



Exercise Resources Order Form

Return to:
 Arthritis New Zealand
 Exercise Resources
 P O Box 10-020
 The Terrace
 WELLINGTON, 6143

Title:	Format:	Members Price:	Non-Members Price:	Quantity:
Home Based Exercise	DVD	10.00	20.00
Keep Moving	DVD	10.00	20.00
Keep Moving	VHS	10.00	20.00
Keep Moving – Exercises for Ankylosing Spondylitis	DVD	10.00	20.00
Keep Moving – Exercises for Ankylosing Spondylitis	VHS	10.00	20.00
Lets Mobilise (Audio)	CD	7.00	15.00
Lets Mobilise Too (Audio)	CD	7.00	15.00

Please send my order to:

Name: Membership Number:

Address:

..... Phone:

Plus Postage & Packaging \$ **5.00**
TOTAL PAYMENT ENCLOSED: \$ _____

Payment method:

Cash / Cheque Visa Mastercard Diners American Express

Credit Card Number:

Card holder name:

Expiry date: / Signature: