: Level 2, 120 Featherston Street, Fulbright House, Wellington

Postal address: PO Box 10020, Wellington 6140

Freephone: 0800 663 463

Email: [funding@arthritis.org.nz](mailto:funding@arthritis.org.nz)

Website: [www.arthritis.org.nz](http://www.arthritis.org.nz)

If you would like to talk to someone about leaving a gift to Arthritis NZ in your Will, or would like more information, please phone us on **0800 663 463** to speak to our team or you can email us at **[funding@arthritis.org.nz](mailto:funding@arthritis.org.nz)**



or scan here

**[www.arthritis.org.nz](http://www.arthritis.org.nz)**

**Social media**



Founded: 1966

Organisation name: Arthritis NZ - Mateponapona Aotearoa

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Postal address: P O Box 10020, Wellington 6140

Freephone: 0800 663 463

Email: [funding@arthritis.org.nz](mailto:funding@arthritis.org.nz)

Website: [www.arthritis.org.nz](http://www.arthritis.org.nz)

Arthritis NZ is the registered trade name for Arthritis NZ (Mateponapona Aotearoa), Charity No: CC55546